

Bringing independence to living and quality to life



Regency on Whidbey Judges Cupcake Wars

On Thursday, March 14th Residents from Regency on Whidbey were guest judges for the annual Cupcake Wars in Mrs. Thompson's third period class at North Whidbey Middle School. Six teams of bakers created, prepared, and presented unique spring-inspired cupcakes to be judged on taste and presentation. The offerings ranged from a traditional vanilla cupcake with buttercream frosting to a Matcha cupcake with strawberry filling and peach icing. The students created all the cupcake components from scratch and were challenged with how to create the unique flavors they had dreamed-up. In the end, Residents voted a chocolate strawberry cupcake with whipped frosting as the winner. Residents were very impressed with the Students' creativity, as well as Mrs. Thompson's instruction and class organization. Thank you to North Whidbey Middle School for a tasty morning. We enjoyed our time together.

*April
2024*



Regency on Whidbey's Management Team

Wilma Jo Flaherty
Executive Director

Kathleen Pendleton MN/RN
Wellness Director

Anelyn Ronquillo LPN
AL Nurse Manager

Mandy Gibbs LPN
MC Nurse Manager

Stephanie Teano
Business Office Manager

Teri Mendiola
Community Relations
Director

Lanida Brophy
AL Life Enrichment Director

Rene Schlangen
MC Life Enrichment Director

Terry Jackson
Dietary Manager

Anne Hofferth
Payroll/HR Director

Jeff Lujan
Maintenance Director

Jayla Lawing
MC Resident Care Coordinator

Rebecca Letendre
AL Resident Care Coordinator



Staff

- **Joyce Olalia—4/1**
- **Kayla Granger—4/7**
- **Cristy Wilcox—4/8**
- **Christopher Reed—4/9**
- **Anne Pedimonte—4/15**
- **Kay Haynes—4/18**
- **Mari Torres—4/24**



Island County Historical
Museum Speaker
Thursday, April 11th
@ 10:30



Holland Happening
Parade
Saturday, April 27th



Tulip Drives
Dates to be Determined



National Day of
Prayer
Thursday, May 2nd



Mother's Day
Open House
Friday, May 10th



Police Week
May 13th -17th



Regency on Whidbey
Annual Picnic
Saturday, August 10th



Regency on Whidbey's
Annual Rock-a-Thon
for Alzheimer's
Friday, August 30th



Traveling the Dementia Journey Together

Regency on Whidbey
invites you to join our
Memory Care
Support Group
The 1st Thursday,
of every month.
2:00pm—3:30pm
Regency Assisted
Living Building
3rd Floor Day Room



Door Hours

Regency on Whidbey's
Front door is
unlocked from
8:30am—5:00pm
Daily

Please schedule visits
appropriately.

If you will be visiting
or returning to the
building after 5:00pm,
please contact the front
desk for the door code.

Thank you!!



on facebook



In Search of Speakers

Since Covid, it has been difficult to find speakers for the informational presentations that Residents so enjoy.

If you or someone you know has an interesting hobby, an unusual job, traveled to distant lands, or any other experience that Residents might find interesting, please consider doing a talk for them.

Please contact Lanida Brophy in Activities lbrophy@regency-pacific.com



Residents

- Betty Sue Boyd—4/1
- Sandy Ecklund—4/5
- Sande Mulkey—4/9
- Suzanne Herzstam—4/10
- John Winship—4/14
- Joanne Bottorff—4/17
- Barb Kordonowy—4/17
- Elaine Lueck—4/19
- Trudy Decker—4/19
- Donna Rhoades—4/26



Regency's Beauty Salons

**Beautician
Kayla Granger**

**You can schedule your appointment with Kayla by calling her directly at...
706-936-0265**

Assisted Living

Wednesday 9:00am—2:00pm
Thursday 9:00am-2:00pm

Memory Care

Tuesday 9:00am—12:00pm



The Last Tuesday of every month is reserved for Anacortes Doctor Visits.

We cannot accommodate visits to other areas.

Please DO NOT schedule local appointments on that day.

Thank You!!!



We need your help!!

Nominations for our RESPECT program have dropped-off dramatically, please consider filling-out a nomination form.

In an effort to make the process easier, we have simplified the nomination forms, and they will now be located at the front desk.

