

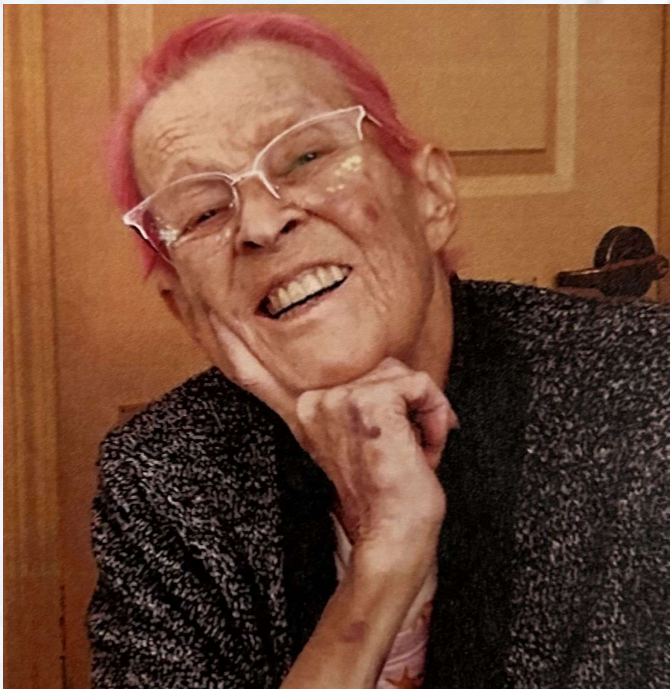


Ponté Palmero

RESORT-STYLE LIVING

April 2024

Resident of the Month



Nola Scalzi: Resident of the Month

Our Resident of the Month is Nola Scalzi. Nola came to Ponte Palmero just recently in January of this year from up the Hill in Pollock Pines, where she lived for 38 years with her husband, David. Nola was a “tree hugger” from Lake Tahoe and her husband, David, was a “tree guy” (lumberjack type.) She laughs about how she, a tree lover, could be happily married to a

man who cuts down trees for a living. Nola’s husband was a native El Dorado County man who was one of the first babies born at Marshall Hospital. Nola has 2 children, a daughter who lives in Reno and a son who lives in El Dorado Hills.

Nola and David enjoyed raising Alaskan Malamute dogs. They always had at least 3 dogs. Nola also enjoys reading and good music. She is not very fond of watching television. Nola plans to get a swimming suit so that she can enjoy our swimming pool this summer.

Nola was born in Idaho Falls, and she is the quintessential Californian, as she spent her teenage years in Berkeley, California. Nola lived in Berkeley during the famous “Summer of Love.” In 1970, Nola moved to Lake Tahoe, where she had her two children. The winters became too difficult in Lake Tahoe, so she moved to Pollock Pines, where she absolutely has loved the community. Last winter 2023, she was snowed in for TWO WEEKS with about 6 feet of snow in her driveway, and she could not get out. Her son was able to contact search and rescue and they came and got her in a snowmobile! She had to go 2 ½ miles on the snowmobile to the town of Pollock Pines! That convinced her that it was time to move to our community. During the summer months, she still plans on spending time in her Pollock home on weekends.

Nola enjoys being at Ponte Palmero. It has lots of shopping opportunities, the DaVita Dialysis. Ponte Palmero is located in a metropolitan community here compared to Pollock Pines. Nola especially enjoys the food here at Ponte. Having good meals was super important to her when choosing a place to live and she has been very pleased. We enjoy having Nola in our community.

Spring Fever

The days are getting longer, temperatures are warming and plants are blooming. Take a break and share your memories of spring.

- What were your favorite springtime activities when you were a child? What about as an adult?
- Did you get a spring break from school? If so, how did you spend the time off?
- Spring is known for its budding flowers and trees. What are your favorite seasonal plants?
- Was planting a garden an annual practice in your family? What did you grow?
- Did you spend time doing yardwork or home improvement projects? How did you feel about those activities?
- What types of warm-weather outings do you enjoy?
- Did you ever play or watch spring sports, such as baseball, tennis or track and field?
- How do you feel about rainy spring days? Talk about some things you like to do when it's wet outside.
- From bunnies to butterflies to birds, many animals become more active at this time of year. Which ones do you enjoy seeing?
- What is your idea of a perfect spring day?

Wit & Wisdom: Spring Has Sprung

"The man who has planted a garden feels that he has done something for the good of the world."

