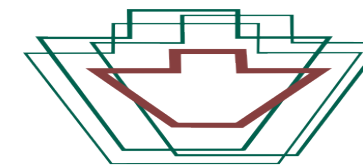




# ASSISTED LIVING MAY 2024



**Keystone  
Commons**  
*A Life Fulfilling Retirement Community*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Monthly Theme</b></p> 	<p><b>Monthly Birthdays</b> May 27<sup>th</sup>- Bobbie Bidwell May 30<sup>th</sup>- Bessie Guerette May 31<sup>st</sup>- Jane Kuzdzal</p>	<p>*Activities are Subject to Change Amy Creasia Programming Specialist <a href="mailto:ACreasia@keystonesenior.com">ACreasia@keystonesenior.com</a></p>	<p>1 9:30- Hubbard Coffee Chat-3A 10:30-Meditation w/ Rob-3A 12:30- Rosary- 3A 1pm-Exercise w/ Kelsey-OT-T 2pm- Dime Bingo-3A 3pm- AXE Throwing-3A 3pm- Pet Visits w/ Keeper-2A 3:15- Wii Bowling- Theater 6:45- Rummikub-Billiards</p>	<p>2 9:30- Coffee and Chronicles-3A 10:30- Adaptive Boxing-3A 1pm-Jeopardy for Amateurs-3A 2pm- Louis and Clark hosts a Bingo 3pm- Happy Hour &amp; Popcorn Club-Theater 3pm- Trash Card Game- Pub 6:45- Kings in the Corner-BR 6:45- Canasta - Pub</p>	<p>3 10:30- Mexican Train Dominos-BR 12:30pm- Rosary-3A 1pm- Cinco De Mayo Photoshoot in the Billiards Room 2pm- Pokeno Pinata Party-3A 3pm- Ole' Drumming Class-3A 6:45- Help Your Neighbor-Billiards</p>	<p>4 9:30- Coffee Chat-2A 10:30- Dime Bingo-3A 1pm- Wii Bowling- Theater 2pm- Dave Brinnel Performs-3A</p>
<p>5 Mass at St Elizabeth's 2pm- Rummikub-Billiards  Day of Rest and Face Timing with Families</p>	<p>6 9:30- Shopping in Ludlow 10:00- Communion w/ Deacon Tom-IL DINING ROOM 10:30- Mystery Card Game-Billiards 12:30- Rosary-3A 1pm- Scrabble- Billiards Room 2pm-Dave Colucci Peforms-3A 3:15- Canasta- Billiards Room 3:15- Wii Bowling- Theater 6:45- Quarter Bingo w/ Harriet-Pub</p>	<p>7 10:00- Blood Pressure Clinic-Pub 10:30- Weed and Seed the Courtyard 12:30- Walking w Ashley Meet in the lobby 1pm- Wii Bowling- Theater 2pm- Line Dancing-3A 3pm- Brooke's Photos from the Smith College Bulb Show followed by the sharing of photos from our facebook page over the past year-3A 6:45- Popcorn Club- Theater</p>	<p>8 9:30- Hubbard Coffee Chat-3A 11:15- Bus leaves to Ronald Mcdonald House to prepare lunch- Pizza to follow 12:30- Rosary-3A 1pm-Exercise w/ Kelsey OT-3A 2:30pm- Photo Bingo-3A 3pm- Pet Visits w/Keeper- 2A 3:15- Wii Bowling- Theater 6:45- Rummikub-Billiard</p>	<p>9 9:30- Coffee and Chronicles-3A 10:30- Meditation and Massage 11:30- Monthly Birthday Lunch 1pm-Jeopardy for Amateurs-3A 2pm- Making Hats for Mother's Day Tea for those who are new and never made a hat before-3A 3pm- Popcorn Club &amp; Happy Hour- 3pm- Boodles-3A 6:45- Kings in the Corner-BR 6:45- Canasta- Pub</p>	<p>10 9:30- Walking by the River 12:30- Rosary-3A 1pm- Food Meeting-Pub 2pm- Bubbletalk-3A 3:30-Pokeno-3A 6:45- Mexican Train Dominos-Billiards Room</p>	<p>11 9:30- Coffee Chat-2A 10:30- Dime Bingo-3A 1pm- Wii Bowling- Theater 2pm- The Hicks Perform-3A</p>
<p>12 <b>Mother's Day</b> Mass at St Elizabeth's 2pm- Rummikub- Billiards Day of Rest and Face Timing with Families</p> 	<p>13 9:30- Shopping in Chicopee 10:00- Communion w/ Deacon Tom-IL DINING ROOM 10:30- Johnny P Performs-3A 12:30- Rosary-3A 1pm Scrabble- Billiards Room 1pm- Exercise w/Amy-3A 2pm- Balloon Volleyball-3A 3:15- Wii Bowling- Theater 3:15- Canasta- Billiards Room 6:45- Quarter Bingo w/ Roger and Judy</p>	<p>14 10:00- Blood Pressure Clinic- Pub 10:30- Decorating for Tea Party 1pm- Wii Bowling- Theater 2pm- Mother's Day Tea Party for our Keystone Ladies Only- IL Dining rm 2:30- Gerry Fanferelli Duo Performs 6:45- Popcorn Club- Theater</p>	<p>15 9:30- Hubbard Coffee Chat and