

# APRIL 2024

AL & IL



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>B</b> Bistro <b>C2</b> Channel 1-2 <b>C29</b> Channel 29 <b>C3</b> Channel 1-3 <b>CR</b> Community Room <b>DR</b> 1st Floor Dining Room <b>GR</b> Game Room 3rd Floor <b>L</b> Lobby <b>P</b> Patio <b>R</b> Room to Room <b>T</b> Theater <b>TR</b> 3rd Floor Training Room	<i>April Fools &amp; Happy Birthday Carolyn G!</i> <b>10:30 Pet Therapy Visit w/Volunteer Karen &amp; Dog Flora (TR)</b> <b>11:00 Upper Body Stretching (C3)</b> <b>11:15 Group Exercise (TR)</b> <b>1:00 MacPhail Hour: Musical Folk Tales (CR)</b> <b>3:45 Bingo (CR)</b>	<b>10:00 Donut Dash &amp; Coffee (B)</b> <b>10:30 Brain Training (C3)</b> <b>11:00 Chaplain Craig 1:1 Visits</b> <b>11:00 Leg Exercises (C3)</b> <b>11:15 Group Exercise (TR)</b> <b>1:30 Flower Bouquets (CR)</b> <b>1:45 YMCA Virtual Tai Chi Class (TR)</b> <b>2:00 Individual Outing: Lund's &amp; Byerly's (L)</b> <b>6:15 Evening Movie: The Maestro (1h 36m) 2018 (T)</b>	<i>Happy Birthday Odean S!</i> <b>11:00 Full Body Exercise (C3)</b> <b>11:15 Group Exercise (TR)</b> <b>2:00 Live Entertainment: Chris Ryshavy One Man Band (CR)</b> <b>2:00 Healing Touch (By Appointment w/Carrie)</b> <b>3:30 Virtual Christian Worship (Chris Beckman is gone, there will not be communion) (CR)</b>	<b>10:00 Bagel Break &amp; Coffee (B)</b> <b>10:30 Resident Council (CR)</b> <b>10:30 Brain Training (C3)</b> <b>11:00 Pilate's (C3)</b> <b>11:15 Group Exercise (TR)</b> <b>11:15 Family Resident Council (CR)</b> <b>1:30 YMCA Virtual Chair Yoga Class (TR)</b> <b>2:00 Group Outing: Edina Galleria "Into the Deep Floral Experience w/Bachman's" (L)</b> <b>6:00 Living-Room Symphony (C3)</b>	<b>10:00 Catholic Service &amp; Communion (CR)</b> <b>11:15 Group Exercise (TR)</b> <b>11:20 Pilates (C3)</b> <b>1:30 Speaker: Scott Nelson Presentation on Loons (CR)</b> <b>3:00 Happy Hour (B)</b>	<i>Happy Birthday Gladys W!</i> <b>9:30 Sitting or Standing Tai Chi (C3)</b> <b>11:00 Livingroom Concert (C3)</b> <b>1:00 Chair Yoga (C3)</b> <b>2:00 Independent Games/Puzzles/Cards Group (GR)</b> <b>3:00 Classic Film or Musical (C3)</b>
<b>10:00 Mount Olivet Worship Livestream (T)</b> <b>10:00 Danish Delight &amp; Coffee (T)</b> <b>12:00 Our Lady of Grace Church Service (C29)</b> <b>1:00 Westminster Presbyterian Service (C29)</b> <b>2:00 Contemporary Lutheran Worship St. Andrews Church (C29)</b>	<b>11:00 Upper Body Stretching (C3)</b> <b>11:15 Group Exercise (TR)</b> <b>2:30 MacPhail Unwrap Music: Music &amp; Nature (CR)</b> <b>3:45 Bingo (CR)</b>	<b>10:00 Donut Dash &amp; Coffee (B)</b> <b>10:30 Brain Training (C3)</b> <b>11:00 Chaplain Craig 1:1 Visits</b> <b>11:00 Leg Exercises (C3)</b> <b>11:15 Group Exercise (TR)</b> <b>1:30 Flower Bouquets (CR)</b> <b>1:45 YMCA Virtual Tai Chi Class (TR)</b> <b>2:00 Individual Outing: Cub Foods (L)</b> <b>6:15 