List of In-House Services

Kaleidoscope Salon

Denise Hubbard: (916) 486-2710

Independent Contractor

Call to schedule an appointment.

Open Tuesdays to Fridays from 8 a.m. to 4 p.m.

- Men's Haircut ~ \$15.00
- Women's Haircut Only ~ \$20.00
- Shampoo/Set ~ \$20.00
- Shampoo or Conditioner Only ~ \$7.00
- Tints ~ \$50.00+
- Perms ~ \$70.00+

Celtic Hands Massage

Kevin McLachlan: (916) 878-6189

Independent Contractor

2nd & 4th Tuesday each month

11:00 am = 1:00 pm ~ signup in th

11:00 am - 1:00 pm ~ signup in the pink book. \$25.00 for 15 minutes ~ seated chair massage.

Clean Touch

Will Huttunen: (916) 600-6161

Independent Contractor
Laundry services, dry cleaning, and
alterations. Call for pick up at your front
door!

Community Hearing Aid Center

Ed Vinson: (916) 797-9188

Independent Contractor
Free cleaning, batteries & check-up!

2nd Tuesday of each month at 1:30pm

Library on the 1st floor.

Sign up in the book!

Johnson Hauling & More

J.J. Johnson (916) 643-5164

Independent Contractor

Suburban Notary

Christina Valdez (916) 878-0435

Independent contractor - Mobile Notary

Blood Pressure Checks

Rite Aid has a free blood pressure machine in the Pharmacy waiting area and is within walking distance.

If you have an emergency, please call (916) 786-2751! We have staff on site 24 hours, 7 days a week. We are here to assist you!

Office Hours

7 Days a Week 8:30 a.m. - 5:00 p.m.

Roseville Commons Staff

Kathy Horbasch ~ Administrator
Drew Marcus ~ Marketing Director
Ginger McCauley ~ Activities Director
Melody Powers ~ Resident Relations
Donna Enos ~ PT Resident Relations
Shon Fulgham ~ Maintenance
Joe Booth ~ Maintenance
Tammy Davis ~ Van Transportation
De Rollins ~ Bus Transportation
Margaret & Rosa ~ Housekeeping
Joy, Lori, Julia & Justin ~ Night Porters

Roseville Commons Contact Numbers

Front Office: (916) 786-2751

Night Porters are on duty all night!

Transportation: (916) 827-7643

Kitchen: (916) 472-6471

Activities Office: (916) 749-3189

Laundry Room Hours

Large Laundry Room on 1st Floor 7:00 a.m. to 10:00 p.m. - 7 Days a Week

Small Laundry Rm: 1st, 2nd & 3rd Floors 8:00 a.m. to 9:00 p.m. - 7 Days a Week

Nightly Trash Pick-Up Hours

6:00 p.m. to 8:00 p.m. 7 Days a Week

Please have all items in a trash bag

April 2024

The Rose Review

Roseville Commons . 275 Folsom Rd., Roseville, CA 95678 . (916) 786-2751 Like us on Facebook: www.facebook.com/RosevilleCommonsSeniorLiving



Celebrating April

Lawn and Garden Month

Humor Month

National Poetry Month

National Card and Letter
Writing Month

Global Astronomy Month

Keep America Beautiful Month

April Fool's Day

April 1

Peanut Butter and Jelly Day

April 2

National Gardening Day

April 14

Librarian Day

April 16

Earth Day April 22

Arbor Day

April 26

International Jazz Day

April 30

Springlime in Paris Open House

friday, April 26th from 1:00 p.m. to 3:00 p.m. on the Sunset Terrace

Come enjoy entertainment by the Capital City Reflections Band

Our Morrison Living culinary team
will prepare French cuisine
specialities including:
A Made-to-Order Crepe Station,
Pommes Parisienne, French Pastries
and a Mimosas Bar



April 2024 April 2024

Culinary Corner

The Morrison Living team has planned three culinary activities for residents to participate in. Come get involved in our culinary experiences planned for April 2024.



Tuesday, April 16th at 1:00 p.m. in the Rose Room



Wednesday, April 17th from 11:30 a.m. to 1:00 p.m. in the Foyer



Tuesday, April 23rd at 1:00 p.m. in the Rose Room

Chef Louis will be talking about and tasting Strawberries.

