



REHAB THERAPY • SKILLED NURSING • ASSISTED LIVING • RESIDENTIAL CARE APARTMENTS



Pick up a calendar in the activity room for events!

## Ingleside Communities

Check out our Facebook and tiktok page to see some of the highlighted events we are doing in activities. [Bit.ly/fb-ing](https://bit.ly/fb-ing)

### Laundry Reminder:

If you purchase clothing for a loved one, it is very important that laundry labels the clothing with the resident's name. Please bag the new item up and put a tag on it "to be labeled" with the resident's name. Give the bag to the receptionist and she will place it in the bin. Any questions, please ask a staff member.



407 North 8th Street, Mount Horeb, WI 53572  
608-437-5511

Kevin Lawrence, Administrator  
Brynna Urich, Admissions,  
Crystal Becker, Activities

Like Us On Facebook

### TODAY'S SENIOR LIVING

As a non-profit 501c3 community, we thank you for supporting our mission of service to seniors through tax-deductible donations of cash or useful items. Please call our office.

Newsletter Production by PorterOneDesign.com



Wisconsin Illinois  
SENIOR HOUSING INC.

[InglesideCommunities.org](https://InglesideCommunities.org)

## National Skilled Nursing Care Week

The 2024 theme for National Skilled Nursing Care Week (NSNCW), **Radiant Memories – A Tribute to the Golden Age of Radio**, is inspired by music, stories, and news that captivated audiences over the airwaves. Radiant Memories is more than just a nod to nostalgia; it serves to honor the lasting impact of skilled nursing care centers. Places where both residents and staff play a significant role in crafting long-lasting memories together.

**Now and through May 12-18, 2024, families, residents, and staff are encouraged to collaborate and participate in activities that inspire "radiant memories" such as sharing travel adventures, childhood moments, and**

**memorable milestones reminiscent of the radio broadcasts of times past.**

Get creative! Write a short radio program and act it out with family and friends. Plan some fun events like listening to old radio broadcasts online with loved ones, hosting intergenerational trivia night, or playing radio-themed bingo. Make radiant memories and celebrate together by attending outings, activities, and meals with loved ones.

Established by the American Health Care Association (AHCA) in 1967, NSNCW, formerly known as National Nursing Home Week recognizes the role of skilled nursing care centers in caring for America's seniors and individuals with disabilities.



# Happy Birthday!

Bomkamp	5/2
Schoeberle	5/3
Skram	5/4
Pacocha	5/10
Hefty	5/14
Frye	5/15
Hodgson	5/19
Kruser	5/20
Kraft	5/23
Crawford	5/24
Busch	5/27
Chen	5/28
Rundle	5/30
Helgeson	5/30

# ACTIVITY PHOTO HIGHLIGHTS



# Happy Anniversary!

Alderson	10 Years	5/28
Ali	2 Years	5/30
Chen	2 Years	5/18
Giersch	2 Years	5/16
Lemke	1 Year	5/15
Modjinou	3 Years	5/26
Moore	2 Years	5/18
Morrisard	2 Years	5/16
Potina	2 Years	5/9
Severson	1 Years	5/22



# Thank You Nurses!

During National Nurses Week, May 6 – 12, our community staff extends a heartfelt appreciation to our nurses, who tirelessly dedicate themselves to provide healing and care to our residents.



**Community Members,**  
We are looking for lift chairs (2 button remotes preferred) and flat screen tvs that are working both picture/sound. Feel free to call Ingleside 608.437.5511 to drop off

# We're welcoming new residents!

Call 608-470-4046 to schedule a tour today for any of our continuum of care senior living options:

- Independent Senior Apartments
- Assisted Living Apartments
- Inpatient/Outpatient Rehab Therapy
- Skilled Nursing/Long Term Care

# Resident of the Month: Dennis R.

I was born in Hillsboro, Wisconsin on March 28, 1932. My parents were Albert and Lucy Rynes. Dad was an auto mechanic, owning his own garage. Unfortunately, he died suddenly at age 36. This meant that mom had to go to work to support her family. At first, she did housekeeping for families, then she became what would today be called a Nurses Aid at Hillsboro Hospital. I was the youngest of four boys, Mike, Norman, and Ken were my older brothers. They pitched in also to support our family as soon as they were old enough to work. I had it pretty good, with Ken acting as my babysitter and Mike and Norman doing most of the heavy lifting.

Our dad had taught us all to hunt and fish. Mom was an excellent gardener, so we killed and grew much of what we needed to eat. Pheasants, rabbits, and squirrels were a regular part of our diet. Mom also knew how to pinch pennies and dad's \$500 life insurance policy paid for his funeral and made a down-payment on a small one-bedroom house that we called home.

