

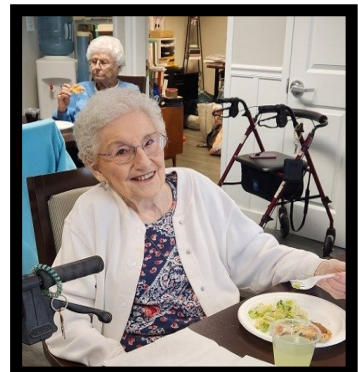
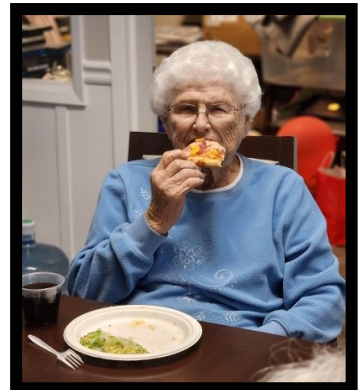
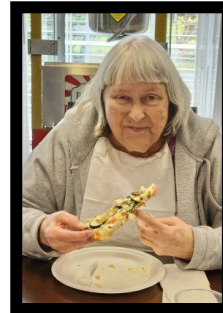
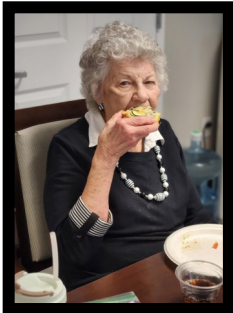
*Bringing independence to living and quality to life*

## Celebrating Activity Attendance

On Monday, March 25th Regency on Whidbey held its first ever attendance award party. Since Covid, attendance at Activities has declined considerably. In an effort to boost attendance, a punch-card program was implemented in February. The cards are kept in a file-box in the Activity Room to make the program as easy as possible for Residents. Staff takes attendance at all weekday events, except the movie & scenic drive, and the cards are then punched to track individual Resident's attendance. Once a Resident fills their card, 20 punches, they become eligible for a special "award" activity. The cards carry over from month to month, so even if it takes three months to fill, a Resident should still be able to attend eventually. It was decided to begin the program with a pizza party, but future award parties could include an ice cream outing, special restaurant trip, a home-cooked lunch, or some other special event. Our first group of attendance super-stars thoroughly enjoyed the pizza party complete with salad, beer and wine.

We hope to see YOU at our next attendance award party!!

*May  
2024*



## Regency on Whidbey's Management Team

**Wilma Jo Flaherty**  
Executive Director

**Kathleen Pendleton MN/RN**  
Wellness Director

**Anelyn Ronquillo LPN**  
AL Nurse Manager

**Mandy Gibbs LPN**  
MC Nurse Manager

**Stephanie Teano**  
Business Office Manager

**Teri Mendiola**  
Community Relations  
Director

**Lanida Brophy**  
AL Life Enrichment Director

**Rene Schlangen**  
MC Life Enrichment Director

**Terry Jackson**  
Dietary Manager

**Anne Hofferth**  
Payroll/HR Director

**Jeff Lujan**  
Maintenance Director

**Jayla Lawing**  
MC Resident Care Coordinator

**Rebecca Letendre**  
AL Resident Care Coordinator



## Staff

- **Annamarie Crawford—5/4**
- **Nick Mariano—5/4**
- **Lorelie De Veyra—5/10**
- **Jodi Pommer—5/14**
- **Arlene Wylie—5/15**
- **Mae Peterson—5/23**

## Memory Care— Changes Coming Soon

At the end of June, we will be saying good-bye to Rene Schlangen, our Memory Care Activities Director. After more than 45 years dedicated to caregiving and activities, Rene will be retiring.

She began her career as a caregiver, but when she began looking at other paths she might be able to follow, a Director of Nursing suggested Activities. That was the beginning of a long career dedicated to creativity.

Through the years Rene's skills have taken her from adult daycare programs to skilled nursing and from the Community College system in San Diego to memory care. Along the way, she started Purple Publications, a business that curated activity ideas for the industry. She also ran a successful coffee shop on the South end of Whidbey.

Please join us in Congratulating Rene on an outstanding career and wishing her many new adventures.



## Traveling the Dementia Journey Together

**Regency on Whidbey  
invites you to join our  
Memory Care  
Support Group  
The 1st Thursday,  
of every month.  
2:00pm—3:30pm  
Regency Assisted  
Living Building  
3rd Floor Day Room**



## Door Hours

**Regency on Whidbey's  
Front door is  
unlocked from  
8:30am—5:00pm  
Daily**

**Please schedule visits  
appropriately.**

**If you will be visiting  
or returning to the  
building after 5:00pm,  
please contact the front  
desk for the door code.**

**Thank you!!**





## In Search of Speakers

Since Covid, it has been difficult to find speakers for the informational presentations that Residents so enjoy.

If you or someone you know has an interesting hobby, an unusual job, traveled to distant lands, or any other experience that Residents might find interesting, please consider doing a talk for them.

