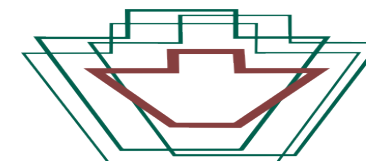




# INDEPENDENT LIVING MAY 2024



**Keystone  
Commons**  
*A Life Fulfilling Retirement Community*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p style="text-align: center;"><b>Monthly Theme</b></p> 	<p style="text-align: center;"><b>Monthly Birthdays</b></p> <p>May 27<sup>th</sup>- Bobbie Bidwell May 30<sup>th</sup>- Bessie Guerette May 31<sup>st</sup>- Jane Kuzdzal</p>	<p style="text-align: center;">*Activities are Subject to Change Amy Creasia Programming Specialist <a href="mailto:ACreasia@keystonesenior.com">ACreasia@keystonesenior.com</a></p>	<p style="text-align: center;">1</p> <p>9:30- Hubbard Coffee Chat-3A 10:30-Meditation w/ Rob-3A 12:30- Rosary- 3A 1pm-Exercise w/ Kelsey-OT-T 2pm- Dime Bingo-3A 3pm- AXE Throwing-3A 3pm- Pet Visits w/ Keeper-2A 3:15- Wii Bowling- Theater 6:45- Rummikub-Billiards</p>	<p style="text-align: center;">2</p> <p>9:30- Coffee and Chronicles-3A 10:30- Adaptive Boxing-3A 1pm-Jeopardy for Amateurs-3A 2pm- Louis and Clark hosts a Bingo 3pm- Popcorn Club- Theater 3pm- Trash Card Game- Pub 6:45- Kings in the Corner-BR 6:45- Canasta- Pub</p>	<p style="text-align: center;">3</p> <p>10:30- Mexican Train Dominos-BR 11:30- Cinco De Mayo Celebration <i>Quesadillas and Margaritas</i> 12:30pm- Rosary-3A 1pm- Cinco De Mayo Photoshoot in the Billiards Room 2pm- Pokeno Pinata Party-3A 3pm- Ole' Drumming Class-3A 4pm- Happy Hour-Pub 6:45- Help Your Neighbor-Billiards Room</p>	<p style="text-align: center;">4</p> <p>9:30- Coffee Chat-2A 10:30- Dime Bingo-3A 1pm- Wii Bowling- Theater 2pm- Dave Brinnel Performs-3A</p>
<p style="text-align: center;">5</p> <p>Mass at St Elizabeth's 2pm- Rummikub-Billiards</p> <p style="text-align: center;"><i>Day of Rest and Face Timing with Families</i></p>	<p style="text-align: center;">6</p> <p>9:30- Shopping in Ludlow 10:00- Communion w/ Deacon Tom-IL DINING ROOM 10:30- Mystery Card Game-Billiards 12:30- Rosary-3A 1pm- Scrabble- Billiards Room 2pm-Dave Colucci Performs-3A 3:15- Canasta- Billiards Room 3:15- Wii Bowling- Theater 6:45- Quarter Bingo w/ Harriet-Pub</p>	<p style="text-align: center;">7</p> <p>10:00- Blood Pressure Clinic-Pub 10:30- Weed and Seed the Courtyard 12:30- Walking w Ashley <i>Meet in the lobby</i> 1pm- Wii Bowling- Theater 2pm- Line Dancing-3A 3pm- Brooke's Photos from the Smith College Bulb Show followed by the sharing of photos from our facebook page over the past year-3A 6:45- Popcorn Club- Theater</p>	<p style="text-align: center;">8</p> <p>9:30- Coffee Chat Tree Share-3A 11:15- Bus leaves to Ronald Mcdonald House to prepare lunch- Pizza to follow 12:30- Rosary-3A 1pm-Exercise w/ Kelsey OT-3A 2:30pm- Photo Bingo-3A 3pm- Pet Visits w/Keeper- 2A 3:15- Wii Bowling- Theater 6:45- Rummikub-Billiard</p>	<p style="text-align: center;">9</p> <p>9:30- Coffee and Chronicles-3A 10:30- Meditation and Massage w/ Lynn and Amy-3A 11:30- Monthly Birthday Lunch-P 1pm-Jeopardy