

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	10-Chair Exercises 10:45-Daily Chronicle/Good News 11:15-Brain Games 1:30-Walk 'n' Talk 2:30-Craft-Bumblebee Paper Plate 3:30-Seated Stretches 5:30- Movie Monday- All Fools' Day	9:45-Stretches 10a-Bus Ride 10:45-Daily Chronicle/Good News 11:15-Dance & Sing 1:30-Walk 'n' Talk 2:30-Taste Testing-Cinnamon Rolls 3:30- Pretty & Polished	9:-Stretches 10-Noodle Ball 10:45-Daily Chronicle/Good News 11:15-Brain Games 1:30-Walk 'n' Talk 2:30-Animal Sun Catchers 3:30-Seated Stretches 5:30-John Wayne Wednesday	9:45-Stretches 10a-Parachute Game 10:45-Daily Chronicle/Good News 11:15-Dance & Sing 1:30-Walk 'n' Talk 2:30-Taste Testing-Banana Peanut Butter Roll Ups 3:30- Pretty & Polished	9:45-Stretches 10-Noodle Ball 10:45-Daily Chronicle/Good News 11:15-Brain Games 1:30-Walk 'n' Talk 2:30-Craft-Zen Coloring 3:30-Seated Stretches 5:30-Film Friday-	10:15-Chair Volleyball 11-Daily Chronicle 11:30-Spiritual Eldercare 1:30- Walk 'n' Talk 2:30-Zen Coloring 3:30-Healthy Hands	
10:15-Stretches 10:45-Spiritual Eldercare 11:45-Healthy Hands 1:30-Popcorn & Movie 3:30-Healthy Hands	10-Exercise with Zach 10:45-Daily Chronicle/Good News 11:15-Brain Games 1:30-Walk 'n' Talk 2:30-Eclipse Party! 5:30- Movie Monday-	9:45-Stretches 10a-Bus Ride 10:45-Daily Chronicle/Good News 11:15-Dance & Sing 1:30-Walk 'n' Talk 2:30-Taste Testing-Soft Pretzel Bites 3:30- Pretty & Polished	9:45-Stretches 10-Noodle Ball 10:45-Daily Chronicle/Good News 11:15-Brain Games 1:30-Walk 'n' Talk 2:30-Craft-Coffee Filter Dancers 3:30-Seated Stretches 5:30-John Wayne Wednesday	9:45-Stretches 10a-Parachute Game 10:45-Daily Chronicle/Good News 11:15-Dance & Sing 1:30-Walk 'n' Talk 2:30-Taste Testing-Cookie Dough Dip 3:30- Pretty & Polished	9:45-Stretches 10-Noodle Ball 10:45-Daily Chronicle/Good News 11:15-Brain Games 1:30-Walk 'n' Talk 2:30-Craft-Lavender Painting 3:30-Seated Stretches 5:30-Film Friday-	10:15-Stretches 10:45-Spiritual Eldercare 11:45-Healthy Hands 1:30-Popcorn & Movie 3:30-Healthy Hands	
10:15-Stretches 10:45-Spiritual Eldercare 11:45-Healthy Hands 1:30-Snack & Movie 3:30-Healthy Hands	10-Exercise with Zach 10:45-Daily Chronicle/Good News 11:15-Brain Games 1:30-Walk 'n' Talk 2:30-Craft-Handprint Cactus 3:30-Seated Stretches 5:30- Movie Monday-	9:45-Stretches 10a-Dance & Sing 10:45-A Morning at the Movies 1:30-Walk 'n' Talk 2:30-Taste Testing-McDonald's Day!-Nuggets 3:30- Pretty & Polished	9:45-Stretches 10-Noodle Ball 10:45-Daily Chronicle/Good News 11:15-Brain Games 1:30-Walk 'n' Talk 2:30-Craft-Bubble Paint 3:30-Seated Stretches 5:30-John Wayne Wednesday	9:45-Stretches 10a-Parachute Game 10:45-Daily Chronicle/Good News 11:15-Dance & Sing & Hi Five! 1:30-Walk 'n' Talk 2:30-Taste Testing-Build Your Own Parfait 3:30- Pretty & Polished	9:45-Stretches 10-Noodle Ball 10:45-Daily Chronicle/Good News 11:15-Brain Games 1:30-Walk 'n' Talk 2:30-Craft-Zen Coloring 3:30-Seated Stretches 5:30-Film Friday-	10:15-Chair Volleyball 11-Daily Chronicle 11:30-Spiritual Eldercare 1:30- Walk 'n' Talk 2:30-Zen Coloring 3:30-Healthy Hands	
10:15-Noodle Ball 11-Daily Chronicle 11:30-Spiritual Eldercare 1:30- Walk 'n' Talk 2:30-Zen Coloring 3:30-Healthy Hands	10-Exercise with Zach 10:45-Daily Chronicle/Good News 11:15-Guess the Retro Toys 1:30-Walk 'n' Talk 2:30-Craft-Scratch Art 3:30-Seated Stretches 5:30- Movie Monday- Earth Day	9:45-Stretches 10a-Bus Ride 10:45-Daily Chronicle/Good News 11:15-Dance & Sing 1:30-Walk 'n' Talk 2:30-Taste Testing-No Bake Apple Donuts 3:30- Pretty & Polished	9:45-Stretches 10-Noodle Ball 10:45-Daily Chronicle/Good News 11:15-Penguin Fun Facts! 1:30-Walk 'n' Talk 2:30-Craft-Sun Threading 3:30-Seated Stretches 5:30-John Wayne Wednesday Administrative Professionals Day	9:45-Stretches 10a-Parachute Game 10:45-Daily Chronicle/Good News 11:15-Dance & Sing 1:30-Walk 'n' Talk 2:30-Taste Testing- Mozzarella Sticks 3:30- Pretty & Polished	9:45-Stretches 10-Noodle Ball 10:45-Daily Chronicle/Good News 11:15-Brain Games 1:30-Walk 'n' Talk 2:30-Craft-Name Bugs 3:30-Seated Stretches 5:30-Film Friday-Carol Burnett Arbor Day	10:15-Stretches 10:45-Spiritual Eldercare 11:45-Healthy Hands 1:30-Popcorn & Movie 3:30-Healthy Hands	
10:15-Stretches 10:45-Spiritual Eldercare 11:45-Healthy Hands 1:30-Snack & Movie 3:30-Healthy Hands	10-Exercise with Zach 10:45-Daily Chronicle/Good News 11:15-International Dance Day! 1:30-Walk 'n' Talk 2:30-Craft-Tissue Paper Popsicles 3:30-Seated Stretches 5:30- Movie Monday-	9:45-Stretches 10a-Bus Ride 10:45-Daily Chronicle/Good News 11:15-Brain Games 1:30-Walk 'n' Talk 2:30-Taste Testing-Ham&Cheese Pretzel Kabobs 3:30- Pretty & Polished	 <h1 style="margin: 0;">APRIL 2024</h1> <p style="margin: 0;">Activities are subject to change</p>				