When WW2 came along, my brothers all joined the military, one in the Air Force, one in the Marines and one in the Navy. That was all the motivation I needed to enlist at age 17 in the Army. That way our family had all the branches of service represented! After boot camp, I was stationed in Japan. While I was there, the Korean War broke out and I was assigned as a Field Radioman to a unit fighting on the front lines in Korea. (See the picture below.) After six months in the field, I suffered a serious injury from mortar shrapnel, almost causing me to lose my leg. Fortunately, I made a full recovery and was reassigned to a Military Police unit in Japan. I was awarded several medals for my service, including Purple Heart, National Defense, Efficiency Honors, Korean Service, and Infantryman Qualifications.

I was honorably discharged after three years of service from my last post at an Army Base in Indiana. I returned to

Wisconsin and took my first job in Madison at Kroger Grocery Store. I soon went to work for the railroad as a carpenter overhauling the depots all along the railroad lines.

It was during these years that something very important happened in my life. I attended a wedding dance and met a girl named Shirley whose date didn't show up. She asked me if I knew how to dance. Despite my lack of experience, I assured her that I did. She was quite a lady. She had graduated from high school at age 16, worked at the Bank of Madison and lived in an apartment on West Washington Ave.

A few months later, Shirley Guitzkow became Mrs. Dennis Rynes. It didn't take long for us to start our family. Our son Randy was born in 1954 and son Roderick (Rod) was born in 1959. It was about this time that I took a position with the City of Madison as a laborer. Over the years I was promoted to Equipment Operator, eventually to Supervisor and finally to General Supervisor over my 40-year career with the City of Madison.

Shirley excelled at whatever she did. While raising our boys, she sold Avon and other beauty products, provided babysitting to neighbors, cooked fabulous meals, and managed our annual gardens of flowers and vegetables. We loved to fish together as a family, but Shirley was not quite up for the killing part of hunting. She once left her deer blind to check on a large buck who had slipped on the ice "to be sure he was alright!" Our fishing trips included Madison area lakes, northern Wisconsin lakes and regular trips to Canada in the summertime.

Berry-picking was a family activity, although not a favorite of our boys. Once near Iron River Wisconsin, Rod came running out of the berry patch announcing there was a bear in there. We thought it was an excuse to quit picking until we all saw the big black bear for ourselves.

Following their school years, Randy went to work for the City of Madison, working



mostly in the Parks Division. Rod became a carpenter for a while and then also worked for the City of Madison in the Streets Department. They both worked for the City of Madison more than 30 years before retiring.

Today, Randy lives in Fond du Lac Wisconsin with his wife, Deborah (Deb). They have four children and six grandchildren. Roderick (Rod) and his wife, Carol, live in Madison. They have one son, Bradley. Bradley and his wife, Alexandra, have two sons.

In 2021, both Shirley and I were not feeling well, so we went to the hospital to be checked out. We learned from those tests that Shirley had ovarian cancer and was given only four months to live. We both went to Brookdale Assisted Living in Madison. Unfortunately, my dear Shirley passed away on September 9, 2021 after nearly 70 years of marriage.

I moved to Ingleside Communities in 2022. I have been very pleased with how well we are treated here. I receive frequent visits from my family and enjoy the food and support from everyone.

If asked what I am most proud of in my life, it would not be any of my accomplishments in the Korean War or even in my working career. I am most proud of my wife and my family. Everything else is just something you must do. My family means the world to me.

If you are looking to donate a specific item, we have an amazon wish list:  
[bit.ly/i-wishes](https://bit.ly/i-wishes) Thank you for your continued support!



# Spring Flowers Word Scramble

Rearrange the letters below to make the flowers bloom.

RTEAS

NCOINATRA

CRCOSU

DDFOALFI

IYADS

EUMARING

UICBSHI

NGHAYDREA

SRII

ILLY

RDGMAIOL

ENYOP

REOS

ELUFOWSRN

ITPUL

Answers: Aster, Carnation, Crocus, Daffodil, Daisy, Geranium, Hibiscus, Hydrangea, Iris, Lily, Marigold, Peony, Rose, Sunflower, Tulip

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While **Cinco de Mayo** initially observed the **Battle of Puebla** and **Mexican heritage**, it is now a **global secular celebration of Mexican culture**. This vibrant holiday is honored with parades, mariachi music, folklore tales, and sombreros. Decorations are often showcased in the colors of the Mexican flag (red, white, and green). Festivities may also include enjoying tasty tacos, enchiladas, margaritas, nachos, guacamole, and more!

Community events during Cinco de Mayo often feature educational workshops and art exhibitions, teaching Mexican culture and history. Celebrations extend beyond Mexican communities, with people of all backgrounds coming together to enjoy the cultural appreciation, unity, and festive time with friends and family.

Here are some fun ways to celebrate this year:

**Craft Decorations:** Craft papel picado (paper banners) to embellish personal or community spaces.

**Enjoy Mexican Cuisine:** Prepare a taco bar where everyone can customize their delicious meal.

**Cultural Trivia Game:** Engage seniors with a trivia game about Mexican culture, history, and traditions.

**Music and Dance:** Play traditional Mexican music and encourage residents to dance and enjoy the lively tunes together.

**Movie Screening:** Watch a film or documentary that highlights Mexican heritage, followed by a discussion to enhance residents' and families' understanding of Cinco de Mayo.

