

Sunday

Monday

Tuesday

Wednesday


Thursday

Friday

Saturday

Arbors at Ridges May 2024

Celebrating Older Americans' Month (OAM): POWERED THROUGH CONNECTIONS

<p>OAM Weekly Theme: Connecting Through PLAY 5</p> <p>10:30 Worship Service with Ebenezer Corporate Chaplain Chris Beckman - Ch 71</p> <p>1:00 Pokeno - CR</p> <p>2:00 Cinco de Mayo Social - CR</p> <p>3:00 Precious Memories Hymn Sing - CR</p> <p><small>Cinco de Mayo</small></p>	<p>9:30 Balance & Motion Class - CR</p> <p>10:30 Buggy Visits with Ebenezer Toddler Friends - All Floors</p> <p>10:45 Service of Morning Prayer with Chaplain Darin - CR</p> <p>1:00 Unwrapping Music with MacPhail Center for Music - CR</p> <p>2:15 Happy Hour - CR</p> <p>3:00 Wii Bowling - TH</p> <p>3:15 Sharing Our Stories Program with Diane J. - CR</p> <p>6:00 Rick Steves Travel Show: <i>Art of the Middle Ages</i> - Ch 71</p>	<p>9:00 - 11:00 Miracle Ear Hearing Clinic - CH</p> <p>9:30 Arthritis Foundation Class - CR</p> <p>10:45 Games & Photo Shoot with Ebenezer Preschool Friends - CR</p> <p>1:00 Dime Bingo - CR</p> <p>2:00 Happy Hour - CR</p> <p>3:00 Let's Go Camping! Camp Courage Trip Informational Meeting - CR</p> <p>6:00 Evening Movie: <i>Jerry and Marge Go Large</i> - TH</p>	<p>9:30 Ebenezer Ridges Memorial Service - CR</p> <p>*10:45 Lunch Outing: Lion's Tap (Eden Prairie)</p> <p>1:00 Friendship Visits - All Floors</p> <p>2:00 Featured Cocktail Hour: Rum & Coke - CR</p> <p>3:00 Precious Memories Hymn Sing - CR</p> <p>6:00 Classic Comedy Hour - Ch 71</p> <p><small>May Day</small></p>	<p>TROPICAL THEME DAY! 2</p> <p>9:30 Fit Ball Strength Class - CR</p> <p>10:45 Resident Council - CR (Resident-led meeting)</p> <p>12:30 Nature's Beauty Greeting Card Project - WR</p> <p>1:00 Pet Visits with Carole & Scruffy</p> <p>2:00 Monthly Birthday Party - CR</p> <p>3:00 TROPICAL DAY Bingo - CR</p> <p>6:00 Evening (Book Club) Movie: In the Lake of the Woods - TH</p>	<p>9:30 Balance & Motion Class - CR</p> <p>10:15 Pet Visits with Paul & Jolie - All Floors</p> <p>10:45 Educational Presentation: Aging Brain Health - CR</p> <p>1:00 Friendship Visits - All Floors</p> <p>2:00 Ice Cream Treats Social - CR</p> <p>3:00 Relaxing Music - Ch 71</p> <p>6:00 Inspirational Documentary: Bye Bye Barry - Ch 71</p>	<p>9:30 Arthritis Foundation Exercise DVD - Ch 71</p> <p>10:30 Morning Coffee Chats - CR</p> <p>1:00 Dime Bingo - CR</p> <p>2:00 Happy Hour - CR</p> <p>3:00 Book Club with Gabe - CR</p> <p><small>(Word Games are available at the front desk; please help yourself)</small></p>
<p>OAM Weekly Theme: Connecting Through FOOD 12</p> <p>10:30 Worship Service with Ebenezer Corporate Chaplain Chris Beckman - Ch 71</p> <p>1:00 Mothers' Day Bingo - CR</p> <p>2:00 Mothers' Day Tea Social - CR</p> <p>3:00 Precious Memories Hymn Sing - CR</p> <p><small>Mother's Day National Skilled Nursing Care Week</small></p>	<p>9:30 Balance & Motion Class - CR</p> <p>10:30 Buggy Visits with Ebenezer Infant Friends - All Floors</p> <p>*11:30 Mamama