

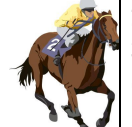



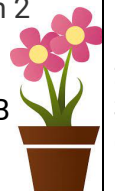





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>***APRIL FOOL'S DAY*** 1</b> 9:00 Qi Gong DVD - RR 10:00 Seated Exercise - RR 11:00 Tai Chi DVD - RR 12:00 Wii Bowling Session 1 - RR 12:30 Wii Bowling Session 2 - RR 2:30 <b>Horse Races</b> - RR <i>Come Place Your Bets!</i> 3:30 Lucky Numbers Game - LB 6:00 Puzzle Hour - LB	<b>2</b> 9:00 Tai Chi DVD - RR 10:00 Seated Exercise - RR 11:00 <b>Name that Tune with Piano Man Dan</b> - RR 1:00 Sports Club - Come Discuss Your Favorite Teams - RR 2:30 Bean Bag Baseball - RR 6:00 Yahtzee Hour - RR 	<b>*DORIS DAY BIRTHDAY* 3</b> 9:00 Qi Gong DVD - RR 10:00 Seated Exercise - RR 11:00 <b>Activity Talk with Ginger: Come Help Plan for May</b> 1:00 POKENO - RR 2:30 Afternoon Bingo - RR 3:30 Doris Day Biography - RR 6:00 Residents Card Night - LB	<b>4</b> 9:00 <b>Bus Outing: Folsom Zoo &amp; Picnic Lunch</b> 9:00 Tai Chi DVD - RR 9:00 Catholic Communion - CH 10:00 Seated Exercise - RR 12:00 Wii Bowling Session 1 - RR 12:30 Wii Bowling Session 2 - RR 2:30 <b>Happy Hour: Alincia</b> - RR 6:00 Bingo with Lori - RR	<b>*BETTE DAVIS BIRTHDAY* 5</b> 9:00 <b>Outing- Empire Mine State Park &amp; Local Lunch</b> 9:00 Qi Gong DVD - RR 10:00 Seated Exercise - RR 1:00 Bette Davis: Hollywood Greats - RR 3:00 Afternoon Bingo - RR 6:00 Friday Night Movie - RR	<b>6</b> 9:00 Tai Chi DVD - RR 10:00 Seated Exercise - RR 11:00 Seated Yoga DVD - RR 1:00 Wii Bowling Session 1 - RR 1:30 Wii Bowling Session 2 - RR 2:30 Crossword Puzzle Club - RR 6:00 Saturday Night Movie - RR
<b>7</b> 9:00 Tai Chi DVD - RR 10:00 Seated Exercise - RR 10:00 Brain Teasers - RR 11:00 Seated Yoga DVD - RR 1:00 Matinee Movie - RR with Popcorn 6:00 Bingo with Lori - RR	<b>8</b> 9:00 Qi Gong DVD - RR 10:00 Seated Exercise - RR 11:00 Tai Chi DVD - RR 12:00 Wii Bowling Session 1 - RR 12:30 Wii Bowling Session 2 - RR 1:30 <b>Presentation by Joel Segal: Metals and Me</b> 2:30 <b>Horse Races</b> - RR 6:00 Puzzle Hour - LB 	<b>*WINSTON CHURCHILL DAY* 9</b> 9:00 Tai Chi DVD - RR 10:00 Seated Exercise - RR 11:00 Seated Massages - CR 1:00 The Life of Winston Churchill - RR 1:30 <b>Hearing Aid Checks</b> - LB 2:30 Bean Bag Baseball - RR 3:30 NASA Astronaut History 6:00 Yahtzee Hour - RR	<b>*JOHN MADDEN BIRTHDAY* 10</b> 9:00 Qi Gong DVD - RR 9:00 Bible Study & Worship - CH 10:00 Seated Exercise - RR 10:45 Walking Club with Ginger 11:00 Tai Chi DVD - RR 1:00 POKENO - RR 2:30 Afternoon Bingo - RR 3:30 Football Life: John Madden 6:00 Residents Card Night - RR	<b>11</b> 9:00 Tai Chi DVD - RR 9:00 Catholic Communion - CH 10:00 Seated Exercise - RR 12:00 Wii Bowling Session 1 - RR 12:30 Wii Bowling Session 2 - RR 12:30 <b>Ceramics Class</b> - CR 2:30 <b>Happy Hour &amp; Music with Todd Morgan</b> - RR 6:00 Bingo with Lori - RR	<b>***DAVID CASSIDY B-DAY*** 12</b> 9:00 <b>Outing- Horton Iris Farm &amp; Lunch at Ugly Mug Cafe</b> 9:00 Qi Gong DVD - RR 10:00 Seated Exercise - RR 11:00 Life Biography of David Cassidy- RR 2:30 <b>Karaoke Hour with Jim &amp; Linda</b> - RR 6:00 Friday Night Movie 	<b>13</b> 9:00 Tai Chi DVD - RR 10:00 Seated Exercise - RR 11:00 Seated Yoga DVD - RR 1:00 Wii Bowling Session 1 - RR 1:30 Wii Bowling Session 2 - RR 2:30 Crossword Puzzle Club - RR 6:00 Saturday Night Movie - RR
