

# APRIL 2024

| Sunday  | Monday   | Tuesday   | Wednesday  | Thursday   | Friday  | Saturday  |
|---|--|---|--|--|---|---|
| 7   | 8  | 9   | 10   | 11   | 12  | 13  |
|   | Breakfast - Huevos Rancheros w/ fried eggs, fruit<br><br>Lunch - Beer Braised Short Ribs, Dilled Red Potatoes, Whipped Squash<br><br>Dinner - Open face Pizza Burger, Marinated Tomatoes Salad, Homemade Potato Chips                          | Breakfast -Spinach Quiche, Fresh Fruit, Pastry<br><br>Lunch -Hungarian Paprika Chicken over Egg Noodles, Vegetable Blend<br><br>Dinner - Brown Ale Pork on a Bun, Pickle Onions, Couscous salad over greens                         | Breakfast - Eggs to Order, Bagels, Cream Cheese, Yogurt Parfait<br><br>Lunch - Oven baked Cod w/Lemon Dill Sauce, Quinoa Blend, Roasted Zucchini, Peppers, and Onions<br><br>Dinner - Grilled Reuben Sandwich, German Potato Salad, Roasted Beets                                | Breakfast - Cinnamon Raisin French Toast Bake, Bacon, Sliced Bananas<br><br>Lunch -Swedish Meatballs over Mashed Potatoes, Cranberry Sauce, Broccoli<br><br>Dinner - Roasted Pork over fresh salad Greens and Fig Dressing, Chunky Applesauce, Breadstick                | Breakfast - Eggs To Order, Sausage Patty, English muffin, Fruit<br><br>Lunch - Ravioli w/ Squash and Spinach sauce, Roasted Multi-colored Carrots, garlic Toast<br><br>Dinner - Beer Battered Cod, JO JO Potatoes, apple Coleslaw         | Breakfast - Hot or Cold Cereal, Yogurt, Fruit, Pastry<br><br>Lunch - Traditional Pot Roast w/ Potatoes, Carrots, and Onions, Green Beans, Warm French Bread<br><br>Dinner - Pesto Chicken & Havarti Sandwich on Flatbread, Marinated Veg Salad                              |
| Breakfast - Hot or Cold Cereal, Yogurt, Fruit, Pastry<br><br>Lunch - Ham w/ Cranberry Chutney, Scalloped Potatoes, Root Veg Blend, Dinner Roll<br><br>Dinner -Cobb Salad chicken, Bacon, Tomato, HB Eggs, & Avocado on Lettuce Greens, Corn Bread | Breakfast - Corned Beef hash W/Fried Eggs, Toast, Fruit<br><br>Lunch - Spaghetti w/Meat Sauce, Garden Salad, Parmesan Bread<br><br>Dinner -Roast Beef & Cheddar Sandwich w/ Roasted Red Peppers & Horseradish, Ambrosia fruit Salad            | Breakfast - Cheesy Scrambled Eggs, Bacon, Cinnamon Raisin Toast, Fruit<br><br>Lunch - Oven Fried Chiceken, Country gravy, Mashed Poatoes, Corn.<br><br>Dinner - Mushroom & Swiss burger w/pickles, French Fries, Creamy Coleslaw    | Breakfast - Eggs to order, Potato Pancakes w/Applesauce, Morning Pastry<br><br>Lunch - Baked Shrimp, Fire Roasted Tomatoes, Vegetable Blend over Basil Pasta, Breadstick<br><br>Dinner- Chicken Fajitas, w/onions, peppers cheddar cheese, sour cream, salsa, Black Beans & Rice | Breakfast - Fried Eggs Bacon Breakfast Potatoes, Toast<br><br>Lunch - Breaded Pork Chops w/Cinnamon Apples, Sweet Potato Au Gratin, Roasted Brussel Sprouts<br><br>Dinner - Naan Bread Pizza w/Italian Sausage & Roasted Vegetables, Garden Salad                        | Breakfast - Pancakes w/Warm Syrup, Sausage links, Sliced Bananas<br><br>Lunch - Grilled Salmon w/Mango Salsa, Brown & Wild Rice Blend, Steamed Broccoli<br><br>Diner - Tomato & Bacon Quiche w/Swiss Cheese, Banana Bread, Grapes & Melon | Breakfast - Hot or Cold Cereal, Yogurt, Fruit, Pastry<br><br>Lunch - Pork Chow Mein, Oriental Vegetables, Chow Mein Noodles over Rice<br><br>Dinner - Philly Beef on a Hoagie w/Provolone Cheese, Peppers, Onions, side of Au Jus, Spinach Salad w/Strawberries and Almonds |
| 14  | 15   | 16  | 17   | 18   | 19  | 20  |