April Birthdays

If you were born between April 1–19, you are Aries, the Ram. These independent adventurers like to strike out on their own and are natural leaders. Their enthusiasm and confidence give them big, outgoing personalities. Those born between April 20-30 are Bulls of Taurus. Bulls show a steady persistence in endeavors both professional and personal, and after working hard, they like to reward themselves for a job well done.

Marlon Brando (actor) - April 3, 1924 James D. Watson (scientist) - April 6, 1928 Jackie Chan (actor) - April 7, 1954 John Madden (coach) - April 10, 1936 Beverly Cleary (author) - April 12, 1916 Jennifer Garner (actress) - April 17, 1972 Queen Elizabeth II (royalty) - April 21, 1926 Barbra Streisand (entertainer) - April 24, 1942 Kelly Clarkson (singer) - April 24, 1982 Jay Leno (comedian) - April 28, 1950 Duke Ellington (pianist) - April 29, 1899 Jerry Seinfeld (comedian) - April 29, 1954

Resident Birthdays



- 1st
 - **John Schiesser** Victoria Garcia
- 11th
- **Bobbie Graham 21**st **Sue Sudhoff**
- 25th
- **Joe Shirley**

BIRTHDAY PARTY!

We will be celebrating our monthly April birthdays during our Happy Hour on Thursday, April 25th at 2:30 p.m. in the Rose Room. Cupcakes will be served!



What's Happening in April

Monday, April 1st, 8th, 15th, & 29th



Gallop to victory at 2:30 p.m. with **Horse Racing excitement!** Come place your bets in the Rose Room for an hour of horse racing fun! Please bring 6 quarters to play.

Tuesday, April 2nd & 23rd at 11:00 a.m. Name that Tune with Piano Man Dan! Dan will be playing favorite oldies on the piano as we sing and try to name the tune he is playing.

Wednesday, April 3rd at 11:00 a.m.



Activity Talk with Ginger – Please bring your ideas and activity suggestions! We will be planning the April 2024 activity calendar and bus outings. We would love your input!

Monday, April 8th at 1:00 p.m. Joel Segal, a Roseville Commons resident, will be educating us during a special presentation titled *Metals and Me*. Join Joel in the Rose Room.



Tuesday, April 9th at 1:30 p.m.



Ed Vinson from the **Community Hearing** Aid Center will be assisting residents with their hearing aids in the library.

Thursday, April 11th & 25th at 12:30 p.m. Ceramics Classes will are held in the Craft Room. Our Instructor, Claudie, is looking for new residents to join the class!

Friday, April 12th at 2:30 p.m.



Karaoke Hour! Join Jim & Linda in the Rose Room for an hour of Karaoke fun! Come hear some of gifted residents show off their singing talent!

Monday, April 22nd at 2:00 p.m. In honor of Earth Day, come help us with our garden container project on the Sunset Terrace!



Check out the April activity calendar for many other fun activities and events!

Marketing Moments

Dear Neighbor,

It's time to invoke the old phrase, "April showers bring May flowers", truly a lovely thought. Just the idea of rain, rebirth, and the vibrant beauty of spring can foster a new excitement in our heart and a lilt to our step.

We all know the saying, but how old is it? Well, modern reader, give this next verse a try: "Whan that Aprill with his shoures soote The droughte of March hath perced to the roote, And bathed every veyne in swich licour Of which vertu engendred is the flour." Those words are from Geoffrey Chaucer, taken from a prologue to *The Canterbury Tales* in the late 14th century.

Here's a translation away from Chaucer's Middle English: "When the sweet showers of April have pierced the drought of March, and pierced it to the root, and every vein is bathed in that moisture Whose quickening force will engender the flower".

Then, about 160 years later, Thomas Tusser, English author and poet, simplifies the thought with the line, "Sweet April showers Do spring May flowers", a version that we will certainly recognize.

May the beauty of spring, both shower and flower, stay with you along your path.



Drew



Russ and Arlene Ramey Married 50 Years on April 27th!

