



COOKING DEMONSTRATIONS

06 Mexican Fiesta 2pm

15 Trail Mix 3pm

20 Victoria Day Tea Cookies
2pm

29 Healthy Smoothies 2pm

COMMUNITY COMMUNICATION



RESIDENT BIRTHDAYS

Happy Birthday
Lucy 5/1.

UPCOMING EVENT!!

Please mark your calendars for **Camp Waltonwood 7/26** from 4:30-7:30. This is a wonderful family event.



FRIENDS & FAMILY REFERRAL PROGRAM!

\$3500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

TWELVE OAKS CONNECT

MAY 2024



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COMMUNITY MANAGEMENT

Joe Whitney
Executive Director

Deanna Hite
Business Office Manager

Montel Ross
Environmental Services
Manager

Alyssa "Lee" Tobias
Independent Living
Manager

Alecia Greenberg
Life Enrichment Manager

Heather Laskos
Marketing Manager

Marketing Manager
Casey Hess

Resident Services Manager
Latonya Warlix

Wellness Coordinator
Tynesha Cobb

Wellness Coordinator
Priyanka Ghelani



"All Things Seem Possible in May." Way Teale

We all look forward to the warmer days ahead, so that we can enjoy walks around the community and time on our patio. Soon our garden club will meet to choose the colors of our garden flowers. We will once again plant a sensory herb garden and tomatoes. Hopefully our friendly hummingbirds will be back to visit. It'll be nice to feel the warm breezes and watch the birds come to the feeders.

May will be a very busy month filled with many things to celebrate. We kick it off with the Kentucky Derby, next we'll move onto Cinco de Mayo. We'll celebrate our amazing mothers with a Mother's Day Family Brunch 11:30-1 on Saturday 5/11, and of course Mother's Day on 5/12. We'll continue bridging our communities with a tea party with our friends in Independent Living. After that we move onto Armed Services Day and celebrate our amazing veteran's Tom and Alec. We'll continue celebrating our service members by making and sending thank you cards to our troops. We will end the month with our annual Memorial Day Parade through Assisted Living along with a patriotic entertainer. Last but not least is Senior Health & Fitness Day on 5/29.

There is so much to enjoy in the Merry Month of May.

March 2024
ASSOCIATE SPOTLIGHT-JON KLEIST

Jon Kleist is the one of the newest members of the AL LE Team. Jon was born and raised in Des Moines Iowa. His father worked for GM and the family was transferred to Southfield, where he went to Groves High School. After graduating from Groves, he started at CMU, but then Vietnam started. He decided instead of being drafted that he would join the Airborne Ranger National Guard. When he joined, he had no idea that he would have to go to "jump school" at Ft. Benning. "Jump School" required him to learn how to jump from helicopters and airplanes. He did that for 6 years. Jon then went on to graduate from OU with a degree in History and Liberal Arts. He worked for Ford for 35 years as an Emissions and Transmission Testing Technician.

From Jon's first marriage he has a daughter, a son and 3 grandsons. His daughter and her family live in Cleveland and his son and his family live in Iron Mountain. Jon remarried in 1980 and has been married to Jane for 44 years.

Jon's journey to become an LEA started when his mom Neva moved into IL in 2013. He knows Stef back from her days as IL LEM. When his mom had health issues and moved to AL in 2020, he started spending a lot of time in the community. Jon enjoyed meeting the residents and started helping Maria on weekends with activities. When Stef was looking for someone to work a few days a week He was a natural fit. He is great with the AL/MC residents.

When Jon has free-time you can find him on the golf course or enjoying mowing his almost 2-acre lawn. He also enjoys yardwork and going to the gym.

We are so happy that Jon joined our team and look forward to many years of enjoying his



TRANSPORTATION INFORMATION

Come join us for our enriching outings.

- Tuesday, May 7 at 1 pm-Dairy Queen & Drive.
- Tuesday, May 14 at noon-Buddy's Pizza.
- Tuesday, May 21 at 1pm-Kensington Farm.
- Tuesday, May 28 at 1pm-Walled Lake & The Big dipper.



APRIL HIGHLIGHTS

08 ^{with} **Solar Eclipse.** We put our special glasses out and went outside to enjoy this historical experience. It was so interesting to watch the different phases of the eclipse.

12 Barb's 91st Birthday Celebration. Barb's family came from all around the country to celebrate her 91st birthday. Barb certainly felt like queen of the day.

22 Earth Day. We discussed endangered animals, what we can do to clean up our community and the earth. The residents also enjoyed eating dirt dessert including the gummy worm.

29 Passover Sedar. We had a wonderful experience talking about Passover and enjoying the food and symbolism of the holiday. Several of the new residents enjoyed learning about Passover for the first time.



FOREVER FIT

National Senior Health and Fitness Day

On Wednesday May 29th join Waltonwood and over 100,00 other older adults across the country as we celebrate National Senior Health and Fitness Day. The annual celebration highlights the impact that staying active and fit has on our overall health and wellness as we age. Mirroring the principles of the Waltonwood Forever Fit Program, National Senior Health and Fitness Day promotes the benefits of regular exercise by finding creative ways to incorporate fitness into your daily routine. This year's theme is "Make Fitness Your Friend for Life", because it's never too late to start a more active lifestyle. On May 29th, lace up your walking shoes gather a few of friends and join us as we celebrate National Senior Health and Fitness Day 2024.

MAY SPECIAL EVENTS

03 Derby Day. Fancy hats and mint juleps, and of course a horse race. Please come join us for this wonderful activity hosted by our friends in AL.

11 Mother's Day Brunch. We love having our families come to visit. and share a meal, Especially for Mother's Day. We have a group of very special ladies.

05 Cinco de Mayo. Pinatas, yummy Mexican fare, and lots of laughs will be had at our annual fiesta. Please bring your sombrero and come join us.

27 Memorial Day. Grab your flags and put on your red, white and blue and join our annual parade through Assisted Living. After we'll have a Patriotic Sing Along with our friends in AL.



EXECUTIVE DIRECTOR CORNER-Joe Whitney

I wanted to take this opportunity to thank everyone who complete the Resident Engagement Surveys a few months ago. We have received results and there are some good scores and some areas we can improve upon. We scored high in the areas of staff friendliness; our Life Enrichment programs and appearance of the community. Areas that we will be focusing on will be better engagement with residents and families. There are several opportunities we already have in place to engage with our residents and families. This includes resident councils, "Family Nights", and holiday brunches. I will also be sending out more correspondence via email. Our staff will also be reaching out periodically to residents and families either by phone or in person as a way to "check-in" with residents & families. I really appreciate everyone who participated in the survey process, so thank you again.