


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	7:00 Morning News CR 9:00 Coffee and Chat CR 9:30 Lutheran Church Chapel 10:00 Chair Aerobics w/ Ball YS 11:00 Egypt with the Worlds Greatest Explorer TR 1:30 BINGO CR 2:30 Rummikub CR 3:00 Low Impact Cardio YS 4:15 Happy Hour in the Pub	7:00 Morning News CR 9-12 Rides to Medical Appts 9:00 Coffee and Chat CR 10:00 Chair Aerobics Upper Body YS 11:00 Our Planet TR 1:30 Social Hour Pub 2:30 Rummikub CR 3:00 Walking Workout YS 6:00 Hand and Foot CR	7:00 Morning News CR 9:00 Coffee and Chat CR 10:00 Chair Workout Dumb Bells YS 11:00 Limitless TR 1:30 Let's Make Cards CR 2:30 Rummikub CR 3:00 Posture Balance Stretch YS 4:15 Happy Hour in the Pub 6:00 Movie: The Jazzman's Blues TR	7:00 Morning News CR 9:00 Coffee and Chat CR 10:00 Seated Range of Motion Stretching YS 11:00 Let's Travel to Sicily TR 1:30 BINGO CR 2:30 Rummikub CR 3:00 Walking Workout YS 4:15 Happy Hour Pub 6:30 500 CR	7:00 Morning News CR 9:00 Coffee and Chat CR 10:00 Chair Aerobics Lower YS 11:00 Lost Cities TR 10:30 Trip to Library 1:00 Bridge TR 1:30 Rummy 500 CR 2:00 Catholic Communion Chapel 2:30 Rummikub CR 4:15 Happy Hour Pub 6:00 Elvis in Concert TR	7:00 Morning News CR 9:00 Coffee and Chat CR 10:30 Drum Fit YS 11:00 Cornhole Back Dining Room 1:00 Cribbage and Scrabble CR 3:00 Movie: The Way Back TR 3:30 Rummikub CR 6:00 Adult Coloring AS	
7:00 Morning News CR 9:00 Eagle Brook Church Online TR 10:00 Seated Marching YS 11:00 Board Games CR 2:00 Hand and Foot CR 3:00 Needles and Chat AS 3:00 Musical Sunday: The Sound of Music TR 6:00 Rummikub CR	7:00 Morning News CR 9:00 Coffee and Chat CR 9:30 Lutheran Church Chapel 10:00 Chair Aerobics w/ Ball YS 11:00 Egypt with the Worlds Greatest Explorer TR 1:30 BINGO CR 2:30 Rummikub CR 3:00 Low Impact Cardio YS 4:15 Happy Hour in the Pub	7:00 Morning News CR 9-12 Rides to Medical Appts 9:00 Coffee and Chat CR 10:00 Chair Aerobics Upper Body YS 11:00 Nutrition 101 with Chris TR 1:30 Social Hour Pub 2:30 Rummikub CR 3:00 Walking Workout YS 6:00 Hand and Foot CR	7:00 Morning News CR 9:00 Coffee and Chat CR 10:00 Chair Workout Dumb Bells YS 10:30 Garden Club Meeting(let's make a plan CR 11:00 Limitless TR 1:30 Let's Paint CR 2:30 Rummikub CR 3:00 Posture Balance Stretch YS 4:15 Happy Hour in the Pub 6:00 My All American TR	7:00 Morning News CR 9:00 Coffee and Chat CR 10:00 Seated Range of Motion Stretching YS 11:00 Let's Travel to Sardinia TR 1:30 BINGO CR 2:30 Rummikub CR 3:00 Walking Workout YS 4:15 Happy Hour Pub 6:30 500 CR	7:00 Morning News CR 9:00 Coffee and Chat CR 10:00 Chair Aerobics Lower Body YS 11:00 Lost Cities TR 1:00 Bridge TR 1:30 Rummy 500 CR 2:00 Catholic Communion Chapel 2:30 Rummikub CR 4:15 Happy Hour Pub 6:00 Tina Turner in Concert	7:00 Morning News CR 9:00 Coffee and Chat CR 10:30 Drum Fit YS 11:00 Cornhole Back Dining Room 1:00 Bingo CR 3:00 Movie: Oppenheimer TR 3:30 Rummikub CR 6:00 Adult Coloring AS	
