

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

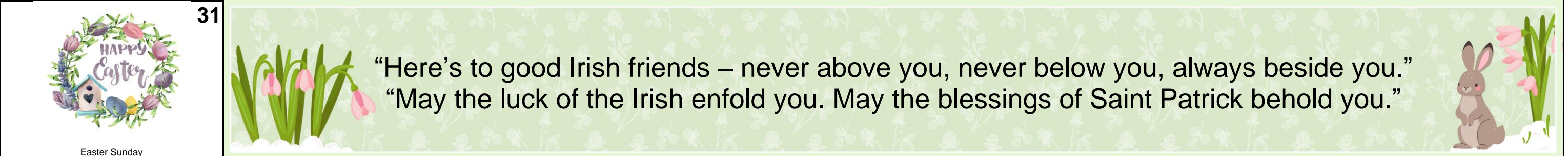
March 2024
Winding Commons Senior Living



 <p>3</p>	<p>4</p> <p>9:00am Full Body Exercise-ER 10:00am Pretty & Practical Goods Vendor-L 1:00pm Word Makers-ER 2:00pm Bridge-MR 2:30pm Beanbag Baseball-ER</p>	<p>5</p> <p>9:00am Full Body Exercise-ER 9:45am Alpha One Blood Pressure-MR 11:45am Beanbag Baseball Competition at Roseville Commons 6:30pm Bingo w/Donna-MR</p>	<p>6</p> <p>ACTIVITY RAFFLE 9:00am Full Body Exercise-ER 11:00am Resident Birthday Brunch Celebration-DR 1:00pm Spanish w/Ruthie 2:30pm Happy Hour w/ Curt Stoffel 6:30pm Trivia w/Kay-MR</p>	<p>7</p> <p>9:00am Yoga w/Tracy-ER 9:30am Wii Bowling-MR 2:00pm Speed Bingo-MR</p>	<p>8</p> <p>9:00am Yoga w/Tracy-ER 1:00pm Pokeno w/Kay-MR 2:45pm Resident Wine Social-MR 6:30pm Bingo w/Donna-MR</p>	<p>9</p> <p>9:30am Full Body Exercise-ER 1:00pm Sequence w/Willard-MR 2:30pm Cornhole-ER</p>
<p>1:00pm Bunco-MR</p>  <p>Ramadan Begins Daylight Saving Time Begins</p> <p>10</p>	<p>11</p> <p>9:00am Full Body Exercise-ER 1:00pm Paratransit Informational Presentation-MR 1:00pm Word Makers-ER 2:00pm Bridge-MR 2:30pm Indoor Golf-ER</p>	<p>12</p> <p>9:00am Full Body Exercise-ER 9:45am Thunder Valley Casino (Lincoln) 6:30pm Bingo w/Donna-MR</p>	<p>13</p> <p>9:00am Full Body Exercise-ER 12:30pm Ping Pong Battle-ER 1:00pm Spanish w/Ruthie 2:30pm Happy Hour w/ The Martin & Monroe Show *NEW* 6:30pm Trivia w/Kay-MR</p>	<p>Happy Birthday Joy & Lindy</p> <p>14</p> <p>9:00am Yoga w/Tracy-ER 9:30am Wii Bowling-MR 1:00pm Craft Class w/Patti-CR</p>	<p>15</p> <p>9:00am Yoga w/Tracy-ER 1:00pm Pokeno w/Kay-MR 2:45pm Resident Wine Social-MR 6:30pm Bingo w/Donna-MR</p>	<p>16</p> <p>9:30am Full Body Exercise-ER 1:00pm Sequence w/Willard-MR 2:30pm Chair Volleyball-ER</p>
<p>Happy St. Patrick's Day</p>  <p>St. Patrick's Day</p> <p>17</p>	<p>Happy Birthday Dana</p> <p>18</p> <p>9:00am Full Body Exercise-ER 1:00pm Word Makers-ER 2:00pm Bridge-MR 2:30pm Beanbag Baseball-ER</p>	<p>Happy Birthday Phyllis M & Joan C</p> <p>19</p> <p>9:00am Full Body Exercise-ER 9:45am Alpha One Blood Pressure-MR 6:30pm Bingo w/Donna-MR</p> <p>Spring Begins</p>	<p>20</p> <p>9:00am Full Body Exercise-ER 1:00pm Spanish w/Ruthie 2:30pm Happy Hour w/ Peter Morgan 6:30pm Trivia w/Kay-MR</p>	<p>21</p> <p>9:00am Yoga w/Tracy-ER 9:30am Wii Bowling-MR 9:30am Nimbus Fish Hatchery + Land Ocean Grill Lunch (Folsom) 1:00pm Poker Walk-MR</p>	<p>22</p> <p>9:00am Yoga w/Tracy-ER 1:00pm Pokeno w/Kay-MR 2:45pm Resident Wine Social-MR 6:30pm Bingo w/Donna-MR</p>	<p>23</p> <p>9:30am Full Body Exercise-ER 1:00pm Sequence w/Willard-MR 2:30pm Cornhole-ER</p> <p>Purim Begins</p>
<p>1:00pm Bunco-MR</p>  <p>Palm Sunday</p> <p>24</p>	<p>25</p> <p>9:00am Full Body Exercise-ER 1:00pm Word Makers-ER 2:00pm Bridge-MR 2:30pm Indoor Golf-ER</p>	<p>26</p> <p>9:00am Full Body Exercise-ER 12:00pm Target Shopping Trip 1:00pm Bookmobile-EPL 6:30pm Bingo w/Donna-MR</p>	<p>27</p> <p>9:00am Full Body Exercise-ER 12:30pm Ping Pong Battle-ER 1:00pm Spanish w/Ruthie 2:30pm Happy Hour w/ Michelle Devol 6:30pm Trivia w/Kay-MR</p>	<p>28</p> <p>9:00am Yoga w/Tracy-ER 9:30am Wii Bowling-MR 1:30pm Teaching Kitchen w/Chef Jen-DR</p>	<p>29</p> <p>9:00am Yoga w/Tracy-ER 1:00pm Pokeno w/Kay-MR 2:45pm Resident Wine Social-MR 6:30pm Bingo w/Donna-MR</p> <p>Easter Egg Hunt</p>	<p>30</p> <p>9:30am Full Body Exercise-ER 1:00pm Sequence w/Willard-MR 2:30pm Chair Volleyball-ER</p>

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HAPPY Easter



Easter Sunday

“Here’s to good Irish friends – never above you, never below you, always beside you.”
“May the luck of the Irish enfold you. May the blessings of Saint Patrick behold you.”

ER=Exercise Room, MR=Media Room, PL=Parking Lot, 2FLIB=2nd Floor Library, L=Lobby, DR=Dining Room, CR=Craft Room, GR=Game Room, FPL=Front Parking Lot – All activities are subject to change