for Amateurs-3A 2pm- Making Hats for Mother's Day Tea for those who are new and never made a hat before-3A 3pm- Popcorn Club- Theater 3pm- Boodles 3A 6:45- Kings in the Corner-BR 6:45- Canasta- Pub</p>	<p style="text-align: center;">10</p> <p>9:30- Walking by the River 12:30- Rosary-3A 1pm- Food Meeting-Pub 2pm- Bubbletalk-3A 3:30-Pokeno-3A 4pm- Happy Hour-Pub 6:45- Mexican Train Dominos-Billiards Room</p>	<p style="text-align: center;">11</p> <p>9:30- Coffee Chat-2A 10:30- Dime Bingo-3A 1pm- Wii Bowling- Theater 2pm- The Hicks Perform-3A</p>
<p style="text-align: center;">12 <b>Mother's Day</b></p> <p>Mass at St Elizabeth's</p> <p>2pm- Rummikub- Billiards</p> <p style="text-align: center;"><i>Day of Rest and Face Timing with Families</i></p> 	<p style="text-align: center;">13</p> <p>9:30- Shopping in Chicopee 10:00- Communion w/ Deacon Tom-IL DINING ROOM 10:30- Johnny P Performs-3A 12:30- Rosary-3A 1pm Scrabble- Billiards Room 1pm- Exercise w/Amy-3A 2pm- Balloon Volleyball-3A 3:15- Wii Bowling- Theater 3:15- Canasta- Billiards Room 6:45- Quarter Bingo w/ Roger and Judy</p>	<p style="text-align: center;">14</p> <p>10:00- Blood Pressure Clinic- Pub 10:30- Decorating for Tea Party 1pm- Wii Bowling- Theater 2pm- Mother's Day Tea Party for our Keystone Ladies Only- IL Dining rm 2:30- Gerry Fanferelli Duo Performs 4:30pm- Outing to Spaghetti Supper 6:45- Popcorn Club- Theater</p>	<p style="text-align: center;">15</p> <p>9:30- Hubbard Coffee Chat and Manicures-3A 10:30- My Life as a Photographer- Becca Skinner Ted Talk-3A 12:30- Rosary-3A 1pm- Exercise w/ Kelsey OT-3A 2pm- Wii Bowling- Theater 3pm- Dime Bingo-3A 6:45- Rummikub-Billiards</p>	<p style="text-align: center;">16</p> <p>9:30- Coffee and Chronicles-3A 10:30- Adaptive Boxing-3A 1pm-Jeopardy for Amateurs-3A 3pm- Popcorn Club-Theater 6-7pm- Family Concert Night <i>With the Eclectics in the Courtyard weather permitting</i></p>	<p style="text-align: center;">17</p> <p>10:30- Painting Class-BR 12:30- Rosary-3A 1pm- National Geographic Photographers Documentary 2pm- Men's Brews and Tattoos Photoshoot-Pub 3pm- Happy Hour at the Winery 6:30- Help Your Neighbor- Billiards Room</p>	<p style="text-align: center;">18</p> <p>9:30- Coffee Chat-2A 10:30- Caden Performs Piano- 1<sup>st</sup> Floor 1pm- Wii Bowling-Theater 2pm- Mike and Dan Performs-3A</p>
<p style="text-align: center;">19</p> <p>Mass at St Elizabeth's</p> <p>2pm- Rummikub-Billiards</p> <p style="text-align: center;"><i>Day of Rest and Face Timing with Families</i></p>	<p style="text-align: center;">20</p> <p>9:30- Shopping in Ludlow 10:00- Communion w/ Deacon Tom-IL DINING ROOM 10:30- Mystery Card Game-BR 12:30- Rosary-3A 1pm- Scrabble Billiards Room 2pm- Corn hole-3A 3:15- Canasta- Billiards Room 3:15- Wii Bowling- Theater 6:45-Quarter Bingo w/ Harriet-Pub</p>	<p style="text-align: center;">21 <b>Massage Therapist 1-4pm</b></p> <p>10:00- Blood Pressure Clinic-Pub 10:30- Chef's