Please contact  
Lanida Brophy in Activities  
[lbrophy@regency-pacific.com](mailto:lbrophy@regency-pacific.com)



## Residents

- Alene Bergan—5/1
- Diana McClure—5/7
- Henny Bartholemeus—5/7
- Claudia Malone—5/12
- Gloria Mouw—5/14
- Jennifer Marks—5/14
- Mike Jones—5/17
- Ralph Ross—5/17
- Joan Simon—5/18
- Nancy Wilson—5/23
- Jerome Bergan—5/28



## Regency's Beauty Salons

Beautician  
Kayla Granger

You can schedule your appointment with Kayla by calling her directly at...  
**706-936-0265**

### Assisted Living

Wednesday 9:00am—2:00pm  
Thursday 9:00am-2:00pm

### Memory Care

Tuesday 9:00am—12:00pm



The Last Tuesday of every month is reserved for Anacortes Doctor Visits.

We cannot accommodate visits to other areas.

Please DO NOT schedule local appointments on that day.

Thank You!!!



## We need your help!!

Nominations for our RESPECT program have dropped-off dramatically, please consider filling-out a nomination form.

In an effort to make the process easier, we have simplified the nomination forms, and they will now be located at the front desk.

Once complete, simply drop the nomination form in the drop-box next to the desk.

# RESPECT

Show it, give it, grow it, live it!

## Congratulations March RESPECT

Winner—

### Arlene Wylie

Arlene was born and raised in the Philippines. She began college there with hopes of becoming a pharmacist, but fate had other plans.

After her first year of college, Arlene took a position with Holiday Inn and relocated to Bahrain. It was during her 11 years in Bahrain that she met her future husband.

He was in the Navy with a PT Orion squadron out of NAS Whidbey Island and ended up in Bahrain on his last deployment. The two met at the Holiday Inn, fell in love, and would eventually marry in Oak Harbor.

After marriage, Arlene's focus was her family. She has a son and a daughter and was a stay at home mom for about 12 years. Regency was her first job in the States and she has been working as a dietary aid in Memory Care for six years.

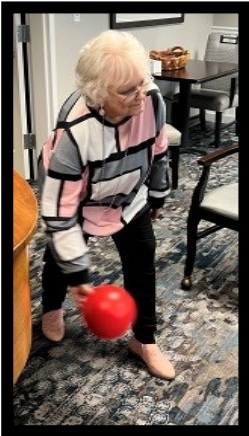
When asked about her job, Arlene said that she loves working with the elderly and enjoys serving them. She continued, saying that she "loves the Staff too. Everyone is nice and kind."

Apparently the feeling is mutual, Arlene received many nominations from her co-workers describing her as caring and kind. "She is always happy"; "She is nice to work with;" "She cares about the Residents"; were just a few of the glowing comments Arlene received, and is why she was selected as our March Employee of the Month.

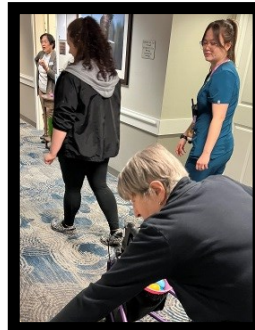
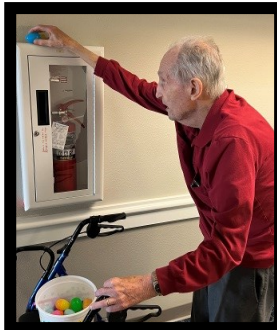
Thank you, Arlene, for all you do!!  
Congratulations!!!!



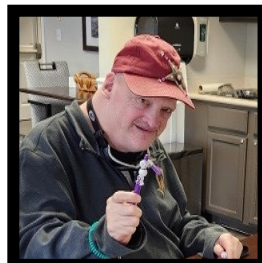
# Fitness Fun



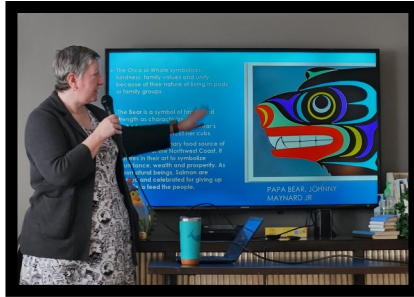
# Easter Egg Hunt



# Arts & Crafts



# Speaker—Island Co. History



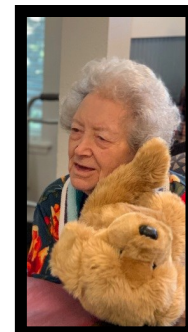
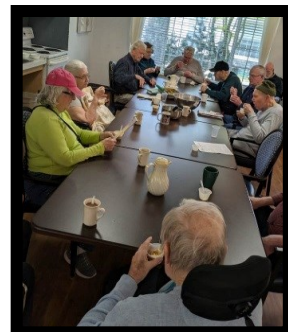
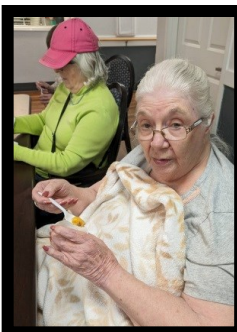
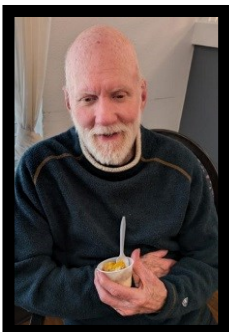
# Exploring Music



# Around the Table Social



# Memory Care Moments





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1040 SW Kimball Drive ~ Oak Harbor, WA 98277

360-279-0933

