



# MAY 2024

## DAYBREAK COMMUNITY



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1 Mother Goose Day</b> <b>AM</b> — Arm Band Stretches Dear Abby May Day Discussion <b>PM</b> —Music to my ears Sensory Stations Bingo-Dining Room ABC Word Whiteboard Game Evening: Board Games	<b>2 National Day of Prayers</b> <b>AM</b> — Sit & Get Fit Exercises You be the Judge True or False <b>PM</b> —Music Therapy Aromatherapy & Hand Massages Cooking Club Chat & Chew Evening: Movie & Snacks	<b>3 Garden Meditation Day</b> <b>AM</b> — Fitness w/ Friends Hangman Finish the phrase <b>PM</b> —Music to my ears Nails & Manicures Detective Hour Ballan Swat Evening: Snack & Chat	<b>4</b> <b>AM</b> — Chair exercises Easy Trivia Reminiscing to the good old days <b>PM</b> —Music therapy Catch the ball Memory Joggers Discuss & Recall Evening: Group word searches
<b>5</b> <b>Am</b> -Weekend Workout Daily Devotions Would You Rather <b>PM</b> —Music to my ears Who am I? Ball Toss Finish the song Evening: The Lucy Show	<b>6 National Nurses Day</b> <b>AM</b> — Move & Groove Exercises Dear Abby 50's Reminiscing <b>PM</b> —Music therapy Wii Baseball Bingo-Dining Room Name 10 Game Evening: Crosswords w/ Friends	<b>7 National Teacher's Day</b> <b>AM</b> — Arm & Leg Exercises Urban Myth Chair Soccer <b>PM</b> —Music to my ears Nails & Manicures Group Card Games Finish the Song Evening: Craft w/ Crystal	<b>8 No Sock Day</b> <b>AM</b> — Arm Band Stretches Shake loose a memory Easy Trivia <b>PM</b> —Music therapy Coloring Groups Let's Craft Noddle Bop Evening: Court Yard Stroll	<b>9 Lost Sock Memorial Day</b> <b>AM</b> — Sit & Get Fit Exercises Would You Rather ABC Whiteboard Game <b>PM</b> —Music to my ears What's that scent Old home remedies Court Cart Stroll Evening: Bible Study	<b>10 Clean up your Room Day</b> <b>AM</b> — Fitness w/ Friends Famous Couple in History Book Club <b>PM</b> —Music therapy Nails & Manicures What am I? HangMan Evening: Snacks w/ Friends	<b>11</b> <b>AM</b> — Chair exercises Finish the Phrases Remember When <b>PM</b> —Music to my ears Chair Soccer Trivia Jigsaw Puzzles Evening: Finish the Drawing
<b>12 Mother's Day</b> <b>Am</b> -Weekend Workout Daily Devotions Remember When <b>PM</b> —Music to my ears What am I? ABC Game Chair Soccer Evening: Green Acres	<b>13 National Apple Pie Day</b> <b>AM</b> — Move & Groove Exercises You be the Judge 20 Questions <b>PM</b> —Music therapy Aromatherapy & Hand Massages Bingo-Dining Room Court Yard Stroll Evening: Friends n Word Search	<b>14 Dance like a Chicken Day</b> <b>AM</b> — Arm & Leg Exercises Old Wise Tales Memory Joggers <b>PM</b> —Music to my ears Nails & Manicures Bracelet Making Name that Tune Evening: Bingo w/ Crystal	<b>15 Chocolate Chip Day</b> <b>AM</b> — Arm Band Stretches Dear Abby May Day Discussion <b>PM</b> —Music to my ears Sensory Stations Bingo-Dining Room ABC Word Whiteboard Game Evening: Board Games	<b>16 National Mimosa Day</b> <b>AM</b> — Sit & Get Fit Exercises You be the Judge True or False <b>PM</b> —Music Therapy Aromatherapy & Hand Massages Cooking Club Chat & Chew Evening: Movie & Snacks	<b>17 Pack Rat Day</b> <b>AM</b> — Fitness w/ Friends Word in a Word Finish the phrase <b>PM</b> —Music to my ears Nails & Manicures Detective Hour Ballan Swat Evening: Snack & Chat	<b>18</b> <b>AM</b> — Chair exercises Easy Trivia Reminiscing to the good old days <b>PM</b> —Music therapy Catch the ball Memory Joggers Discuss & Recall Evening: Group word searches
<b>19</b> <b>Am</b> -Weekend Workout Daily Devotions Remember When <b>PM</b> —Music to my ears 20 Questions Bingo Balloon Bop Evening: Golden Girls	<b>20 Amelia Earhart Day</b> <b>AM</b> — Move & Groove Exercises Dear Abby 60's Reminiscing <b>PM</b> —Music therapy Wii Baseball Bingo-Dining Room Name 10 Game Evening: Crosswords w/ Friends	<b>21 National Memo Day</b> <b>AM</b> — Arm & Leg Exercises Urban Myth Chair Soccer <b>PM</b> —Music to my ears Nails & Manicures Color me Calm Finish the Song Evening: Black Jack w/ Crystal	<b>22 World Goth Day</b> <b>AM</b> — Arm Band Stretches Shake loose a memory Easy Trivia <b>PM</b> —Music therapy Coloring Groups Let's Craft Noddle Bop Evening: Court Yard Stroll	<b>23 World Turtle Day</b> <b>AM</b> — Sit & Get Fit Exercises Would You Rather ABC Whiteboard Game <b>PM</b> —Music to my ears What's that scent Old home remedies Court Cart Stroll Evening: Bible Study	<b>24 International Tiara Day</b> <b>AM</b> — Fitness w/ Friends Hangman Finish the phrase <b>PM</b> —Music to my ears Nails & Manicures Detective Hour Ballan Swat Evening: Snack & Chat	<b>25</b> <b>AM</b> — Chair exercises Easy Trivia Reminiscing to the good old days <b>PM</b> —Music therapy Catch the ball Memory Joggers Discuss & Recall Evening: Connect the dots
<b>26</b> <b>Am</b> -Weekend Workout Daily Devotions Would You Rather <b>PM</b> —Music to my ears Who am I? Ball Toss Finish the song Evening: The Lucy Show	<b>27 Memorial Day</b> <b>AM</b> — Move & Groove Exercises You be the Judge 20 Questions <b>PM</b> —Music therapy 12:00 to 2:00 Court Yard BBQ Bingo-Dining Room Court Yard Stroll Evening: Friends n Word Search	<b>28 Hamburger Day</b> <b>AM</b> — Arm & Leg Exercises Name 10 Brain Games <b>PM</b> —Music to my ears Nails & Manicures ABC Whiteboard Game Finish the Phrase Evening: Famous Face Bingo	<b>29 World Otter Day</b> <b>AM</b> — Arm Band Stretches Dear Abby May Day Discussion <b>PM</b> —Music to my ears Sensory Stations Bingo-Dining Room Hangman Whiteboard Game Evening: Board Games	<b>30 Water a Flower Day</b> <b>AM</b> — Sit & Get Fit Exercises You be the Judge True or False <b>PM</b> —Music Therapy Aromatherapy & Hand Massages Cooking Club Chat & Chew Evening: Movie & Snacks	<b>31 Flip Flop Day</b> <b>AM</b> — Fitness w/ Friends Famous Couple in History Book Club <b>PM</b> —Music therapy Nails & Manicures What am I? HangMan Evening: Snacks w/ Friends	<b>Hydration &amp; Snacks Times</b> 10:00am, 2:00pm and 7:00pm  Times could change depending on residents needs