









Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:00 Stretch & Balance w/Tom Avenell-CL <b>1</b> <b>10:00 Shopping: Dollar Tree-L</b> 1:00 Knit Pickers-AC 1:00 Rummikub-GR 1:15 Bank Runs-L 2:30 Sing Along w/Sue & Bev-CL 	9:00 Music in Motion w/Rowena Alberto-CL <b>2</b> 10:00 Blank Slate w/Tonya-GR 1:00 Shuffleboard-AC 2:30 Chronology Game-GR 4:00 Resident Wine Social-AC *Bring: Wine, Glass, & Snacks	9:15 Physical Therapy w/Campus Commons PT-CL <b>3</b> <b>10:00 Outing: Elk Grove Sky River Casino &amp; Lunch On-Site Eateries-L</b> 1:00 Bingo w/Paige-AC <b>2:30 Paint &amp; Sip w/Teresa-AC</b> 7:00 Bookworms Book Club-L/T	9:00 Weights & Balance w/Tonya-CL <b>4</b> 1:00 Rummikub-GR 2:00 Mexican Train-AC <b>6:30 Theatre Thursday-L/T April Showers</b> 1948 1h 34m	9:00 Weights & Balance w/Tonya-CL <b>5</b> 1:00 Wii Bowling-AC <b>2:15-3:30 Happy Hour: w/Lori Sacco-CL</b> 6:15 Rummikub-GR	1:00 Bingo w/Christa H.-AC <b>6</b> 
1:00 Mexican Train-AC <b>7</b> <b>6:30 Movie-L/T: The Lightkeepers</b> 2010 1h 32m PG	9:00 Stretch & Balance w/Tom Avenell-CL <b>8</b> <b>10:00 Shopping: Trader Joe's-L</b> <b>10:00 Total Solar Eclipse Viewing-3rd Floor Terrace</b> 1:00 Knit Pickers-AC 1:00 Rummikub-GR 1:15 Bank Runs-L 2:30 Wii Bowling-AC	9:00 Music in Motion w/Rowena Alberto-CL <b>9</b> 10:00 Blank Slate w/Tonya-GR 1:00 Encore w/Victoria-GR <b>2:00 Bookmobile-PL</b> <b>2:00 Assorted Card Making w/Ginny J.-AC</b> 4:00 Resident Wine Social-AC *Bring: Wine, Glass, & Snacks	9:00 Weights & Balance w/Tonya-CL <b>10</b> <b>11:00 Outing: Sacramento CA. State Capital Museum-L</b> 1:00 Bingo w/Paige-AC 2:30 Spanish Class w/Mary K.-GR	9:00 Weights & Balance w/Tonya-CL <b>11</b> <b>10:50 Birthday Group Photo-AC</b> <b>11:00 March Birthday Brunch Celebration-DR</b> 1:00 Rummikub-GR <b>2:00 Presentation: Hydration Comfort Keepers-CL</b> 2:00 Mexican Train-AC 2:30 Writer's Group-GR <b>6:30 Theatre Thursday-L/T Andre Rieu Live in Bahrain</b> 2023 1h 3m	9:00 Chair Yoga w/Diane Holland-CL <b>12</b> <b>9:00 Chair Massage w/Kevin McLachlan-BS</b> 1:00 Trivia w/Victoria D.-AC <b>2:15-3:30 Happy Hour: w/The Deleon's-CL</b> 6:15 Rummikub-GR	1:00 Bingo w/Christa H.-AC <b>13</b> 
1:00 Mexican Train-AC <b>14</b> <b>6:30 Movie-L/T: Amazon Somewhere in Time</b> 1980 1h 43m PG	9:00 Stretch & Balance w/Tom Avenell-CL <b>15</b> <b>10:00 Shopping: TJ Maxx &amp; Ross-L</b> <b>11:00 Vendor: Marie Macchia w/Never Enough Jewelry-L</b> 1:00 Knit Pickers-AC 1:00 Rummikub-GR 1:15 Bank Runs-L <b>2:00 Activities Talk/Feedback w/Tonya-CL</b>	9:00 Music in Motion w/Rowena Alberto-CL <b>16</b> 10:00 Blank Slate w/Tonya-GR 1:00 Shuffleboard-AC <b>2:00 Educational Seminar: The Women of World War II w/Speaker: Carolyn