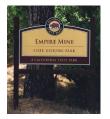
April 2024 April 2024

April Bus Outings

If you would like to go on any of the fun trips planned for April, please sign up in the Burgundy Binder in the Front Lobby. Join us for some fun adventures!



Thursday, April 4th Folsom Zoo Trip and Picnic Lunch (Folsom, CA) Departure Time: 9:00 a.m.



Friday, April 5th
Empire Mine State Park Tour
& Lunch in Nevada County
(Grass Valley, CA)
Departure Time: 9:00 a.m.



Friday, April 12th Norton Iris Farm & Lunch at The Ugly Mug Cafe Admission: Free (Loomis, CA)

Departure Time: 9:00 a.m.

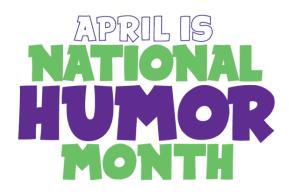


Friday, April 19th
Miniature Horse Farm &
Picnic Lunch at a Park
(Grass Valley, CA)
Departure Time: 9:00 a.m.



Friday, April 26th
Hard Rock Casino –
Casino Play & Lunch
(Wheatland, CA)
Departure Time: 9:00 a.m.





Why is everyone so tired on April 1st? Because they just finished a 31-day march!

National Humor Month was founded in 1976 by comedian and best-selling author Larry Wilde, Director of The Carmel Institute of Humor.

When we laugh, we inhale more air and oxygen, stimulating the heart, lungs, muscles, and brain. A good laugh also stimulates the body's stress response and then deactivates it, causing heart rates to rise and fall, leaving us with a satisfied, relaxed feeling!

It's no coincidence that the month begins with April Fool's Day, a day which has sanctioned frivolity and amusement for hundreds of years.

Bring your humor to our Jokes & Riddles Hour on Tuesday, April 23rd at 3:30 p.m. in the Rose Room.



to Roseville Commons!

Ed Penslien – Apt. #126 Ken Mann – Apt. #203

Ann Krouse – Apt. #209



Earth Day is an annual celebration that honors the achievements of the environmental movement and raises awareness of the need to protect Earth's natural resources for future generations. Earth Day is celebrated on April 22 in the United States.

In honor of this day, Roseville Commons will be starting a container gardening project. Join us on **April 22**nd at 2:00 p.m. on the Sunset Terrace as we plant flowers and vegetables in containers to enhance outdoor commons areas.

Major League Debut



On April 15, 1947, Jackie Robinson played his first major league baseball game with the Brooklyn Dodgers against the Boston Braves in front of a crowd of 25,000 spectators at Ebbets Field in Brooklyn. This marked the first moment that an African American

athlete played a sport in any of the major leagues.

Robinson did not get a hit that day, but he was awarded the first ever Rookie of the Year title that year. In 1949, he was named the National League's Most Valuable Player. The next year, he became the Dodgers' highest paid player with a salary of \$35,000. In 1955, Robinson led the Dodgers to a World Series victory over the New York Yankees. A perennial All-Star and Hall of Famer, Robinson's number 42 was retired by all of baseball on April 15, 1997.



Get ready for another fun-filled month of Happy Hours and parties! Please join us in the Rose Room on the dates below.

Thursday, April 4th at 2:30 p.m.



Entertainment by Alincia Vela. Her range in musical genres is unsurpassed as she is able to perform genres ranging from opera to top 40, oldies, standards, country, rock, jazz and beyond.

Thursday, April 11th at 2:30 p.m.

Entertainment by Todd Morgan. His on-stage charisma and dancing ability have delighted audiences and he entertains all with Pop, Rock, Soul, early Rock 'n' Roll, Blues, Funk, Country, & even Jazz and Swing songs.



Thursday, April 18th at 2:30 p.m.



Entertainment by Peter Morgan.
Peter who is known for his
signature coastal smooth jazz vibe,
spiced a dash of blues and a taste
of country! Peter is a performer
that you do not want to miss!

Thursday, April 25th at 2:30 p.m.

Come celebrate our April birthdays during this Happy Hour! Birthday cupcakes & other snacks will be served! Get your dancing shoes ready because Del & Susan will be here to entertain us!





