

April
2024



Arcadia

SENIOR LIVING

Pace

Resident Birthdays

George Moulthrop - 3rd
Laura Frye - 9th
Barbara Whitney - 22nd
Dollie McMillion - 23rd

Employee Birthdays

Donna Letrud - 10th
Chloe Vettel - 16th
Joy Frost - 17th



Save the Date

Resident Council - 9th
Culinary Council - 18th
Arcadia Store - 30th
March Birthday Party - 30th

Letter from Executive Director

Happy Spring Everyone!



"April Showers Bring May Flowers!" What a wonderful time of the year. We can truly feel the weather getting warmer and the air is full of possibilities. We got to "Spring Forward" last month and that has given us longer days to enjoy the sunshine. We had some spectacular activities last month including our Easter luncheon, many outings to eat and live entertainment.

I just wanted to remind our families that if you need to hire a sitter to be with your family member, Arcadia policy does not allow current or PREVIOUS employees to do this. There are always exceptions to the rule, but they must be approved by the Executive Director beforehand.

Our Arcadia community is growing! You may have noticed some new additions to our home. We are so happy to extend a warm welcome to our new residents. We hope you all feel very much at home, and we look forward to getting to know each of you!

I wanted to remind everyone that we are fortunate enough to have Action Therapy in our building on the second floor. I am sure most of you have met or least seen the Action therapists in the building. If you get a chance, stop by, and visit with them. They are available to assist in all types of therapy.

I hope everyone has a wonderful month. April showers bring much more than May flowers! Spring brings hope. Let's move past these winter blues and soak in the sunshine!

Sincerely,
Carol Ettelson



Resident Spotlight

Donald Cripps was born in West Townshend, Vermont on September 12th, 1929. He has one sister, and one brother who has passed on. Donald lived in Vermont until he was 4 years old, then moved to Pensacola, FL with his family. He went into the Army when he was just 17 years old, and became a trained paratrooper, serving for 6 years. He traveled to Korea to participate in two combat jumps, as well as many training jumps. Donald returned to Vermont with his family and remained a civilian for a year and half. After attempts to rejoin the Army, he joined the Navy as an aircraft mechanic for another 17 years. He was in Europe working on aircraft carrier (USSN Carrier Enterprise) when he got word to come back to the US because two planes got shot over Cuba, so he packed up, and headed there to help fix some of the planes. Donald came face to face with a ship from Russia trying to build missile launches in Cuba and they got sent back to Russia.



Donald met his wife before he went into the Navy. They went to the same high school but didn't know each other very well at that time but they easily reunited and later got married. They were married for 32 years until she passed away. They adopted two children 4 years apart from each other. Dawn is the oldest and Kellie is youngest. They raised their children in Pensacola and Virginia. After he retired from the Navy, he went to Saudi Arabia and did aircraft work for different companies for 5 1/2 years. Returning to the U.S. he worked as an aircraft mechanic at Whiting Field on helicopters until he retired 5 years later. Donald realized parachuting/skydiving was his main passion and joined a group. He trained himself and later trained individuals that were wanting to learn to skydive. Over 12 years with the group he accomplished over 4000 skydives in accordance with USPA rules and regulations and over 5000 jumps combined with his military jumps. He holds the Guinness world record for jumping with a parachute from the New River Bridge at 85 years old. Some of his hobbies include target shooting, hunting, a little bit of fishing, but his top favorite hobby was always skydiving.

"Gnome on the Roam"



Starting April 1st,

Gnome on the Roam continues! Much like "Elf/Santa on the Shelf," we will be hiding this "Gnome" somewhere throughout the building each morning. It will not be in any personal bedrooms, bathrooms, or outside. If you so happen to find the "Gnome," pick it up and bring it to Chloe, Hailie, or the Concierge for a golden ticket! We will be hiding our "Gnome" for all holiday seasons!

However, our Spring Gnome will only be roaming through the end of April. The Gnome pictured to the left is the only gnome we will accept. Stay tuned for more "Gnome on the Roam" updates. Good luck everyone!

Keeping Up with the Arcadians



Your Team

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More Info

Don't forget to fill out nomination forms for any staff you believe go above and beyond for the Arcadia Ambassadors! Nomination forms are at the front desk.

SPREAD THE WORD

Your opinion matters so please write a review
www.ArcadiaPace.com
choose **REVIEWS** and post your comments or experience.

THANK YOU