Evening Movie (T)</b>	<b>11:00 Full Body Exercise (C3)</b> <b>11:15 Group Exercise (TR)</b> <b>2:00 Live Entertainment: Tim Meyer Guitarist (CR)</b> <b>2:00 Healing Touch (By Appointment w/Carrie)</b> <b>3:30 Christian Worship (CR)</b> <b>6:00 Bingo Night : Fundraiser for Alzheimer Association (CR)</b>	<b>10:00 Bagel Break &amp; Coffee (B)</b> <b>10:30 Brain Training (C3)</b> <b>11:00 Pilate's (C3)</b> <b>11:15 Group Exercise (TR)</b> <b>1:00 Group Outing: The Color Purple at Latte Da Theater (L)</b> <b>1:30 YMCA Virtual Chair Yoga Class (TR)</b> <b>6:00 Living-Room Symphony (C3)</b>	<b>10:00 Catholic Service &amp; Communion (CR)</b> <b>11:15 Group Exercise (TR)</b> <b>11:20 Pilates (C3)</b> <b>1:00 Movie Matinee (T)</b> <b>3:00 Happy Hour (B)</b>	<i>Happy Birthday Beth H!</i> <b>9:30 Sitting or Standing Tai Chi (C3)</b> <b>11:00 Livingroom Concert (C3)</b> <b>1:00 Chair Yoga (C3)</b> <b>2:00 Independent Games/Puzzles/Cards Group (GR)</b> <b>3:00 Classic Film or Musical (C3)</b>
<b>10:00 Mount Olivet Worship Livestream (T)</b> <b>10:00 Danish Delight &amp; Coffee (T)</b> <b>12:00 Our Lady of Grace Church Service (C29)</b> <b>1:00 Westminster Presbyterian Service (C29)</b> <b>2:00 Contemporary Lutheran Worship St. Andrews Church (C29)</b>	<b>10:00 Pet Therapy Visit w/Volunteer Karen &amp; Dog Flora (CR)</b> <b>11:00 Upper Body Stretching (C3)</b> <b>11:15 Group Exercise (TR)</b> <b>2:00 Live Entertainment: Scott B. Guitarist &amp; Singer (CR)</b> <b>2:45 Bingo (B)</b> <b>4:00 Care Giver Support Group (CR)</b>	<b>10:00 Donut Dash &amp; Coffee (B)</b> <b>10:00 Coffee w/Chef (B)</b> <b>10:30 Brain Training (C3)</b> <b>11:00 Chaplain Craig 1:1 Visits</b> <b>11:00 Leg Exercises (C3)</b> <b>11:15 Group Exercise (TR)</b> <b>1:00 Passover Celebration w/Rabbi Lynn (T)</b> <b>1:30 Flower Bouquets (CR)</b> <b>1:45 YMCA Virtual Tai Chi Class (TR)</b> <b>2:00 Individual Outing: Target (L)</b> <b>6:15 Evening Movie (T)</b>	<b>11:00 Full Body Exercise (C3)</b> <b>11:15 Group Exercise (TR)</b> <b>2:00 Live Entertainment: Kathy &amp; Van Nixon (CR)</b> <b>2:00 Healing Touch (By Appointment w/Carrie)</b> <b>3:30 Christian Worship (CR)</b> <b>6:30 Mahjong Game Club (B)</b>	<b>10:00 Bagel Break &amp; Coffee (B)</b> <b>10:30 Brain Training (C3)</b> <b>11:00 Pilate's (C3)</b> <b>11:00 Group Outing: Restaurant (L)</b> <b>11:15 Group Exercise (TR)</b> <b>1:30 YMCA Virtual Chair Yoga Class (TR)</b> <b>2:00 Tory's Precious Pets Visit (CR)</b> <b>2:00 Mahjong Game Club (B)</b> <b>6:00 Living-Room Symphony (C3)</b>	<b>10:00 Catholic Service &amp; Communion (CR)</b> <b>11:15 Group Exercise (TR)</b> <b>11:20 Pilates (C3)</b> <b>1:00 Movie Matinee (T)</b> <b>3:00 Happy Hour (B)</b>	<b>9:30 Sitting or Standing Tai Chi (C3)</b> <b>11:00 Livingroom Concert (C3)</b> <b>1:00 Chair Yoga (C3)</b> <b>2:00 Independent Games/Puzzles/Cards Group (GR)</b> <b>3:00 Classic Film or Musical (C3)</b>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Happy Birthday Marilyn L!