



HAPPY BIRTHDAY

APRIL BIRTHDAYS:

- Joan Carlson 4/6
- Dorothy Miller 4/6
- Ronnie Story 4/11
- Hezekiah Johnson 4/11
- Kathryn Gornick 4/11
- Shirley Marciniak 4/13
- Hadyn Notestine 4/17
- Suzanne White 4/17
- Cora Hugueley 4/23
- Alice Gergely 4/28

COMMUNITY MEETINGS

- Resident Council Meeting: April 3rd @ 2pm (CR)
- Any suggestions, comments, concerns, or positive feedback can be placed in the suggestion box in the Post Office for Resident Council. These are read monthly at the council meetings.
- Food Meeting: April 30th @ 2:00pm (DR) Everyone is invited to come and share dining feedback as we continue to welcome our new Culinary Manager, Joel Vassallo.
- Town Hall: April 30th @ 2:30pm (DR) EVERYONE IS INVITED to hear from every department manager about community updates.

Tigers Week (April 1st-5th) Go Tigers!

What better way to kick off the start of a new month than with our hometown baseball team starting back up! This week will be full of fun activities including movies, lots of social hours with different sweet treats, a tigers themed craft/contest, and then our happy hour on Friday where we watch the Tigers Opening Day Game! In celebration of our Detroit Tigers Baseball Season beginning, we will have Tigers Tuesday where we invite all to wear their Tigers gear every Tuesday. We will end the month with a special theme dinner called, "Night at the Ball Park" where we offer Baseball game food favorites, along with a few regular entrees. We hope you all enjoy the fun Tigers themed things this week and GooooooooooooTigers!



\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

FRIENDS & FAMILY REFERRAL PROGRAM!

CHERRY HILL CONNECT

APRIL 2024



LIFE ENRICHMENT CORNER

Time for a new month again? Time flies when you're having fun they say! This month we have some fun events and activities coming up for you to enjoy including Tigers week, National ice cream day, lots of movies, fun entertainment, sweet treats, a spring tea party, and an event that only happens every once in a blue moon, A Solar Eclipse.

A total solar eclipse will cross North America on April 8th at 3:15pm offering millions of sky-watchers a rare opportunity to see afternoon skies temporarily darken and an illuminated halo appear overhead.

The eclipse promises to be a major event because its path fortuitously cuts across Mexico, the continental U.S. and a small part of eastern Canada. In the U.S., weather permitting, sky-watchers in 15 states (including Michigan) will have the chance to see the moon almost completely cover the sun, casting its shadow over the fiery orb and creating the effect of a ring in the sky.

Viewing the Eclipse without proper eye protection can be very dangerous. We have purchased eclipse glasses that will be available at the front desk for all to view the eclipse properly. You can come down anytime between 9:00am-2:00pm to collect a pair of eclipse glasses as we do not want anyone to hurt or damage their eyes in the process!! Once again, the eclipse is due to take place at 3:15pm on April 8th.

This month we will also be having an Activities Craft meeting on April 25th at 11am. We invite all to join us and discuss what you would like to see for future crafts. Please keep in mind this is not a guarantee that we will be able to add everything that everyone suggests to the calendar in the future as we also take into account other residents' interests and skill set when we plan crafts so that all have fun.



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 Assisted Living 734-981-5070
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COMMUNITY MANAGEMENT

Tiffany Tucker
 Executive Director

Sharde Jones
 Business Office Manager

Joel Vassallo
 Culinary Services Manager

Jamaal Saleh
 Environmental Services Manager

Krystal Sidibe
 Independent Living Manager

Ebony Adams
 Life Enrichment Manager

Logan Winton
 Assisted Living Life Enrichment Manager

Mary Sinani
 Memory Care Life Enrichment Manager

Renee Ralsky
 Marketing Manager

Resident Care Manager

Memory Care Wellness Coordinator

Assisted Living Wellness Coordinator

ASSOCIATE SPOTLIGHT

Congratulations to Cierra Clayton-Christmon. Cierra is one of our daytime concierges at the Independent Living front desk. Cierra takes great pride in her job and is unstoppable. Cierra greets everyone with a warm welcome and takes the time to ensure that everyone gets the attention they deserve and their needs are met. Cierra cares about all of the residents and keeps all infomed in order to ensure the flow of the building runs smoothly.



MARCH HIGHLIGHTS

7th Read Across America

Last month we got to go to Field Elementary and read to 2 different classrooms, one on the 7th and the other on the 21st. The residents and the children absolutely loved it! We also brought crafts, decorations, cookies and gift bags for the kids to have. All working with our hot air balloon themed story book that the residents took turns reading to them!



15th Taste of Waltonwood

This event had some amazing food made by our wonderful chef and culinary team! Shout out to our entire team and also our residents', greeters and entertainers. We appreciate everyone that joined in our fun and toured our community!