Checo's Kitchen Street Food Truck - Arbor Lane Parking Lot</p> <p>1:00 Unwrapping Music with MacPhail Center for Music - CR</p> <p>2:15 Happy Hour - CR</p> <p>3:00 Wii Bowling - TH</p> <p>6:00 Rick Steves Travel Show: <i>Art of Prehistoric Europe</i> - Ch 71</p>	<p>9:30 Arthritis Foundation Exercise Class - CR</p> <p>*11:30 Connection Lunch with Ebenezer Preschool Friends & Burnsville Fire Department - CR</p> <p>1:00 Dime Bingo - CR</p> <p>2:00 Happy Hour - CR</p> <p>3:00 Neighborhood Trishaw Bike Rides - Front Parking Lot</p> <p>6:00 Evening Movie: <i>One Life</i> - TH</p>	<p>9:30 Worship Service with Holy Communion - CR</p> <p>10:45 Older Americans Month Art with Heart Project with Debbie & Sue - CR</p> <p>*1:00 Scenic Drive: Bush Lake / Normandale Lake (Bloomington)</p> <p>2:00 Featured Cocktail Hour: Pina Colada Cocktail - CR</p> <p>3:00 Divine Mercy Chaplet / Catholic Communion / Rosary - CH</p> <p>6:00 Classic Comedy Hour - Ch 71</p>	<p>KENTUCKY DERBY THEME DAY! 9</p> <p>9:30 Fit Ball Strength Class - CR</p> <p>*10:15 Campus Intergenerational Event: Kentucky Derby - ECH</p> <p>10:30 Pet Visits with Carole & Scruffy</p> <p>1:00 Music by Classic Voices of Lakeville - CR</p> <p>2:30 Chef Special Social - CR</p> <p>3:30 DERBY Theme Bingo - CR</p> <p>6:00 Classic Cocktail Hour - CR</p>	<p>9:30 Balance & Motion Class - CR</p> <p>10:15 Pet Visits with Paul & Jolie - All Floors</p> <p>*10:30 Manicures & Mimosas with Bobby Jo & Marian - 2nd Floor</p> <p>1:00 Friendship Visits - All Floors</p> <p>2:00 Ice Cream Treats Social (with Piano Music by Grace) - CR</p> <p>3:00 Relaxing Music - Ch 71</p> <p>6:00 Inspirational Documentary: Inspired to Ride - Ch 71</p>	<p>9:30 Arthritis Foundation Exercise DVD - Ch 71</p> <p>10:30 Morning Coffee Chats - CR</p> <p>1:00 Dime Bingo - CR</p> <p>2:00 Happy Hour - CR</p> <p>3:00 500 Card Game - CR</p> <p>3:30 Friendship Visits - All Floors</p> <p><small>(Word Games are available at the front desk; please help yourself)</small></p>
<p>OAM Weekly Theme: Connecting Through MUSIC 19</p> <p>10:30 Worship Service with Ebenezer Corporate Chaplain Chris Beckman - Ch 71</p> <p>1:00 Pokeno - CR</p> <p>2:00 Afternoon Refreshments - CR</p> <p>3:00 Precious Memories Hymn Sing - CR</p>	<p>9:30 Balance & Motion Class - CR</p> <p>10:30 Buggy Visits with Ebenezer Toddler Friends - All Floors</p> <p>10:45 Service of Morning Prayer with Chaplain Darin - CR</p> <p>1:00 Unwrapping Music with MacPhail Center for Music - CR</p> <p>2:15 Happy Hour - CR</p> <p>3:00 Wii Bowling - TH</p> <p>3:15 Sharing Our Stories Program with Diane J. - CR</p> <p>6:00 Rick Steves Travel Show - Ch 71</p> <p><small>Victoria Day (Canada)</small></p>	<p>9:30 Arthritis Foundation Exercise Class - CR</p> <p>*10:00 Catholic Rosary/Mass - ECH</p> <p>1:00 Dime Bingo - CR</p> <p>2:00 Happy Hour - CR</p> <p>3:00 Music & Memories Program with Heidi - CR</p> <p>6:00 Evening Movie: Song For Marion - TH</p>	<p>9:30 Worship Service - CR</p> <p>10:45 Seated Yoga