

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

MARCH 2024

"May your troubles be less, and your blessings be more,
and nothing but happiness come through your door,"



1:00 Mexican Train-AC
6:30 Movie-L/T: **Amazon Leap Year**
2010 1h 40m PG-13

3 9:00 Stretch & Balance w/Tom Avenell-CL
10:00 Shopping: Dollar Tree-L
1:00 Knit Pickers-AC
1:00 Rummikub-GR
1:15 Bank Runs-L
2:30 Sing Along w/Sue & Bev-CL

4 9:00 Music in Motion w/Rowena Alberto-CL
10:00 Blank Slate w/Tonya-GR
1:00 Shuffleboard-AC
2:30 Chronology Game-GR
4:00 Resident Wine Social-AC
*Bring: Wine, Glass, & Snacks

5 9:15 Physical Therapy w/Campus Commons PT-CL
10:45 Outing: Mid-Town Sac Westminster Church Music at Noon & Packed Lunches-L
1:00 Bingo w/Paige-AC
2:30 Paint & Sip w/Teresa-AC
7:00 Bookworms Book Club-L/T

6 9:00 Weights & Balance w/Tonya-CL
1:00 Rummikub-GR
2:00 Mexican Train-AC
6:30 Theatre Thursday-L/T **Rebel Without A Cause**
1955 1h 41m

7 9:00 Weights & Balance w/Tonya-CL
9:00-1:00 Chair Massage w/Kevin McLachlan-BS
1:00 Trivia w/Victoria D.-AC
2:15-3:30 Happy Hour: w/Gene Thorpe-CL
6:15 Rummikub-GR

8 1:00 Bingo w/Christa H.-AC
1:00 Presentation: Tax Seminar w/Guest Speaker Surekha Vaidya

1:00 Mexican Train-AC
6:30 Movie-L/T: **Netflix My All American**
2015 1h 58m PG

10 9:00 Stretch & Balance w/Tom Avenell-CL
10:00 Shopping: Target-L
1:00 Knit Pickers-AC
1:00 Rummikub-GR
1:15 Bank Runs-L
2:30 Wii Bowling-AC

11 9:00 Music in Motion w/Rowena Alberto-CL
10:00 Blank Slate w/Tonya-GR
1:00 Encore w/Victoria-GR
2:00 Bookmobile-PL
2:00 Assorted Card Making w/Ginny J.-AC
4:00 Resident Wine Social-AC
*Bring: Wine, Glass, & Snacks

12 9:00 Weights & Balance w/Tonya-CL
11:00 Outing: Roseville Boxing Donkey Irish Pub-L
1:00 Bingo w/Paige-AC
2:30 Spanish Class w/Mary K.-GR

13 9:00 Weights & Balance w/Tonya-CL
10:50 Birthday Group Photo-AC
11:00 March Birthday Brunch Celebration-DR
1:00 Rummikub-GR
1:30 Presentation: Paratransit w/Guest Speaker Bill LaFord-CL
2:00 Mexican Train-AC
2:30 Writer's Group-GR
6:30 Theatre Thursday-L/T **The Quiet Man** 1952 2h 9m

14 9:00 Chair Yoga w/Diane Holland-CL
1:00 Wii Bowling-AC
2:15-3:30 Happy Hour w/Sean O'Brien-CL
6:15 Rummikub-GR

15 1:00 Bingo w/Christa H.-AC

1:00 Mexican Train-AC
6:30 Movie-L/T: **Amazon Brooklyn**
2015 1h 51m R

17 9:00 Stretch & Balance w/Tom Avenell-CL
10:00 Shopping: Walmart-L
1:00 Knit Pickers-AC
1:00 Rummikub-GR
1:15 Bank Runs-L
2:30 Sing Along w/Sue & Bev-CL

18 9:00 Music in Motion w/Rowena Alberto-CL
10:00 Blank Slate w/Tonya-GR
1:00 Activities Talk/Feedback w/Tonya-CL
2:30 Chronology Game-GR
4:00 Resident Wine Social-AC
*Bring: Wine, Glass, & Snacks

19 9:15 Physical Therapy w/Campus Commons PT-CL
9:45 Outing: Sacramento Pancake Circus (Breakfast)-L
1:00 Bingo w/Paige-AC
2:00 Horse Races (Doors Open) for Snacks, Drinks, & Bidding
2:30 Horse Races (Starting Time) w/Karen & Tonya-CL
*Take friends for extra tickets

20 9:00 Weights & Balance w/Tonya-CL
9:45 Outing: Gold River Nimbus Fish Hatchery & Lunch: Land Ocean-L
10:30 Ceramic Class w/Claudia Hiles-AC
1:00 Rummikub-GR
2:00 Mexican Train-AC
6:30 Theatre Thursday-L/T **Gilda** 1946 1h 50m

21 9:00 Weights & Balance w/Tonya-CL
9:00-12:00 Chair Massage w/Kevin McLachlan-BS
1:00 Trivia w/Victoria D.-AC
2:15-3:30 Happy Hour: w/Songbird Trio-CL
6:15 Rummikub-GR

22 1:00 Bingo w/Christa H.-AC

1:00 Mexican Train-AC
6:30 Movie-L/T: **Amazon Woman in Gold**
2015 1h 48m PG

24 9:00 Stretch & Balance w/Tom Avenell-CL
10:00 Shopping: Trader Joe's-L
1:00 Knit Pickers-AC
1:00 Rummikub-GR
1:15 Bank Runs-L
2:30 Wii Bowling-AC

25 9:00 Music in Motion w/Rowena Alberto-CL
10:00 Blank Slate w/Tonya-GR
1:00 Encore w/Victoria-GR
2:00 Prize Bingo w/Deanna-CL
4:00 Resident Wine Social-AC
*Bring: Wine, Glass, & Snacks

26 9:00 Weights & Balance w/Tonya-CL
9:45 Outing: Sacramento CA. Automobile Museum & Lunch: Mel's Diner-L
1:00 Bingo w/Paige-AC
2:30 Spanish Class w/Mary K.-GR

27 9:00 Weights & Balance w/Tonya-CL
1:00 Rummikub-GR
2:00 Mexican Train-AC
2:30 Writer's Group-GR
6:30 Theatre Thursday-L/T **Till The Clouds Roll By**
1946 2h 15m

28 9:00 Chair Yoga w/Diane Holland-CL
1:00 Wii Bowling-AC
2:15-3:30 Happy Hour w/Todd Morgan-CL
6:15 Rummikub-GR

29 1:00 Bingo w/Christa H.-AC

1:00 Mexican Train-AC
6:30 Movie-L/T: **Amazon Love and Friendship**
2016 1h 33m PG

31

Campus Commons Senior Living

Worry Less... Smile More 😊

AC=ACTIVITY CENTER, BS=BEAUTY SALON, CL=CABARET LOUNGE, CC=COMPUTER CENTER, DR=DINING ROOM, GR=GAME ROOM, L/T=LIBRARY/THEATRE, L=LOBBY, PA=POND AREA *All Activities are subject to change.