</p> <p>10:00 Mount Olivet Worship Livestream (T)</p> <p>10:00 Danish Delight &amp; Coffee (T)</p> <p>12:00 Our Lady of Grace Church Service (C29)</p> <p>1:00 Westminster Presbyterian Service (C29)</p> <p>2:00 Contemporary Lutheran Worship St. Andrews Church (C29)</p>	<p>21 Earth Day &amp; Passover Begins!</p> <p>11:00 Upper Body Stretching (C3)</p> <p>11:15 Group Exercise (TR)</p> <p>1:30 Earth Day Flower Painting Class w/Brooke (CR)</p> <p>3:45 Bingo (CR)</p>	<p>22 10:00 Donut Dash &amp; Coffee (B)</p> <p>10:30 Brain Training (C3)</p> <p>11:00 Chaplain Craig 1:1 Visits</p> <p>11:00 Leg Exercises (C3)</p> <p>11:15 Group Exercise (TR)</p> <p>1:30 Flower Bouquets (CR)</p> <p>1:45 YMCA Virtual Tai Chi Class (TR)</p> <p>2:00 Individual Outing: Cub Foods (L)</p> <p>6:15 Evening Movie (T)</p>	<p>23 Happy Birthday Vincent W!</p> <p>11:00 Full Body Exercise (C3)</p> <p>11:15 Group Exercise (TR)</p> <p>2:00 Birthday Party Live Entertainment: Pianist Orv Pibbs (CR)</p> <p>2:00 Healing Touch (By Appointment w/Carrie)</p> <p>3:30 Christian Worship (CR)</p> <p>6:30 Mahjong Game Club (B)</p>	<p>24 10:00 Bagel Break &amp; Coffee (B)</p> <p>10:30 Brain Training (C3)</p> <p>11:00 Pilate's (C3)</p> <p>11:15 Group Exercise (TR)</p> <p>1:30 YMCA Virtual Chair Yoga Class (TR)</p> <p>2:00 Group Wii Bowling w/Nate (CR)</p> <p>2:00 Mahjong Game Club (B)</p> <p>6:00 Living-Room Symphony (C3)</p>	<p>25 Happy Birthday Edna Joan W &amp; Maxine W!</p> <p>10:00 Catholic Service &amp; Communion (CR)</p> <p>11:15 Group Exercise (TR)</p> <p>11:20 Pilates (C3)</p> <p>1:00 Resident Talk: Glen Keener (B)</p> <p>3:00 Happy Hour (B)</p>	<p>26 9:30 Sitting or Standing Tai Chi (C3)</p> <p>11:00 Livingroom Concert (C3)</p> <p>1:00 Chair Yoga (C3)</p> <p>2:00 Independent Games/Puzzles/Cards Group (GR)</p> <p>3:00 Classic Film or Musical (C3)</p>
<p>28 10:00 Mount Olivet Worship Livestream (T)</p> <p>10:00 Danish Delight &amp; Coffee (T)</p> <p>12:00 Our Lady of Grace Church Service (C29)</p> <p>1:00 Westminster Presbyterian Service (C29)</p> <p>2:00 Contemporary Lutheran Worship St. Andrews Church (C29)</p>	<p>29 11:00 Upper Body Stretching (C3)</p> <p>11:15 Group Exercise (TR)</p> <p>2:00 Live Entertainment: Russel Music (CR)</p> <p>3:45 Bingo (CR)</p>	<p>30 10:00 Donut Dash &amp; Coffee (B)</p> <p>10:30 Brain Training (C3)</p> <p>11:00 Chaplain Craig 1:1 Visits</p> <p>11:00 Leg Exercises (C3)</p> <p>11:15 Group Exercise (TR)</p> <p>1:30 Flower Bouquets (CR)</p> <p>1:45 YMCA Virtual Tai Chi Class (TR)</p> <p>2:00 Individual Outing: Lund's &amp; Byerly's (L)</p> <p>6:15 Evening Movie (T)</p>	<p>Green = TV Only Programs</p> <p>Blue = Performances &amp; Special Events</p> <p>Red = Independent Programs</p>			