Club- Grill and Chill 12:30- Walking w/ Ashley <i>Meet in Lobby</i> 1pm- Wii Bowling- Theater 1pm- Divine Discussion w/ Judy and Laurie- Library 2pm- Docs of Dixie Performs 3:15- Blackjack- Dollar buy-in-Pub 6:45- Popcorn Club- Theater</p>	<p style="text-align: center;">22</p> <p>9:30- Coffee Chat Tree Share-3A 10:30-Meditation w/ Rob-3A 11:00- Lunch Outing to Mama Italia 12:30- Rosary- 3A 1pm-Exercise w/ Kelsey-OT-3A 2pm- Wii Bowling- Theater 3pm- Dime Bingo-3A 3pm- Pet Visits w/ Keeper-2A 6:45- Rummikub-Billiards</p>	<p style="text-align: center;">23</p> <p>10:00- Coffee House-3A 10:30- Roger Hart Presents "Legacy of Beauty"-3A 1pm- Apples to Apples-Pub 2pm- Sarah the Fiddler Performs 3:30- Caretenders in the Pub 6:45- Kings in the Corner-BR 6:45- Canasta- Pub</p>	<p style="text-align: center;">24</p> <p>9:30- Billiards 10:30- Painting Class-BR 12:30- Rosary-3A 1pm- Rummikub- Billiards Room 2:30- Creative Photoshoots- Billiards Room 3:30- Drumming Class- 3A 4pm- Happy Hour- Pub 6:30- Mexican Train Dominos-Billiards Room</p>	<p style="text-align: center;">25</p> <p>9:30- Coffee Chat-2A 1pm- Dime Bingo-3A 2pm- Popcorn Club-Theater 2:30- Strength Training-3A</p>
<p style="text-align: center;">26</p> <p>Mass at St Elizabeth's</p> <p>2pm- Rummikub-Pub</p> <p style="text-align: center;"><i>Day of Rest and Face Timing with Families</i></p>	<p style="text-align: center;">27</p>  <p>12pm- Memorial Day Cook-Out</p>	<p style="text-align: center;">28</p> <p>10:00- Blood Pressure Clinic-Pub 10:30- Photography Tips and Tricks- Most Flattering ways to pose-3A 1pm- Wii Bowling- Theater 1pm- Divine Discussion w/ Judy and Laurie- Library 2pm- Willie Nininger Performs-3A 3:30pm- Blackjack- Pub 6:45- Popcorn Club- Theater</p>	<p style="text-align: center;">29</p> <p>9:30- Hubbard Coffee Chat and Manicures-3A 10:30- My life as a Photographer- Cory Richard After an Avalanche-3A 12:30- Rosary-3A 1pm- Exercise w/ Kelsey OT-T 1:30- Chorus Patriotic Concert-3A 3:15- Wii Bowling- Theater 4pm- Wine Down Wednesday-Pub 6:45- Rummikub-Billiards</p>	<p style="text-align: center;">30</p> <p>9:30- Coffee and Chronicles-3A 10:30- Mary's Trip to the Panama Canal Slideshow-3A 1pm-Jeopardy for Amateurs-3A 2pm- Robert Floyd- Famous Photographer is here to talk-3A 3pm- Popcorn Club- Theater 3pm- Boodles-3A 6:45- Kings in the Corner-BR</p>	<p style="text-align: center;">31</p> <p>9:30- Billiards 10am- Painting Class-BR 11am- Picnic at MT TOM Trip 12:30- Rosary-3A 3pm- Capturing Moments Walk Through- 1<sup>st</sup> Floor Piano Room Hallway with Caden at Piano 4pm- Happy Hour- Pub 6:30- Help Your Neighbor- Billiards Room</p>	<p style="text-align: center;"></p> <p style="text-align: center;">Mother's Day Tea Party for all of our Keystone Ladies If you have a decorated hat from previous years please wear on the 11<sup>th</sup> to the party. We will be making hats for others who may not have one. Supplies will be limited.</p>