Martin-CL</b> 2:30 Chronology Game-GR 4:00 Resident Wine Social-AC *Bring: Wine, Glass, & Snacks	9:15 Physical Therapy w/Campus Commons PT-CL <b>17</b> <b>10:45 Outing: Mid-Town Sac Westminster Church Music at Noon &amp; Packed Lunch-L</b> 1:00 Bingo w/Paige-AC <b>2:00 Horse Races (Doors Open) for Snacks, Drinks, &amp; Bidding w/Karen &amp; Tonya-CL</b> <b>*Take friends for extra tickets</b>	9:00 Weights & Balance w/Tonya-CL <b>18</b> <b>11:00 Outing: Carmichael Fellowship Luncheon &amp; Bingo-Time w/Winding Commons-L</b> <b>10:30 Ceramic Class w/Claudia Hiles-AC</b> 1:00 Rummikub-GR 2:00 Mexican Train-AC <b>6:30 Theatre Thursday-L/T Flying Dreams: Women Airforce Pilots of WWII (Real Stories)</b> 2020 51m	9:00 Weights & Balance w/Tonya-CL <b>19</b> 1:00 Wii Bowling-AC <b>2:15-3:30 Happy Hour w/Evening Star Band-CL</b> 6:15 Rummikub-GR	1:00 Bingo w/Christa H.-AC <b>20</b> 
1:00 Mexican Train-AC <b>21</b> <b>6:30 Movie-L/T: Overboard</b> 1987 1h 52m PG	9:00 Stretch & Balance w/Tom Avenell-CL <b>22</b> <b>10:00 Shopping: Target-L</b> 1:00 Knit Pickers-AC 1:00 Rummikub-GR 1:15 Bank Runs-L 2:30 Wii Bowling-AC  Passover Begins Earth Day	9:00 Music in Motion w/Rowena Alberto-CL <b>23</b> 10:00 Blank Slate w/Tonya-GR 1:00 Encore w/Victoria-GR <b>1:00 Open House: Tours</b> <b>2:00 Performance by the Aries Moon Circus-CL</b> 4:00 Resident Wine Social-AC *Bring: Wine, Glass, & Snacks	9:00 Weights & Balance w/Tonya-CL <b>24</b> <b>10:50 Outing: Roseville The Boxing Donkey-L</b> 1:00 Bingo w/Paige-AC 2:30 Spanish Class w/Mary K.-GR  Administrative Professionals Day	9:00 Weights & Balance w/Tonya-CL <b>25</b> 1:00 Rummikub-GR 2:00 Mexican Train-AC 2:30 Writer's Group-GR <b>6:30 Theatre Thursday-L/T High Noon</b> 1952 1h 25m	9:00 Chair Yoga w/Diane Holland-CL <b>26</b> <b>9:00 Chair Massage w/Kevin McLachlan-BS</b> 1:00 Trivia w/Victoria D.-AC <b>2:15-3:30 Happy Hour: w/Happy Trails Duo-CL</b> 6:15 Rummikub-GR  Arbor Day 	1:00 Bingo w/Christa H.-AC <b>27</b> 
1:00 Mexican Train-AC <b>28</b> <b>6:30 Movie-L/T: Amazon The Notebook</b> 2004 2h 1m PG-13	9:00 Stretch & Balance w/Tom Avenell-CL <b>29</b> <b>10:00 Shopping: Pavilions Shopping Center-L</b> <b>10:00 Glass Class: Pendants w/Deanna-CL</b> 1:00 Knit Pickers-AC 1:00 Rummikub-GR 1:15 Bank Runs-L <b>2:00 Glass Class: Magnets w/Deanna-CL</b>	9:00 Music in Motion w/Rowena Alberto-CL <b>30</b> 10:00 Blank Slate w/Tonya-GR 1:00 Shuffleboard-AC <b>2:00 Prize "Speed" Bingo w/Deanna-CL</b> 4:00 Resident Wine Social-AC *Bring: Wine, Glass, & Snacks				

AC=ACTIVITY CENTER, BS=BEAUTY SALON, CL=CABARET LOUNGE, CC=COMPUTER CENTER, DR=DINING ROOM, GR=GAME ROOM, L/T=LIBRARY/THEATRE, L=LOBBY, PA=POND AREA \*All Activities are subject to change.