Charles Dudley Warner



"The flowers of late winter and early spring occupy places in our hearts well out of proportion to their size."

Gertrude S. Wister

"Always it's spring and everyone's in love and flowers pick themselves."

E.E. Cummings

"Nature gives to every time and season some beauties of its own."

Charles Dickens

"The beautiful spring came, and when nature resumes her loveliness, the human soul is apt to revive also."

Harriet Ann Jacobs

"Spring will come and so will happiness. Hold on. Life will get warmer."

Anita Krizzan

Happy Anniversary

- Bob & Jeannine Balmet- Apr. 4



Happy Birthday

- Carol Bernstein- Apr. 4
- Kay Robinette- Apr. 5
- Roy Woodhouse- Apr. 6
- Mary Snyder- Apr. 7
- Nancy Schnaidt- Apr. 10
- Mary Lou Lingenfelter- Apr. 13
- Jo Larson- Apr. 18
- Bev Monti- Apr. 20
- Barbara Sullivan- Apr. 25
- Sharon Mckay- Apr. 28
- Dick Taber- Apr. 29
- Mary Steel- Apr. 30

Lunch outing to South Fork Grille



Ponte's Ukulele Club performs Valentine's Day music



Bursting With Flowers

A sure sign of spring is the beautiful blossoming of many trees. Here are a few varieties that put on a seasonal show:

Dogwood. Native to North America, the dogwood is famous for its stunning springtime display of white or pink blooms, making it a popular landscaping tree since America's earliest days. Both George Washington and Thomas Jefferson had dogwoods planted at their estates.

Japanese flowering cherry. This tree is the star of the National Cherry Blossom Festival in Washington, D.C., as well as other spring celebrations around the world. Its branches display delicate pink-white flowers that bloom for just a short time early in the season.

Magnolia. Prized for their large, fragrant flowers in shades of white, pink, red, purple and yellow, magnolias are often associated with the South, but varieties are grown in every region.

Eastern redbud. Dainty clusters of magenta blooms attract butterflies and birds to the redbud, which grows primarily in the eastern half of the U.S.

Fringe tree. This tree gets its name from the long, white petals that hang like silky fringe from its branches. The hardy plant is native to the Southeast, but can be found throughout the country.

The lovely Pepper, also known as SPARKLES



Gold Rush Chorus performs





Love is in the air!





Valentine's Party treats



Ukulele Club getting ready for their St. Patrick's Day performance



Choose an Eco Challenge

Earth Day occurs every year on April 22. "Going green" for just one day is a great start toward improving your environmental footprint, but adding earth-friendly activities to your normal routine is even better. Kick-start your journey with one of these fun challenges:

Apply the three R's. Reduce, reuse and recycle. It can be easier than you think: Place a recycling bin next to your trash can for easy access; carry reusable bags when shopping; buy secondhand at thrift stores or garage sales; reduce food waste by turning veggie scraps into broth; and save water by taking shorter showers.

Observe meatless Mondays. Livestock is a surprising factor in carbon emissions, but reducing the amount of meat you eat can help. Try making meatless meals on Mondays—or any day of the week!—and find a balance of plant-based and meat-filled meals that work for you.

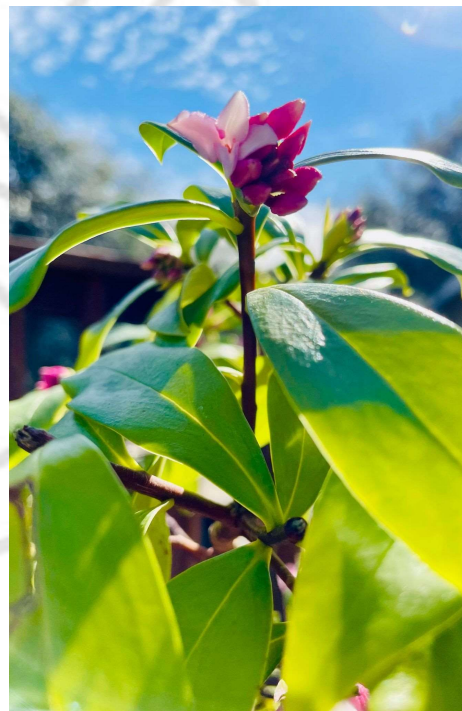
Buy sustainable goods. Be conscious when buying clothing, coffee, cutlery and more. Look for items marked "fair trade," which indicates they were made via the sustainable use of resources and safe working conditions.

