

Sunday

Monday

Tuesday


Wednesday

Thursday

Friday

Saturday

**A= Activity Room/B Leve**  
**B = Bistro/1st**  
**C= Creekside/1st**  
**M2 Media Room /2nd**  
**O = Bus Out Medical Days**  
**9:00am-11:30am**  
**Tuesday - Bellevue/ Newcastle**  
**Thursday- Renton/ Issaquah**  
**Must sign up 24 hours**  
**Monday Shopping 10:30 am - 11:30**  
**Bus sign up in Bistro**


1  
 9:30 Exercise - A  
 10:00 Literature - M2  
**10:30 Shopping Local - O**  
 1:00 Stretch Exercise - A  
 3:00 Bingo - C  
 All Fools' Day 

2  
**Medical Transportation**  
 9:30 Exercise - A  
 10:00 Res Meeting /ED-  
**M2**  
 2:00 Trivia- A  
 3:00 Happy Hour - D

3  
 10:00 Catholic Comm. Services - M2  
 10:00 Artistic Creations- **Activity Room/B**  
 1:00 Mexican Train - C  
 3:00 Music Review - M2

4  
**Medical Transportation**  
 10:30 Bible Study - C  
 1:00 Stretch Exercise -A  
 2:00 Movie Matinee- M2  
 3:00 **FASHION Show with Hazen High School**  
 Under the Sea Theme

5  
**9:00 Casino - O**  
 9:30 Exercises- A  
 10:30 Travel TV - M2  
 1:00 Stretch Exercises- A  
 2:00 Trivia - A  
 3:00 Happy Hour - D  
**Entertainment CC**

6  
 10:00 News & Views - M2  
 2:00 Shuffle Board- A  
 3:00 Bingo - C  


7  
 10:00 Live Stream Church C  
 10:30 News & Views - M2  
 2:00 Corn Hole - A  
 3:00 Blackjack - A


8  
 9:30 Exercise - A  
 10:00 Literature - M2  
**10:30 Shopping Target-O**  
 1:00 Stretch Exercise - A  
 3:00 Bingo C

9  
**Medical Transportation**  
 9:00 Podiatry -A  
 See Wellness about appointments -2nd  
 11:00 Travel TV- M2  
 1:00 Stretch Exercises- A  
 2:00 Trivia- A  
 3:00 Happy Hour - D

10  
 10:00 Catholic Comm. Services - M2  
 11:00 Food Meeting w/Dining Services - M2  
 1:00 Mexican Train - C  
 3:00 Sing Along - M2

11  
**Medical Transportation**  
 10:30 Bible Study - C  
 1:00 Stretch Exercise -A  
 2:00 Movie Matinee- M2  
 3:00 Dip & Chips - B

12  
 9:30 Exercise - A  
 10:30 Travel TV -M2  
 1:00 Stretch Exercises- A  
 2:00 Trivia - A  
 3:00 Happy Hour - D

13  
 10:00 News & Views - M2  
 2:00 Shuffle Board- A  
 3:00 Bingo - C  


14  
 10:00 Live Stream Church C  
 10:30 News & Views - M2  
 2:00 Corn Hole - A  
 3:00 Blackjack - A


15  
 9:30 Exercise - A  
 10:00 Literature- M2  
**10:30 Shopping Local-O**  
 1:00 Stretch Exercise - A  
 3:00 Bingo C

16  
**Medical Transportation**  
 9:30 Exercise - A  
 11:00 Travel TV- M2  
 1:00 Stretch Exercises- A  
 2:00 Trivia- A  
 3:00 Happy Hour - D


17  
 10:00 Artistic Creations **Activity Room/B**  
 10:00 Catholic Serv. M2  
 1:00 Mexican Train - C  
 3:00 Name that Tune M2

18  
**Medical Transportation**  
 9:00 **Traveling Library**-Bistro  
 10:30 Bible Study - C  
 1:00- Stretch Exercises A  
 2:00 Movie Matinee- M2  
 3:00 - Garden Club - B

19  
 9:30 Exercise - A  
**10:00 Scenic Drive- O**  
 10:30 Travel TV - M2  
 1:00 Exercises - C  
 2:00 Trivia - A  
 3:00 Happy hour - D  
**Entertainment Eric A.**

20  
 10:00 News & Views - M2  
 2:00 Shuffle Board- A  
 3:00 Bingo - C  



21  
 10:00 Live Stream Church C  
 10:30 News & Views -M2  
 2:00 Corn Hole - A  
 3:00 Blackjack - A

22  
 9:30 Exercise - A  
 10:00 Literature - M2  
**10:30 Shop Dollar Tree O**  
 1:00 Stretch Exercise - A  
 3:00 Bingo C  
 Passover Begins  
 Earth Day 

23  
**Medical Transportation**  
 9:30 Exercise - A  
 10:00 **Res Meeting - M2**  
 1:00 Stretch Exercise - A  
 2:00 Trivia- A  
 3:00 Happy Hour - D

24  
 10:00 Artistic Creations **Activity Room /B**  
 10:00 Catholic Serv. M2  
 1:00 Mexican Train - C  
 3:00 Sing Along- M2  
 Administrative Professionals Day

25  
**Medical Transportation**  
 10:30 Bible Study - C  
 1:00 Stretch Exercises A  
 2:00 Movie Matinee - M2  
 3:00 - Garden Club - B

26  
 9:30 Exercise - A  
 10:30 Travel TV - M2  
 1:00 Exercises - A  
 2:00 Trivia - A  
 3:00 Happy Hour-D  
**Entertainment Doug D.**  
 Arbor Day 

27  
 10:00 News & Views - M2  
 2:00 Shuffle Board- A  
 3:00 Bingo - C  


28  
 10:00 Live Stream Church - C  
 10:30 News & Views -M2  
 2:00 Corn Hole - A  
 3:00 Blackjack - A

29  
 9:30 Exercise - A  
 10:00 Literature- M2  
**10:30 Shopping Local-O**  
 1:00 Stretch Exercise - A  
 3:00 Bingo C

30  
**Medical Transportation**  
 9:30 Exercise - A  
 11:00 Travel TV- M2  
 1:00 Stretch Exercises- A  
 2:00 Trivia- A  
 3:00 Happy Hour - D

Regency Newcastle Life Enrichment Calendar

# April 2024