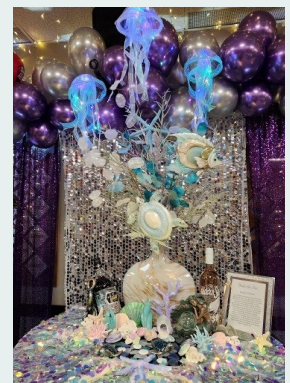
Once complete, simply drop the nomination form in the drop-box next to the desk.



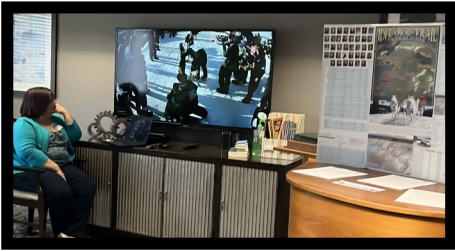
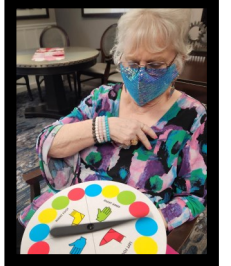
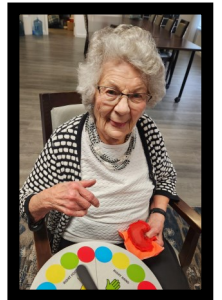
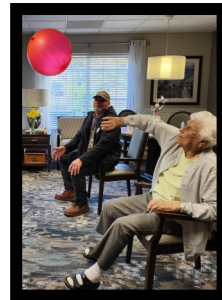
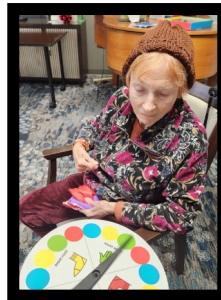
Regency on Whidbey was honored to be nominated by the Chamber of Commerce in four categories at the Chamber's Second Chance Prom, the theme for this year's Awards Banquet.

We were thrilled to win both the Employer of the Year Award and the Large Business of the Year Award. As an added bonus our table décor was voted Best in Show by those in attendance.

Thank you to all who voted and made it an extra special night for Regency on Whidbey.



Fitness Fun



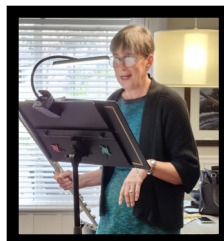
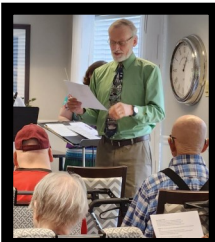
Following the Iditarod



Girl Scout Cookie Tasting



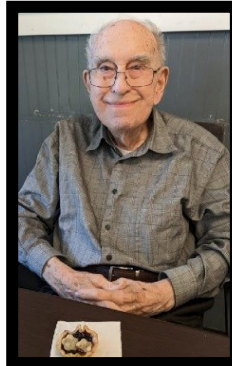
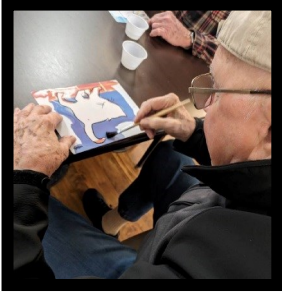
Irish Music




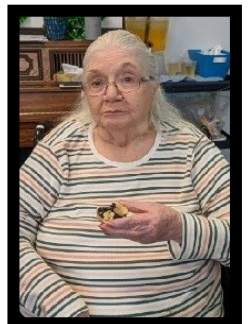
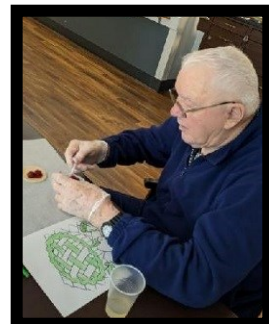
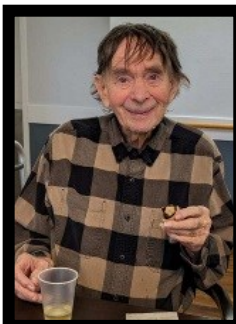
Cottage Dinner



Memory Care Moments



π Celebrating Pi Day—3.14 





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1040 SW Kimball Drive ~ Oak Harbor, WA 98277

360-279-0933