Go plogging. Plogging is simply picking up litter while jogging or walking. It's good for you and the environment! Be sure to wear gloves or use a pickup tool for protection.

Drumming to the '70s



Spring has sprung at Ponte!



Jerry Fairlie performs





Spring Bird Planter Pots

YOU WILL NEED:

- Mini Terracotta Pots
- Paint
- Feathers
- Cardstock
- Googly Eyes

INSTRUCTIONS:

- Paint terracotta pot and allow them to dry completely.
- Glue feathers on the side of the pot and on the top rim of the pot.
- Use a pencil to draw on eyes; once you are satisfied with how they look, glue on googly eyes.
- Cut a diamond shape from cardstock and fold it in half to create a bird beak. Glue the diamond shape (beak) onto the front of the pot.
- Carefully fill the terracotta pot with soil to avoid getting dirt in the feathers and then plant your plant inside.



Bunny Pretzel Bites

YOU WILL NEED:

- Pretzel Snaps
- White Candy Melts
- Spring Colored M&Ms
- Fine Tip Food Marker (optional)

INSTRUCTIONS:

- Cut some of the M&Ms in half. You'll need 1 whole M&M and 2 halves for each pretzel.
- Lay pretzels out on a microwave safe plate. Top each pretzel with one white candy melt. Microwave at 50% power for 30 seconds at a time until the candy is soft and somewhat melted.
- Working quickly, drop a whole M&M onto each pretzel, then add two M&M halves to make ears. Gently press the M&Ms into the melty candy.
- Allow candy melts to set. Then draw on faces if desired. Let ink set for a couple minutes before touching the treats.

Laugh Lines: Springtime Silliness

Q: What is the best appetizer to enjoy in spring?

A: A bloomin' onion.

Q: Why did the bird go to the hospital?

A: It needed tweet-ment.

Q: How do you make a waterbed bouncer?

A: Fill it with spring water.

Q: Why is Yoda so good at gardening?

A: He has a green thumb!

Q: What do you call a bear that gets caught in the rain?

A: A drizzly bear.

Q: After a long winter, what did the tree say when spring began?

A: "What a re-leaf!"

What if April Fools' Day is actually on April 2 and we've all been fooled into thinking it's April 1?

A and C were going to prank their friend ... but they just letter B.

I decided to start an aerobics class. I bent, twisted, jumped up and down, and perspired for an hour, but by the time I got my leotard on, the class was already over.

When it starts raining ducks and chickens, that's some fowl weather.

There are some friends you know who will never pull an April Fools' Day prank because they think it's still March.

Ponté Palmero Directors To Contact the Directors, Call the Concierge at (530) 677-9100

Administrator.....Landon Pilegaard
 Managing Director.....Terry Howard
 Activities Director.....Nancy Peabody
 Clinical Director.....Betsy Bernardine
 Memory Care Director.....Dej'ja Bracy
 Business Office Director.....Kelli Riley
 Maintenance Director.....Kevin Hallmeyer
 Marketing Director.....Rachel Amador
 Lighthouse Activity Director.....Candace Worth
 Food Services Director.....Alex Winters



Ponté Palmero Resort-Style Living

"This Month In History"

APRIL

1902: Tally's Electric Theater in Los Angeles opens. It was the first theater in the U.S. to be built with the sole purpose to show movies, not stage shows.

1917: The United States formally enters World War I, marking a turning point in the conflict that had been ongoing for nearly three years. The Great War ended just over a year and a half later.

1923: Yankee Stadium in New York City hosts its first baseball game. The Yankees defeated the Red Sox 4-1.

1938: Bugs Bunny makes his first cartoon appearance in "Porky's Hare Hunt."

1954: The United States Air Force Academy is established just north of Colorado Springs, Colo. Cadets attend the academy to receive military training for either the Air Force or Space Force.

1969: The first temporary artificial heart is used to successfully sustain a patient for 65 hours while waiting for a human heart to become available.

1977: Fifteen women in the House of Representatives hold the first Women's Caucus meeting. The bipartisan organization is now known as the Congressional Caucus for Women's Issues.

1997: At age 21, golfer Tiger Woods takes the title of Masters champion, becoming the tournament's youngest winner—a record he still holds today.

2004: Google launches the free email service Gmail. Since the announcement was made on April Fools' Day, the public was skeptical of its authenticity. Today, Gmail is actively used by 1.5 billion people around the globe.