<b>14</b> 9:00 Tai Chi DVD - RR 10:00 Seated Exercise - RR 10:00 Brain Teasers - RR 11:00 Seated Yoga DVD - RR 1:00 Matinee Movie - RR with Popcorn 6:00 Bingo with Lori - RR	<b>15</b> 9:00 Qi Gong DVD - RR 10:00 Seated Exercise - RR 11:00 Tai Chi DVD - RR 12:00 Wii Bowling Session 1 - RR 12:30 Wii Bowling Session 2 - RR 1:30 Who Sank the Titanic? - RR 2:30 <b>Horse Races</b> - RR <i>Come Place Your Bets!</i> 6:00 Puzzle Hour - LB	<b>***LIBRARIAN DAY*** 16</b> <i>Thank You Elaine Bukove!</i> 9:00 Tai Chi DVD - RR 10:00 Seated Exercise-RR 11:00 <b>Book Club</b> - LB 1:00 <b>Chef Chat with Louis</b> - RR 2:30 Bean Bag Baseball-RR 3:30 Spring Poetry- RR 6:00 Yahtzee Hour - LB 	<b>17</b> 9:00 Qi Gong DVD - RR 10:00 Seated Exercise - RR 10:45 Walking Club 11:00 Tai Chi DVD - RR 11:30 to 1:00 p.m. <b>Spring Farmer's Market</b> 1:00 POKENO - RR 2:30 Afternoon Bingo - RR 6:00 Residents Card Night - LB 	<b>18</b> 9:00 Tai Chi DVD - RR 9:00 Catholic Communion - CH 10:00 Seated Exercise - RR 12:00 Wii Bowling Session 1 - RR 12:30 Wii Bowling Session 2 - RR 2:30 <b>Happy Hour &amp; Music with Peter Morgan</b> - RR 6:00 Bingo with Lori - RR	<b>19</b> 9:30 <b>Bus Outing- Miniature Horse Farm &amp; Picnic Lunch at Park in Grass Valley</b> 9:00 Qi Gong DVD - RR 10:00 Seated Exercise - RR 1:00 Revolutionary War Began Today in 1775 History - RR 3:00 Afternoon Bingo - RR 6:00 Friday Night Movie	<b>20</b> 9:00 Tai Chi DVD - RR 10:00 Seated Exercise - RR 11:00 Seated Yoga DVD - RR 1:00 Wii Bowling Session 1 - RR 1:30 Wii Bowling Session 2 - RR 2:30 Crossword Puzzle Club - RR 6:00 Saturday Night Movie - RR
<b>21</b> 9:00 Tai Chi DVD - RR 10:00 Seated Exercise - RR 10:00 Brain Teasers - RR 11:00 Seated Yoga DVD - RR 1:00 Matinee Movie - RR with Popcorn 6:00 Bingo with Lori - RR	<b>***EARTH DAY*** 22</b> 9:00 Qi Gong DVD - RR 10:00 Seated Exercise - RR 11:00 Tai Chi DVD - RR 12:00 Wii Bowling Session 1 - RR 12:30 Wii Bowling Session 2 2:00 <b>Earth Day Planting Project</b> - ST 3:30 Colored Pencil Art- LB 6:00 Puzzle Hour - LB 	<b>23</b> 9:00 Tai Chi DVD - RR 10:00 Seated Exercise - RR 11:00 <b>Name that Tune with Piano Man Dan</b> - RR 1:00 <b>Teaching Kitchen with Chef Louis: Strawberries</b> 2:30 Bean Bag Baseball- RR 3:30 Jokes & Riddles- RR 6:00 Yahtzee Hour - LB s 	<b>24</b> 9:00 Qi Gong DVD - RR 9:00 Bible Study & Worship - CH 10:00 Seated Exercise - RR 10:45 Walking Club with Ginger 11:00 Tai Chi DVD - RR 1:00 POKENO - RR 2:30 Afternoon Bingo - RR 3:30 Paris Travel Video - RR 6:00 Residents Card Night- LB	<b>25</b> 9:00 Tai Chi DVD - RR 9:00 Catholic Communion - CH 10:00 Seated Exercise - RR 12:00 Wii Bowling Session 1 - RR 12:30 Wii Bowling Session 2 - RR 12:30 <b>Ceramics Class</b> - CR 2:30 <b>Happy Hour &amp; Birthday Party with Del &amp; Susan</b> 6:00 Bingo with Lori - RR 	<b>***ARBOR DAY*** 26</b> 9:00 Qi Gong DVD - RR 9:00 <b>Outing- Hard Rock Casino</b> 10:00 Seated Exercise - RR 1:00 p.m. to 3:00 p.m. <b>Springtime in Paris Open House with the Capital City Reflections Band on the Sunset Terrace</b> 6:00 Friday Night Movie - RR 	<b>50 Russ &amp; Arlene Ramey's 50th Anniversary 27</b> 9:00 Tai Chi DVD - RR 10:00 Seated Exercise - RR 11:00 Seated Yoga DVD - RR 1:00 Wii Bowling Session 1 - RR 1:30 Wii Bowling Session 2 - RR 2:30 Crossword Puzzle Club - RR 6:00 Saturday Night Movie - RR
<b>28</b> 9:00 Tai Chi DVD - RR 10:00 Seated Exercise - RR 10:00 Brain Teasers - RR 11:00 Seated Yoga DVD - RR 1:00 Matinee Movie - RR with Popcorn 6:00 Bingo with Lori - RR	<b>29</b> 9:00 Qi Gong DVD - RR 10:00 Seated Exercise - RR 11:00 Tai Chi DVD - RR 12:00 Wii Bowling Session 1 - RR 12:30 Wii Bowling Session 2 - RR 2:30 <b>Horse Races</b> - RR <i>Come Place Your Bets!</i> 3:30 <b>Colored Pencil Art- LB</b> 6:00 Puzzle Hour - LB	<b>30</b> 9:00 Tai Chi DVD - RR 10:00 Seated Exercise - RR 11:00 Seated Massages - CR 11:00 Sports Club - Let's Chat About your Favorite Teams 1:00 May Board Decorating 2:30 Bean Bag Baseball - RR 6:00 Yahtzee Hour - LB	