with Gabe - CR</p> <p>11:30 OLDER AMERICANS MONTH GRILLED LUNCH - DR</p> <p>*1:00 Shopping Outing: Walmart (Burnsville)</p> <p>1:00 Community Resident Ambassadors Meeting - CH</p> <p>2:00 Featured Cocktail Hour: Bloody Mary Cocktails - CR</p> <p>3:00 Precious Memories Hymn Sing - CR</p> <p>6:00 Classic Comedy Hour - Ch 71</p>	<p>SUPERHERO THEME DAY! 16</p> <p>(No 9:30 am Exercise Class)</p> <p>9:30 Morning Coffee Chats - CR</p> <p>10:30 Super Stretch Seated Yoga with Ebenezer Preschool Friends - CR</p> <p>1:00 Pet Visits with Carole & Scruffy - All Floors</p> <p>2:00 Chef Special Social - CR</p> <p>3:00 ICE CREAM Theme Bingo - CR</p> <p>6:00 Sinatra Songs with Bill Rasmussen - CR</p>	<p>9:30 Balance & Motion Class - CR</p> <p>10:15 Pet Visits with Paul & Jolie - All Floors</p> <p>10:30 Culinary Creations: Homemade Happy Hour Treats - WR</p> <p>1:00 Friendship Visits - All Floors</p> <p>2:00 Older American's Month Happy Hour - CR</p> <p>3:00 Relaxing Music - Ch 71</p> <p>6:00 Inspirational Documentary: A Most Beautiful Thing - Ch 71</p>	<p>9:30 Arthritis Foundation Exercise DVD - Ch 71</p> <p>10:30 Morning Coffee Chats - CR</p> <p>1:00 Dime Bingo - CR</p> <p>2:00 Happy Hour - CR</p> <p>3:00 Literary Listeners with Gabe - CR</p> <p><small>(Word Games are available at the front desk; please help yourself)</small></p> <p><small>Armed Forces Day</small></p>
<p>OAM Weekly Theme: Connecting Through CELEBRATIONS 26</p> <p>10:30 Worship Service with Ebenezer Corporate Chaplain Chris Beckman - Ch 71</p> <p>1:00 Pokeno - CR</p> <p>2:00 Afternoon Refreshments - CR</p> <p>3:00 Precious Memories Hymn Sing - CR</p>	<p> MEMORIAL DAY REMEMBER AND HONOR</p> <p>9:30 Arthritis Foundation Exercise DVD - Ch 71</p> <p>1:00 Cards & Games - CR</p> <p>2:00 Afternoon Movie: Memorial Day - TH</p> <p><small>Memorial Day</small></p>	<p>9:30 Balance & Motion Exercise Class - CR</p> <p>10:45 Morning Greetings with Ebenezer Preschool Friends - All Floors</p> <p>1:00 Dime Bingo - CR</p> <p>2:00 Happy Hour - CR</p> <p>3:00 Neighborhood Trishaw Bike Rides - Front Parking Lot</p> <p>6:00 Evening Movie: <i>Instant Family</i> - TH</p>	<p>(No 9:30 am Worship Service)</p> <p>*10:15 Intergenerational Campus Memorial Service - Arbor Lane Patio</p> <p>*1:00 Afternoon Scenic Drive</p> <p>1:00 Friendship Visits - All Floors</p> <p>2:00 Featured Cocktail Hour: Captain Morgan Cooler - CR</p> <p>3:00 Divine Mercy Chaplet / Catholic Communion / Rosary - CH</p> <p>6:00 Classic Comedy Hour - Ch 71</p>	<p>FAVORITE BAND/MUSIC THEME DAY! 23</p> <p>9:30 Fit Ball Strength Class - CR</p> <p>*10:15 Intergenerational Campus Music Event: Disney Karaoke - ECH</p> <p>1:00 Pet Visits with Carole & Scruffy</p> <p>2:00 Chef Special Social - CR</p> <p>3:00 MUSIC Theme Bingo - CR</p> <p>6:00 Celebrating Music with Mark & Lisa Flora - CR (1950's & Country Gospel Music)</p>	<p>9:30 Balance & Motion Class - CR</p> <p>10:15 Pet Visits with Paul & Jolie</p> <p>*10:30 Manicures & Mimosas with Bobby Jo & Marian - 2nd Floor</p> <p>1:00 Music with Bach Society of Minnesota - CR</p> <p>2:00 Ice Cream Treats Social (with Piano Music by Grace) - CR</p> <p>3:00 Relaxing Music - Ch 71</p> <p>6:00 Inspirational Documentary: A Most Beautiful Thing - Ch 71</p>	<p>9:30 Arthritis Foundation Exercise DVD - Ch 71</p> <p>10:30 Morning Coffee Chats - CR</p> <p>1:00 Dime Bingo - CR</p> <p>2:00 Happy Hour - CR</p> <p>3:00 500 Card Game - CR</p> <p>3:30 Friendship Visits - All Floors</p> <p><small>(Word Games are available at the front desk; please help yourself)</small></p>
<p>OAM Weekly Theme: Connecting Through CELEBRATIONS 26</p> <p>10:30 Worship Service with Ebenezer Corporate Chaplain Chris Beckman - Ch 71</p> <p>1:00 Pokeno - CR</p> <p>2:00 Afternoon Refreshments - CR</p> <p>3:00 Precious Memories Hymn Sing - CR</p>	<p> MEMORIAL DAY REMEMBER AND HONOR</p> <p>9:30 Arthritis Foundation Exercise DVD - Ch 71</p> <p>1:00 Cards & Games - CR</p> <p>2:00 Afternoon Movie: Memorial Day - TH</p> <p><small>Memorial Day</small></p>	<p>9:30 Balance & Motion Exercise Class - CR</p> <p>10:45 Morning Greetings with Ebenezer Preschool Friends - All Floors</p> <p>1:00 Dime Bingo - CR</p> <p>2:00 Happy Hour - CR</p> <p>3:00 Neighborhood Trishaw Bike Rides - Front Parking Lot</p> <p>6:00 Evening Movie: <i>Instant Family</i> - TH</p>	<p>9:30 Baccalaureate Worship Service with Ebenezer Ridges Preschool Graduates - CR</p> <p>10:45 Seated Yoga with Gabe - CR</p> <p>*1:00 Shopping Outing: Dollar Tree (Burnsville)</p> <p>2:00 Featured Cocktail Hour: Mojito Cocktail - CR</p> <p>3:00 Precious Memories Hymn Sing - CR</p> <p>6:00 Classic Comedy Hour - Ch 71</p>	<p>PATRIOTIC THEME DAY! 30</p> <p>(No 9:30 am Exercise Class)</p> <p>9:30 Morning Coffee Chats - CR</p> <p>10:30 Super Stretch Seated Yoga with Ebenezer Preschool Friends - CR</p> <p>1:00 Pet Visits with Carole & Scruffy</p> <p>2:00 Patriotic Parfait Social - CR</p> <p>2:30 - 3:30 Monthly Dakota County Library Outreach Service - TH</p> <p>6:00 Violin & Vocal Music by Gabe Dalhoff - CR</p>	<p>9:30 Balance & Motion Class - CR</p> <p>*9:30 Ebenezer Campus Preschool Graduation Celebration Picnic (Veterans Memorial Park - Richfield)</p> <p>10:15 Pet Visits with Paul & Jolie</p> <p>1:00 Friendship Visits - All Floors</p> <p>2:00 National Macaroon Day Social - CR</p> <p>3:00 Relaxing Music - Ch 71</p> <p>6:00 Inspirational Documentary: Beyond the Peak - Ch 71</p>	<p>(Older Americans Month Themed Programs are printed in green)</p> <p>PLEASE NOTE: Outings/programs marked with an asterisk (*) have limited space and require sign-up. Please sign up in the Life Enrichment Binder (in the lobby) where more information is provided.</p>

LOCATION KEY: Ch 71 = Arbors TV Channel 71; CH = Arbors Chapel (1st floor); CR = Community Room (1st floor); DR = Dining Room (1st floor);

ECH = Ebenezer Care Center Chapel; PDR = Private Dining Room (1st floor); SL = Stoneridge Lounge (1st floor); TH = Theater Room (1st floor); WR = Wellness Room (1st floor)