7:00 Morning News CR 9:00 Eagle Brook Church Online TR 10:00 Seated Marching YS 11:00 Board Games CR 2:00 Hand and Foot CR 3:00 Needles and Chat AS 3:00 Musical Sunday: Hamilton TR 6:00 Rummikub CR	7:00 Morning News CR 9:00 Coffee and Chat CR 9:30 Lutheran Church Chapel 10:00 Chair Aerobics w/ Ball YS 11:00 Egypt with the Worlds Greatest Explorer TR 1:30 BINGO CR 2:30 Rummikub CR 3:00 Low Impact Cardio YS 4:15 Happy Hour in the Pub	7:00 Morning News CR 9-12 Rides to Medical Appts 9:00 Coffee and Chat CR 10:00 Chair Aerobics Upper Body YS 11:00 Our Planet TR 1:30 Social Hour Pub 2:30 Rummikub CR 3:00 Walking Workout YS 6:00 Hand and Foot CR	7:00 Morning News CR 9:00 Coffee and Chat CR 10:00 Chair Workout Dumb Bells YS 11:00 Limitless TR 11:00 Lunch at Country Kitchen 2:30 Rummikub CR 3:00 Posture Balance Stretch YS 4:15 Happy Hour in the Pub 6:00 Holiday in the Wild TR	7:00 Morning News CR 9:00 Coffee and Chat CR 10:00 Seated Range of Motion Stretching YS 11:00 Let's Travel to Mallorca TR 1:30 BINGO CR 2:30 Rummikub CR 3:00 Walking Workout YS 4:15 Happy Hour Pub 6:30 500 CR	7:00 Morning News CR 9:00 Coffee and Chat CR 10:00 Chair Aerobics Lower YS 10:30 Trip to Library 11:00 Lost Cities TR 1:00 Bridge TR 1:30 Rummy 500 CR 2:00 Catholic Communion Chapel 2:30 Rummikub CR 4:15 Happy Hour Pub 6:00 George Straight in Concert	7:00 Morning News CR 9:00 Coffee and Chat CR 10:30 Drum Fit YS 11:00 Cornhole Back Dining Room 1:00 Cribbage CR 3:00 Movie: Made in Italy TR 3:30 Rummikub CR 6:00 Adult Coloring AS	
7:00 Morning News CR 9:00 Eagle Brook Church Online TR 10:00 Seated Marching YS 11:00 Board Games CR 2:00 Hand and Foot CR 3:00 Needles and Chat AS 3:00 Musical Sunday: Newsies TR 6:00 Rummikub CR	7:00 Morning News CR 9:00 Coffee and Chat CR 9:30 Lutheran Church Chapel 10:00 Chair Aerobics w/ Ball YS 11:00 Egypt with the Worlds Greatest Explorer TR 1:30 BINGO CR 2:30 Rummikub CR 3:00 Low Impact Cardio YS 4:15 Happy Hour in the Pub	7:00 Morning News CR 9-12 Rides to Medical Appts 9:00 Coffee and Chat CR 10:00 Chair Aerobics Upper Body YS 11:00 Our Planet TR 1:30 April Birthday Celebrations Pub 2:30 Rummikub CR 3:00 Walking Workout YS 6:00 Hand and Foot CR	7:00 Morning News CR 9:00 Coffee and Chat CR 10:00 Chair Workout Dumb Bells YS 11:00 Limitless TR 2:30 Resident Counsel CR 3:00 Posture Balance Stretch YS 4:15 Happy Hour in the Pub 6:00 Gifted Hands TR	7:00 Morning News CR 9:00 Coffee and Chat CR 10:00 Seated Range of Motion Stretching YS 11:00 Let's Travel to Morocco TR 1:30 BINGO CR 2:30 Rummikub CR 3:00 Walking Workout YS 4:15 Happy Hour Pub 6:30 500 CR	7:00 Morning News CR 9:00 Coffee and Chat CR 10:00 Chair Aerobics Lower Body YS 11:00 Lost Cities TR 1:00 Bridge TR 1:30 Rummy 500 CR 2:00 Catholic Communion Chapel 2:30 Rummikub CR 4:15 Happy Hour Pub 6:00 Elton John in Concert	7:00 Morning News CR 9:00 Coffee and Chat CR 10:30 Drum Fit YS 11:00 Cornhole Back Dining Room 1:00 Bingo CR 3:00 Movie: Persuasion TR 3:30 Rummikub CR 6:00 Adult Coloring AS	
7:00 Morning News CR 9:00 Eagle Brook Church Online TR 10:00 Seated Marching YS 11:00 Board Games CR 2:00 Hand and Foot CR 3:00 Needles and Chat AS 3:00 Musical Sundays: Into the Woods TR 6:00 Rummikub CR	7:00 Morning News CR 9:00 Coffee and Chat CR 9:45 Lutheran Church Chapel 10:00 Chair Aerobics w/ Ball YS 11:00 Egypt with the Worlds Greatest Explorer TR 1:30 BINGO CR 2:30 Rummikub CR 3:00 Low Impact Cardio YS 4:15 Happy Hour in the Pub	7:00 Morning News CR 9-12 Rides to Medical Appts 9:45 Trip to Aldi 9:00 Coffee and Chat CR 10:00 Chair Aerobics Upper Body YS 11:00 Our Planet TR 1:30 Social Hour Pub 2:30 Rummikub CR 3:00 Walking Workout YS 6:00 Hand and Foot CR	2nd Wednesday of every month at 2:00pm is Coffee with Chris in Back Dining Room			