

Resident Spotlight



Brad and Barbara

The Bradford's met their Freshman year at WSU in 1954. Brad got creative, learned Barb's schedule, showed up to walk her home after class, and the rest is a beautiful history that now includes three grandkids and soon their first great-grandchild! Their transition to Inn living keeps them in La Conner, which has been their home for several years.

Team Member Spotlight



Kenny, Dietary Aide

Kenny grew up in the area and especially likes Mt. Vernon. He's currently making plans to attend culinary school as well as pursue welding certification. He'd love to return to Germany, having spent time there with his Grandpa. He's an avid skateboarder and gamer in his down time.

Thanks for all you do at the Inn, Kenny!

moments captured



Fir Island:

We all had a wonderful time at the Fir Island Restoration Project. The weather was perfect, and most of all we got to spend time with each other.

Residents have enjoyed these last months of touring the Lost Cities of Skagit County.



Above Right: Lee added his harmonica talent to the gospel performance attended by residents.



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June 2024

The Innside Edition

Independent & Assisted Living | 204 N. 1st St. | PO Box 1087 | La Conner, WA 98257 | 360-446-5700



A Note from the Executive Director



**Stacy Boydston,
Executive Director**

Dear Residents, Families, and Friends,
Please join me in extending a warm welcome to our new residents Virginia, Doug, and Sandra, as they become part of our La Conner family. We are truly delighted to have you with us. I am thrilled to announce Inna, our new RN, BSN, who has joined our team. With her extensive knowledge and experience, she is an excellent fit for our community. Please stop by the Wellness office to greet her personally. As we venture into June, there

are many exciting events lined up. We cordially invite you to celebrate the season and honor fathers everywhere at our upcoming Annual Car Show & Father's Day Celebration, June 14 at 11 AM. Prepare for a day filled with excitement, camaraderie, and the spirit of community as we showcase a dazzling array of classic automobiles from 30 participants. Marvel at their beauty and craftsmanship while enjoying music from the Esquires. The Kona Ice Truck will be onsite, and our exceptional dietary team will serve up a BBQ feast. We warmly welcome you and your loved ones to join us for this unforgettable event. Whether you're a car enthusiast, a music lover, or simply looking to savor a day of community enjoyment, there's something for everyone at our 3rd Annual Car Show.

