

April
2024

Arcadia
SENIOR LIVING
Clarksville

Letter from Executive Director

Resident Birthdays

Julia G. 4-6
James H. 4-15
Robert "Bob" L. 4-16
Yvonne B. 4-18

Employee Birthdays

Karla B. 4-3
Sharon H. 4-3
Ainsley R. 4-24
Wayne D. 4-26

Save the Date

April Fool's Day 4-1
Dulcimer Group 4-12
Pam Weston 4-12
Chapel Hill Social 4-12
Earth Day 4-22

April has a spiritual meaning which is a time of growth and moving forward in new and positive ways.

There are two flowers signifying the month of April which are the daisy and the sweet pea. The daisy symbolizes innocence, loyal, love, and purity, but it also means "I'll never tell!" Today there are more than 90 varieties of flowers that are called daisies, and they come in red, yellow, purple, orange, blue, and pink colored petals, and vary widely in size. Nora Ephron director/writer once wrote they are "the friendliest flower." The sweet pea signifies blissful pleasure and is used to say goodbye. Sweet peas are a pretty flower, but they are also one of the oldest food crops on our planet and were domesticated by humans about 11,000 years ago. The diamond is the birthstone for those born in April, one of the hardest substances on earth, and one that formed deep in the earth. Diamonds are said to bring benefits to their owners such as better relationships and an increase in inner strength. They are believed to bring balance, clarity, and abundance, and to be a symbol of eternal love and the bringer of wealth. We will start to see the flowers being planted and the ferns hung. As we saw in March, more will be enjoying the outdoors because of the warm weather and sunshine. Our spirits seem to rise when we can get out without being so bundled up with clothing or cooped up indoors. Our Arcadia family is amazing and continues to grow. It is a blessing to be a part of this community. I can't wait to see us get to be outside enjoying the warm temperatures, sunshine, and each other's company.

Sheila Dickmann, Executive Director

Don't wait for someone to bring you flowers. Plant your own garden and decorate your own soul.

-Luther Burbank

March Activities Captured



We marched right on through March and into April, and to a gardener this is the most wonderful time of the year. We've had many fun days which included our birthday party, painting social with Jayla at Color Your Home, our quarterly senior fitness testing with Select Rehab, and our monthly lunch outing to Head's BBQ.

Open Arms News



We've had a fun filled March from painting to a St. Patrick's Day Party! We enjoyed decorating our Open Arms area related to the theme of the week. April just may be the most wonderful time of the year, especially since we love to plant vegetables and flowers in our garden! With the warmer weather approaching we will be doing a lot of outside activities! Check out our Facebook page for more details and pictures.

Residents Highlight

Ms. Connie spent most of her childhood in Cheatham County before moving to Nashville to attend college. While enrolled in school she had to overcome all odds while World War II was going on. After she graduated from school, she then worked for the VA Medical Center for a few years before she married her husband and moved to Louisville, Ky. After staying in Louisville for 22 years, she moved back to Nashville and continued to work before retiring. Once Connie retired, she then moved to Clarksville to be closer to family. Ms. Connie enjoys reading, watching tv, and working word puzzles.



Connie Meyers

Welcome to Arcadia!



Dr. Felts and Mrs. Patsy join us from a small town in Macon, Georgia just south of Atlanta. Dr. Felts graduated from high school and went on to Mercer University to continue his studies while Mrs. Patsy stayed home. Once Dr. Felts graduated from Mercer University, he worked as an intern in Mobile, AL before moving to Louisville, Ky to continue his schooling. They had a six-month-old daughter by that time. After graduation he was called to Lakeland College in Wauchula, FL. In 1978, they moved to Clarksville to be closer to their family. Together they have two daughters, 11 grandchildren, and 19 great grandchildren with one on the way! They both enjoy puzzles, exercising, traveling, and meeting new people.

Welcome to Arcadia!

Pasty and Felts Dent

Mr. and Mrs. Purrington met on a blind date in Anne Arundel County, Maryland where Mr. Peter was stationed while serving in the Army. Before joining the Army, Peter completed four years of medical engineering in college while Elaine became a registered nurse and worked at the Lutheran Hospital in Baltimore, Maryland. After serving ten years in the military, they moved to Wilmington, NC and stayed for 23 years before moving to Clarksville. Together they have three sons and seven grandchildren and enjoy every moment they get to spend with them. Mrs. Elaine enjoys card games and crocheting while Mr. Peter enjoys card games and good conversations with good company.

Welcome to Arcadia!



Peter and Elaine Purrington

Your Team

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More Info

Arcadia's Way



Don't forget to stop by the front desk and nominate a staff member who exemplifies the qualities and values of teamwork, accountability, integrity, respect, and safety. If you need assistance please ask a manager. We will be announcing our 1st Quarter Ambassador for the new year in mid April.



Visit our website at www.arcadiaclarksville.com and give us a google review. We would love to hear from you!

Like and follow us on Facebook for more photos and updates at Arcadia Clarksville!

