

# The Pillars Press

June 2024



## LEADERSHIP TEAM

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Outreach and Sales Director  
LISA SANDMANN

Director of Health Services  
GERRI DEWITTE

ASSISTANT DIRECTOR OF HEALTH  
SERVICES  
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Resident Services Coordinator  
ANN ARNDT

Culinary Director  
JESSICA GREENWOOD

Life Enrichment Director  
HEATHER BALLMAN

Environmental Services  
Director  
JEFF SKLUZACEK

DIMENSIONS MANAGER  
ERIN JOHNSON

The Pillars of Mankato  
3125 Prairie Rose Drive  
Mankato, MN 56001  
(507) 344-6777

PILLARSSENIORLIVING.COM/  
MANKATO

## June Resident Spotlight: John Haefner

Our June resident spotlight is John Haefner. John was born in Mankato, MN in April of 1955. At 7 years of age his Dad's job took them to Omaha, Nebraska and at 17 to Midland, Michigan. He graduated high school in Midland and went on to Major in Entomology at Michigan State University in East Lansing. He continued his education at the University of Georgia in Athens receiving his Masters in Entomology. While in Georgia he met and married his wife Mary in 1980. They moved back to East Lansing, MI where he worked on an Entomology Research project studying stable flies on farms and working with insecticides at nurseries. A few years later they moved back to Savannah, GA where Mary was from. They lived there for 10 years where John worked in an administrative position at a mental health center until he was laid off and he decided to return to his career in Entomology. He worked on a research grant in Lakeland, Florida studying mosquitos in relation to the phosphate mining operation in the area. During this time he developed a brain infection that lead to brain surgery and resulted in Epilepsy. After this they moved back to Savannah, GA where they resided for the next 40 years, during this time John worked in various positions both in administrative roles and Entomology until he retired. He and Mary divorced in 2019 and he decided to move back to Mankato to be closer to his family. He moved into The Pillars of Mankato in August of 2022. His favorite thing about living at The Pillars is how pleasant and easy going everyone is, the fun activities and access to the fitness center so he can remain active.





**THE PILLARS OF MANKATO**  
SENIOR LIVING | ASSISTED LIVING | MEMORY CARE

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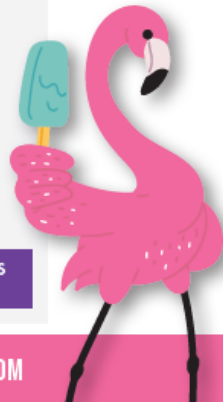
3125 Prairie Rose Drive  
Mankato, MN

**alzheimer's association\***

SILENT AUCTION WITH ALL PROCEEDS TO ALZHEIMER'S ASSOCIATION

[PILLARSOFMANKATO.COM](http://PILLARSOFMANKATO.COM)

**SUMMER IS HERE — IT'S TIME TO GET YOUR FLAMINGO ON!**



Join us for a celebration featuring live music, delicious food hot off the grill, and lots of flamingo fun. We'd love to see you, please stop by for food, fun, tours and more! Be sure to wear your pink!

**THURSDAY, JUNE 27**

Celebration: 4:30-6:30 PM  
Silent Auction: 4:30-6:00 PM

EBENEZER

**Men's BBQ Rib Fest in Honor of Father's Day**

June 19th— 5 pm

Pillars Community Room

RSVP Requested



**June 17—28**

**Hair Salon Closed**

**DIMENSIONS MINUTE: Healthy Habits for Caregivers**

**Steps to Managing Stress:**

Recognizing warning signs EARLY, Identify sources of stress, Identify what YOU can and cannot change

Take action. Don't ignore it - Do address it!

**Results of Neglecting Stress:**

Increased health problems, Disrupted relationships, "Burnout", Depression, Decreased quality of care

**Changes I Can Make:**

Change a situation, Change my perception, Change my response

If you are interested in reading more information on this topic, please contact Erin Johnson at [erin.l.johnson@fairview.org](mailto:erin.l.johnson@fairview.org) to receive Moment's Hospice Presentation slideshow via email.



# RESIDENT ASSISTANT WEEK

## JUNE 9TH—15TH

Ashlynn Chouanard, Lead RA	Erin Kapsner, RA	Lisa Beilke, RA
Desire Halla, Lead RA	Halie Stern, RA	Makenna Grossbach, RA
Abigail Kaping, RA	Ireland Zaruba, RA	Matthew Jensen, RA
Addison Reichel, RA	Jade Ohotto, RA	Natalie Morris, RA
Amanda Osei Yeboah, RA	Jackie Serrata, RA	Nimo Mahad, RA
Anita Mascarenhas, RA	Jane Briese, RA	Nyamat Gew, RA
Ariet Didumo, RA	Jessie Garcia, RA	Nyakor Bamuoc, RA
Ayan Ali, RA	Jennifer Arndt, RA	Nyachan Deng, RA
Bezawit Birara, RA	Josie Hanson, RA	Quoy Love, RA
Briana Welch, RA	Kayla Hamilton, RA	Raegan Rasmussen, RA
Charity Omari, RA	Kaitlyn Oberg RA	Rebecca Bastian, RA
Dayla O'Brien, RA	Kelly Simmons, RA	Roxanne Watkins, RA
Derek Fette, RA	Kristine Cowing, RA	Samantha Villanueva, RA
Emma Bastian, RA	Lacie Burgdorf, RA	Sophia Leonard, RA
Emma Fuller, RA	LaCherie Williams, RA	Tibisa Gatbel, RA
Emma Wing, RA		Tibitha Both, RA



### Residents

June 5—Dave Beutler  
June 5—Wayne Cornish  
June 13—Kitty Dupree  
June 18—Warren Hase  
June 18—Sandy Smith  
June 19—Marilyn Thompson  
June 21—Doris Peterson  
June 24—Jane Ralston  
June 27—Lois Mack  
June 29—Dwayne Pipping

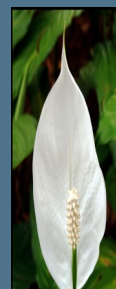
### Staff

June 1—Angie T.  
June 2—Kayla H.  
June 2—Emma F.  
June 5—Taylor K.  
June 6—Charity O.  
June 17—Erin J.  
June 26—La Cherie W.  
June 29—Hailey K.

## Welcome

Newt Moen  
Val Yess

### We Remember



Jo Falgren  
Marlene Satre