Manicures-3A 10:30- My Life as a Photographer- Becca Skinner Ted Talk-3A 11:30- Lunch Outing to On the Border 12:30- Rosary-3A 1pm- Exercise w/ Kelsey OT-3A 2pm- Wii Bowling- Theater 3pm- Dime Bingo-3A 6:45- Rummikub-Billiards</p>	<p>16 9:30- Coffee and Chronicles-3A 10:30- Adaptive Boxing-3A 1pm-Jeopardy for Amateurs-3A 3pm- Popcorn Club- Theater 6-7pm- Family Concert Night With the Eclectics in the Courtyard weather permitting</p>	<p>17 10:30- Painting Class-BR 12:30- Rosary-3A 1pm- National Geographic Photographers Documentary 2pm- Men's Brews and Tatoos Photoshoot-Pub 6:30- Help Your Neighbor-Billiards</p>	<p>18 9:30- Coffee Chat-2A 10:30- Caden Performs Piano-1<sup>st</sup> Floor 1pm- Wii Bowling-Theater 2pm- Mike and Dan Performs-3A</p>
<p>19 Mass at St Elizabeth's 2pm- Rummikub-Billiards  Day of Rest and Face Timing with Families</p>	<p>20 9:30- Shopping in Ludlow 10:00- Communion w/ Deacon Tom-IL DINING ROOM 10:30- Mystery Card Game-BR 12:30- Rosary-3A 1pm- Scrabble Billiards Room 2pm- Corn hole-3A 3:15- Canasta- Billiards Room 3:15- Wii Bowling- Theater 6:45-Quarter Bingo w/ Harriet-Pub</p>	<p>21 <b>Massage Therapist 1-4pm</b> 10:00- Blood Pressure Clinic-Pub 10:30- Chef's Club- Grill and Chill 12:30- Walking w/ Ashley Meet in Lobby 1pm- Wii Bowling- Theater 1pm- Divine Discussion w/ Judy and Laurie- Library 2pm- Docs of Dixie Performs 3:15- Blackjack- Dollar buy-in-Pub 6:45- Popcorn Club- Theater</p>	<p>22 9:30- Hubbard Coffee Chat 10:30-Meditation w/ Rob-3A 12:30- Rosary- 3A 1pm-Exercise w/ Kelsey-OT-3A 2pm- Wii Bowling- Theater 3pm- Dime Bingo-3A 3pm- Pet Visits w/ Keeper-2A 6:45- Rummikub-Billiards</p>	<p>23 10:00- Coffee House-3A 10:30- Roger Hart Presents "Legacy of Beauty"-3A 1pm- Apples to Apples-Pub 2pm- Sarah the Fiddler Performs 3:30- Caretenders in the Pub 6:45- Kings in the Corner-BR 6:45- Canasta- Pub</p>	<p>24 9:30- Billiards 10:30- Painting Class-BR 12:30- Rosary-3A 1pm- Rummikub- Billiards Room 2:30- Creative Photoshoots-Billiards Room 3:30- Drumming Class-3A 6:30- Mexican Train Dominos-Billiards Room</p>	<p>25 9:30- Coffee Chat-2A 1pm- Dime Bingo-3A 2pm- Popcorn Club-Theater 2:30- Strength Training-3A</p>
<p>26 Mass at St Elizabeth's 2pm- Rummikub-Pub  Day of Rest and Face Timing with Families</p>	<p>27  12pm- Memorial Day Cook-Out</p>	<p>28 10:00- Blood Pressure Clinic-Pub 10:30- Photography Tips and Tricks-Most Flattering ways to pose-3A 1pm- Divine Discussion w/ Judy and Laurie- Library 1pm- Wii Bowling-Theater 2pm- Willie Nininger Performs-3A 3:30pm- Blackjack- Pub 6:45- Popcorn Club- Theater</p>	<p>29 9:30- Hubbard Coffee Chat and Manicures-3A 10:30- My life as a Photographer- Cory Richard After an Avalanche-3A 12:30- Rosary-3A 1pm- Exercise w/ Kelsey OT-T 1:30- Chorus Patriotic Concert-3A 3pm- Ice Cream Outing 3:15- Wii Bowling- Theater 6:45- Rummikub-Billiards</p>	<p>30 9:30- Coffee and Chronicles-3A 10:30- Mary's Trip to the Panama Canal Slideshow-3A 1pm-Jeopardy for Amateurs-3A 2pm- Robert Floyd- Famous Photographer is here to talk-3A 3pm- Happy Hour &amp; Popcorn Club- 3pm- Boodles-3A 6:45- Kings in the Corner-BR</p>	<p>31 9:30- Billiards 10:30- Painting Class-BR 12:30- Rosary-3A 3pm- Capturing Moments Walk Through- 1<sup>st</sup> Floor Piano Room with Caden at the Piano 6:30- Help Your Neighbor-Billiards Room</p>	<p> Mother's Day Tea Party for all of our Keystone Ladies If you have a decorated hat from previous years please wear on the 11<sup>th</sup> to the party. We will be making hats for others who may not have one. Supplies will be limited.</p>