| Breakfast - Hot or Cold Cereal, Yogurt, Fruit, Pastry<br><br>Lunch - Turkey Parmesan w/Stewed Tomatoes & Zucchini over Penne Pasta, Garden Salad<br><br>Dinner - Beef & Stew, Warm Biscuit, Deviled Eggs, Fore Roasted Apples                     | Breakfast - Hot or Cold Cereal, Yogurt, Fruit, Pastry<br><br>Lunch - Oven Roasted Salmon, w/Sun-dried Tomato Sauce, Rice, Asparagus<br><br>Dinner - Grilled Ham & Swiss w/Apples & Fig preserves, Sweet Potato Fries, Marinated Cucumber Salad | Breakfast - Eggs to order, Bacon, Toast, Fruit<br><br>Lunch - Braised Pork Chop w/Onion Gravy, Cornbread Stuffing, Vegetable Medley<br><br>Dinner - Taco Salad w/Seasoned Beef, Tomatoes, Cheese, Sour Cream, Tortilla Chips, Salsa | Breakfast - Egg & Cheese on an English Muffin, Yogurt Parfait<br><br>Lunch - Meatloaf w/Tomato Glaze, Mashed Potatoes, Fresh Green Beans<br><br>Dinner - Grilled Tuna Melt on Wheat Bread, Waldorf Salad w/Apples and Grapes, Pickled Beets                                      | Breakfast - Vegetable & Bacon Egg Skillet, Fruit, Pastry<br><br>Lunch - Creamy Chicken Florentine w/Mushrooms & Spinach, Roasted Carrots, Warm French Bread<br><br>Dinner - Kielbasa w/Peppers, Onions & Honey Mustard Glaze, Roasted Potatoes, Braised Cabbage w/Fennel | Breakfast - Waffles w/Strawberry Sauce, Sausage Links<br><br>Lunch - Coconut Shrimp, Swet Chili Dipping Sauce, Veg Fried Rice, Pea Pods<br><br>Dinner - Egg Salad Sandwich w/ Lettuce, Sun Chips, Fruit                                   | Breakfast - Hot or Cold Cereal, Yogurt, Fruit, Pastry<br><br>Lunch - Beef Stroganoff, over Egg Noodles, Corn, bread<br><br>Dinner - Roasted Turkey Salad over lettuce, Fruit, Muffin  |
| 21  | 22   | 23  | 24   | 25   | 26  | 27  |
| Breakfast - Hot or Cold Cereal, Yogurt, Fruit, Pastry<br><br>Lunch- Roast Beef, Mashed Potatoes, gravy, Green Beans, Dinner Roll<br><br>Dinner - Grilled Cheese , Tomato Basil Soup, Pickles, Fruit Salad   | Breakfast - Breakfast Burrito, fruit<br><br>Lunch - Mahi Mahi, Baked Rice, Roasted Carrots<br><br>Dinner - Bacon Turkey Salad over lettuce, Breadstick, Grapes   | Breakfast - Eggs to order, Bacon, Toast, Fruit<br><br>Lunch - Lasagna, Caesar Salad, Garlic Bread<br><br>Dinner- Turkey Burger, Sweet Potato Fries, Marinated Veg Salad   | Breakfast - Egg bake, Raisin Toast, Yogurt Parfait<br><br>Lunch- Pork Tenderloin, w/Apricot glaze, Baked Sweet Potato, Roasted Cauliflower<br><br>Dinner -Sloppy Joe on a Bun, Pickles, Baked Beans, Creamy Coleslaw   | Breakfast -Bacon, Egg, Avocado on as Croissant, Melon & Berries<br><br>Lunch -Oven Baked Chicken, American Fries, Beets<br><br>Dinner -Asian Noodle Cold Salad, Egg Roll   | Breakfast - Buttermilk Pancakes w/blueberries, bacon<br><br>Lunch - Parmesan Crusted Tilapia, Rice Almondine, Vegetable Medley<br><br>Dinner - Meatball Sub, w/ Pickles & Peppers, Garden Salad, Potato Chips                             | Breakfast - Hot or Cold Cereal, Yogurt, Fruit, Pastry<br><br>Lunch - Honey Glazed Chicken, Roasted Potatoes, Peas & Carrots.<br><br>Dinner - Pork & Chili Bean Enchiladas, Mexican Corn Salad   |
| 28  | 29   | 30  |  |  |   |   |
| Breakfast - Hot or Cold Cereal, Yogurt, Fruit, Pastry<br><br>Lunch - Roast Turkey, Gravy, Apple Dressing, Green Beans<br><br>Dinner - Tuna Salad Croissant w/Lettuce & Tomato Sun chips, Fruit  | Breakfast - Huevos Rancheros w/ fried eggs, fruit<br><br>Lunch - Beer Braised Short Ribs, Dilled Red Potatoes, Whipped Squash<br><br>Dinner - Open face Pizza Burger, Marinated Tomatoes Salad, Homemade Potato Chips                          | Breakfast -Spinach Quiche, Fresh Fruit, Pastry<br><br>Lunch -Hungarian Paprika Chicken over Egg Noodles, Vegetable Blend<br><br>Dinner - Brown Ale Pork on a Bun, Pickle Onions, Couscous salad over greens                         |  |  |   |   |