Warmest regards,

Stacy

HAPPY Birthday

Residents

- Judy, 5
- Lou Anne, 22

Staff

- Jovannhi, 8
- Alissa, 22

JUNE 2024

La Conner Retirement Inn • 204 N. 1st St., La Conner, WA 98257 • 360-466-5700

SUN	MON	TUE	WED	THU	FRI	SAT
						1 8:30 Coffee w/Allie and bring your fur babies 10:00 Happy Hearts Fitness 10:30 Battle Ball 1:00 Mexican Train 1:30 Walk the Boardwalk 3:00 Black Jack 6:00 Knitting Group Mexican Train
2 Gardening Week Begins 9:30 Skagit County Video 10:00 Happy Hearts Fitness 10:30 Battle Ball 10:30 Lost Cities 10:45 Communion Service 1:00 BINGO 2:00 Mexican Train 6:00 Knitting Group Mexican Train	3 9:00 Gardening Video 10:00 Happy Hearts Fitness 10:30 Battle Ball 1:00 Walk to Museum of Northwest Art 1:00 Cricket's Choice 2:00 PO-KE-NO 3:00 Iced Tea Day Social 6:00 Knitting Group Mexican Train	4 8:30 Coffee w/Allie and bring your fur babies 10:00 Happy Hearts Fitness 10:30 Battle Ball 1:00 Community Garden Club Meeting 2:00 Bingo 6:00 Knitting Group Mexican Train	5 8:30 Coffee w/Allie and bring your fur babies 10:00 Happy Hearts Fitness 10:00 Writing Group 10:30 Battle Ball 1:00 Walmart 2:00 Mexican Train 6:00 Knitting Group Mexican Train	6 8:30 Coffee w/Allie and bring your fur babies 10:00 Happy Hearts Fitness 10:30 Battle Ball 1:30 Community Garden Club 1:00 Bible Study 2:00 Mexican Train 2:30 Choir Practice 3:00 Fly Swatter Volleyball 6:00 Knitting Group	7 8:30 Coffee w/Allie and bring your fur babies 10:00 Happy Hearts Fitness 10:30 Battle Ball 1:00 Happy Hour Set-Up Committee 3:00 Happy Hour with Old Time Fiddlers 6:00 Knitting Group Mexican Train	
9 9:30 Video of Choice 10:00 Happy Hearts Fitness 10:30 Battle Ball 10:30 Last Lost City 10:45 Communion Service 1:00 BINGO 2:00 Mexican Train 6:00 Knitting Group Mexican Train	10 9:00 Flag Day History Video 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Build-A-Lunch 1:00 Mexican Train 1:00 PO-KE-NO 6:00 Knitting Group Mexican Train Discussion Night	11 8:30 Coffee w/Allie and bring your fur babies 10:00 Happy Hearts Fitness 10:30 Battle Ball 1:30 Resident Council Meeting 2:30 Chat w/Sean 3:00 PO-KE-NO 6:00 Knitting Group Mexican Train	12 8:30 Coffee w/Allie and bring your fur babies 10:00 Happy Hearts Fitness 10:00 Writing Group 10:30 Battle Ball 1:00 Conway Walk and Shop 1:00 Mexican Train 3:00 Black Jack 6:00 Knitting Group Mexican Train	13 8:30 Coffee w/Allie and bring your fur babies 10:00 Spa Day w/Jo and Manicures 10:00 Happy Hearts Fitness 10:15 Father's Day Luncheon Out 10:30 Battle Ball 1:00 Bible Study 2:00 Chat w/Allie 2:30 Choir Practice	14 Flag Day 8:30 Coffee w/Allie and bring your fur babies 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Annual Car Show & Father's Day Celebration Featuring The Esquires 3:00 Mexican Train 6:00 Knitting Group	15 8:30 Coffee w/Allie and bring your fur babies 10:00 Happy Hearts Fitness 10:30 Battle Ball 1:00 Mexican Train 1:30 Walk the Boardwalk 3:00 Black Jack 6:00 Knitting Group Mexican Train
16 Father's Day 9:30 Video of Choice 10:00 Happy Hearts Fitness 10:30 Battle Ball 10:45 Communion Service 1:00 BINGO 2:00 Beer and pretzels 6:00 Knitting Group Mexican Train (Father's Day Luncheon on 13th and Celebration on the 14th)	17 9:00 Juneteenth History Video 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Lunch Out Surprise 1:00 Mexican Train 2:00 Random Acts of Kindness 3:00 Root beer Float Day Social 6:00 Knitting Group Mexican Train Discussion Night	18 8:30 Coffee w/Allie and bring your fur babies 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Intl. Picnic Day Picnic 2:00 Chat w/Stacy 2:30 Mexican Train 6:00 Knitting Group Mexican Train	19 Juneteenth 8:30 Coffee w/Allie and bring your fur babies 10:00 Happy Hearts Fitness 10:00 Writing Group 10:30 Battle Ball 1:00 Fred Meyer 1:00 Mexican Train 6:00 Knitting Group Mexican Train	20 Summer Begins 8:30 Coffee w/Allie and bring your fur babies 10:00 Happy Hearts Fitness 10:30 Battle Ball 1:00 Bible Study 2:00 Chat w/Levi 2:30 Choir Practice 3:00 Fly Swatter Volleyball 6:00 Knitting Group	21 8:30 Coffee w/Allie and bring your fur babies 10:00 Happy Hearts Fitness 10:30 Battle Ball 1:00 Happy Hour Set-Up Committee 3:00 Happy Hour with Lee Howard 6:00 Knitting Group Mexican Train	22 8:30 Coffee w/Allie and bring your fur babies 10:00 Happy Hearts Fitness 10:30 Battle Ball 1:00 Mexican Train 1:30 Walk to Ice Cream Tower 3:00 Black Jack 6:00 Knitting Group Mexican Train
23 9:30 Metal Detecting Video 10:00 Happy Hearts Fitness 10:30 Battle Ball 10:45 Communion Service 1:00 BINGO 2:00 Mexican Train 6:00 Knitting Group Mexican Train	24 9:00 Video of Choice 10:00 Happy Hearts Fitness 10:30 Battle Ball 1:00 Repurpose/Upcycle Project 2:00 Mexican Train 6:00 Knitting Group Mexican Train Discussion Night	25 8:30 Coffee w/Allie and bring your fur babies 10:00 Happy Hearts Fitness 10:30 Battle Ball 1:30 Bingo 3:00 Welcome Tea 4:00 Funny Videos 6:00 Knitting Group Mexican Train	26 8:30 Coffee w/Allie and bring your fur babies 10:00 Happy Hearts Fitness 10:00 Writing Group 10:30 Battle Ball 1:00 Mt Vernon Thrift Stores 1:00 Mexican Train 6:00 Knitting Group Mexican Train	27 8:30 Coffee w/Allie and bring your fur babies 10:00 Spa Day w/Jo and Manicures 10:00 Happy Hearts Fitness 10:30 Battle Ball 1:00 Bible Study 2:00 Chat w/Medical Team 2:30 Choir Practice 3:00 Mexican Train	28 8:30 Coffee w/Allie and bring your fur babies 10:00 Happy Hearts Fitness 10:30 Battle Ball 1:00 Happy Hour Set-Up Committee 3:00 Happy Hour with Sisco Heights 6:00 Knitting Group Mexican Train	29 8:30 Coffee w/Allie and bring your fur babies 10:00 Happy Hearts Fitness 10:30 Battle Ball 1:00 Discover Gardens Tour 1:00 Mexican Train 1:30 Walk the Boardwalk 3:00 Black Jack 6:00 Knitting Group Mexican Train
30 9:00 Church Service 9:30 Recycling Video 10:00 Happy Hearts Fitness 10:30 Battle Ball 10:45 Communion Service 2:00 Mexican Train 6:00 Knitting Group Mexican Train						



LA CONNER RETIREMENT INN

June 2024

upcoming events



6/1 Walk Boardwalk
1:30 PM

6/3 Museum of NW Art Walk 1 PM

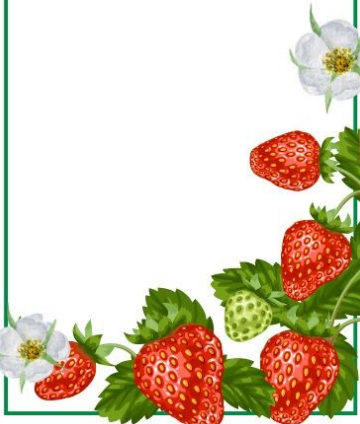
6/6 Community Garden Club 1:30 PM

6/14 Annual Car Show & Father's Day Celebration with Live Music by The Esquires at 11 AM

6/16 Father's Day (Luncheon Out on the 13th, Celebration on the 14th)

6/18 Intl. Picnic Day Picnic 11 AM

6/22 Ice Cream Tower Walk 1:30 PM



Our mission is to create and maintain comfortable, caring environments for those who depend on us.