FOREVER FIT

As we age muscles lose their elasticity becoming more rigid and stiff. This age-related decline can cause pain, stiffness and decrease ROM in many of the bodies most used joints. While factors such as inactivity, decreased muscle strength and osteoarthritis can impact our bodies flexibility, regular stretching exercises can greatly improve the way we move and feel. By maintaining our flexibility as we age, we help to minimize the risk of falls while maximizing our performance of daily activities. Below are just a few tips and exercises that can help keep you lose, limber and feeling your best.

Identify the joints and surrounding muscles that are in the most need of attention, and use them as a starting point. Warm the body up emphasizing proper posture and technique to ensure safe and effective flexibility training. Move slowly to the point of mild tension not to the point of pain. Hold each static stretch for 10-90 seconds minimizing bouncing, jerking or excessive force that could cause a potential injury.

-Chris Grabowski, MS | Senior Forever Fitness Manager 02

AMERICA'S FIRST
Dementia-Friendly Movie Program

EMAGINE
DEMENTIA FRIENDLY
Films

WALTONWOOD CHERRY HILL
WALTONWOOD CARRIAGE PARK

WHAT IS IT?
Quarterly screenings of classic musicals in a friendly, safe environment for persons with brain changes, their care partners, and anyone who wants to join the fun.

WHAT MAKES IT UNIQUE!
Dementia-friendly screenings include exclusively selected classic movies and musicals presented in a unique setting with softer sound and ambient lighting for the comfort of people living with dementia, as well as their caregivers and friends. This inclusive and judgment-free environment allows guests to interact with the presentation by talking back, clapping, tapping their feet, swaying, singing along, or getting up and dancing. Dementia-friendly screenings take place the second Wednesday of every third month.

Some Like it Hot
Wednesday, April 10th, at 1:15 p.m.
at Cannon's Emagine Theatre: 39535 Ford Rd., Canton

For ease of entrance, please use the door at the back of the building. *Look for the balloons!*

Complimentary event. Seating is limited.

Join us at 1:15 p.m. for soda, popcorn and social time.
Movie begins at 2:00 p.m.

To reserve your tickets, contact
Waltonwood Cherry Hill: 734-981-7100

OAKLAND HELPING HANDS

www.Waltonwood.com | www.SinghCareers.com

TRANSPORTATION INFORMATION

Transportation requests for personal needs must be received a minimum of 48 hours ahead of time. Please see the front desk receptionist to make your request. A driver will follow up to confirm if your request can be accommodated. There will be an additional charge for anything over 10 miles. Independent Living has priority over transports on Mondays, Wednesdays, and Fridays. Memory Care and Assisted Living have priority over transports on Tuesdays and Thursdays.

We are also excited to share that we finally have a second driver, Craig Woodward, that will be starting with us April 7th. Craig is the current driver at Carriage Park and has decided to transfer here. He comes with years of driving experience and has enjoyed supporting us over the past few months. Craig will continue to support Carriage Park as they look for his replacement. We ask for your patience during this transition period as we know Craig will be a great addition to our Waltonwood Cherry Hill family.

NATIONAL PET DAY: APRIL 11th

If there's one thing most people can agree on, its how much we love our pets! In order to celebrate national pet day, we have a pet shadow box craft scheduled at 11am in the activity room (sign up required!) Please bring a picture of your pets if you'd like them in there too! We also will be having a A2k-9 Dog training presentation/pet education in the theater at 12pm!

APRIL SPECIAL EVENTS

9th Rosie Riveter Day!

We will be showing a Rosie the Riveter movie at 11am in the theater. At 2:00pm we will welcome Jeanette Gutierrez back from the American Rosie the Riveter Association with a Root Beer Float Social. Jeanette will join us for a Q & A and pose for photos.

18th Canton Township Supervisor visit- Anne Hydak

Join us at 11:00am as we welcome back Anne Marie Hydak, Canton Township Supervisor, to share all that is new in Canton MI. Anne Marie has lived in Canton for over 25 years. She was elected as Supervisor in 2020 and worked hard to carry our community through COVID, bring a historic \$14M back to our community, expand road improvements, expand sidewalks and parks, and so much more.

26th Spring Tea Party!

It's tea time! This happy hour will be a tea party with our saxophonist Eugene as the entertainment. Spring is here, and its time to celebrate with some tea and some friends to officially bring in the new season. This will take place at 2pm in the dining room as usual, we would love to see you all there!

EXECUTIVE DIRECTOR CORNER

Dear residents, families, and friends

Happy Spring! This is my favorite season and we are looking forward to some fun seasonal activities with all of you. In the months ahead may the sunshine be contagious with continuous smiles, fun and laughter. We have so much to look forward to in April. Please see the activities calendar for additional information. Thank you for your patience while we continue to work together and gather more insight on activities of your interest. Please be encouraged to attend exercise and all planned activities. We hope you all enjoyed our Taste of Waltonwood event.

As always, we appreciate all of the wonderful compliments shared with the team. It's a pleasure to be of service and please feel free to contact me with any questions that you may have at Tiffany.tucker@singhmail.com