


April 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>30</p> <p>9:00 <b>TAI CHI</b> 3rd Floor Theater Room</p> <p>10:00 <b>Yoga Level 1</b> 3rd Floor Theater Room</p> <p>10:30 <b>Yoga Level 2</b> 3rd Floor Theater</p> <p>1:00 <b>Pinochle Foursomes</b> 3rd Floor Billiard Room</p> <p>1:00 <b>Sunday Matinee</b> 3rd Floor Theater Room</p> <p>1:30 <b>Latter Day Saints Church Service</b> 2nd Floor Chapel</p> <p>2:00 <b>Gospel with Doug</b> Enjoy wonderful music with resident Doug for Easter Sunday Lobby</p> <p>3:00 <b>Worship in The Word</b> 2nd Floor Chapel</p> <p><b>Hoppy Easter</b> <i>Our Lord has written the promise of resurrection, not in books alone, but in every leaf in springtime. ~Martin Luther</i></p> <p><i>We hope you enjoy a lil fun today too... Keep your eyes peeled for eggs hidden on all 3 floors of Parkview</i></p>	<p>1</p>  <p>00:9 <b>noitatideM citueparehT ydoB &amp; dniM dnuoS</b> Enjoy the healing sounds 3rd Floor Theater</p> <p>05:9 <b>sesicrexE rS regnortS</b> This class will help you get stronger &amp; more "fit" Large Dining Room</p> <p>00:1 <b>semosruoF elhconiP</b> 3rd Floor Billiard Room</p> <p>00:1 <b>...tuO gnipleH suniL tcejorP reetnuloV</b> Tying quilts for children 2nd Floor Craft Room</p> <p>00:2 <b>ogniB ydnaC</b> Enjoy all regular BINGO games with candy prizes. Large Dining Room</p> <p>00:3 <b>snosseL erugiF elbiB</b> Learn more in-depth &amp; apply to your daily life 3rd Floor Theater</p> <p>00:3 <b>yadnoM atiragraM</b> Stop by and socialize before dinner. Lobby</p> <p>03:3 <b>sdrailliB pu me kcaR</b> 3rd Floor Billiard Room</p> <p>00:7 <b>.gtM bulC retsamtsaoT</b> 3rd Floor Theater Room</p>	<p>2</p> <p>Medical Transport Day</p> <p>9:00 <b>TAI CHI</b> Slow, controlled &amp; seated upper body exercises. GREAT for the brain too! 3rd Floor Theater Room</p> <p>9:50 <b>OTAGO Better Balance Exercise Class</b> Those that have done the assessment meet in the Large Dining Room</p> <p>10:00 <b>Yoga Level 1</b> Seated stretching &amp; strengthening exercises 3rd Floor Theater Room</p> <p>10:30 <b>Yoga Level 2</b> Sitting to standing exercises. 3rd Floor Theater</p> <p>1:00 <b>Pinochle Foursomes</b> 3rd Floor Billiard Room</p> <p>1:00 <b>All Saints Episcopal Communion Service</b> 2nd Floor Chapel</p> <p>2:00 <b>Candy Bingo</b> Large Dining Room</p> <p>3:00 <b>Old Testament Tuesdays</b> Everyone is welcome 2nd Floor Chapel</p> <p>6:00 <b>Decks &amp; Dice</b> Stop by the 3rd Floor Billiard Room to play</p>	<p>3</p> <p>9:00 <b>Sound Mind &amp; Body Therapeutic Meditation</b> Studies show immense benefits from sound Enjoy the healing sounds 3rd Floor Theater</p> <p>9:30 <b>Scenic Drive 1.5-2hr</b> Join us for a tour around our area Sign up in the Lobby</p> <p>9:30 <b>Catholic Service</b> With our very own Father Auvee 2nd Floor Chapel</p> <p>9:50 <b>Stronger Sr Exercises</b> This class will help you get stronger &amp; more "fit" Large Dining Room</p> <p>1:00 <b>Discerning The Word of God Bible Study</b> 3rd Floor Theater</p> <p>1:00 <b>Hand &amp; Foot Card Game</b> Meet up to play! 3rd Floor Billiard Room</p> <p>2:00 <b>\$Nickel\$ Bingo</b> Pay a Nickel each game &amp; a Quarter for the end game Large Dining Room</p> <p>6:00 <b>Midweek Movie</b> Check your daily flyer for more detailed movie information 3rd Floor Theater Room</p>	<p>4</p> <p><b>Shopping 8:30-10:00</b> <b>Walmart 1.5 hr Trip</b> Sign up in the Lobby to ride</p> <p>9:00 <b>TAI CHI</b> Slow, controlled &amp; seated upper body exercises. GREAT for the brain too! 3rd Floor Theater Room</p> <p>9:50 <b>OTAGO Better Balance Exercise Class</b> Large Dining Room</p> <p>10:00 <b>Yoga Level 1</b> 3rd Floor Theater Room</p> <p>10:30 <b>Yoga Level 2</b> Sitting to standing exercise 3rd Floor Theater</p> <p><b>Shopping 12:30</b> <b>Walmart 1hr Trip</b> Sign up in the Lobby to ride</p> <p>1:00 <b>Pinochle Foursomes</b> 3rd Floor Billiard Room</p> <p>1:30 <b>Church with Pastor Al</b> Nondenominational 2nd Floor Chapel Room</p> <p>2:00 <b>Soda Shop Social Root Beer Floats</b> 2nd Floor "Coke" Room</p> <p>2:30 <b>Pinewood Singers</b> Sing with us in the Lobby!</p> <p>6:00 <b>Decks &amp; Dice</b> Stop by the 3rd Floor Billiard Room to play</p>	<p>5</p> <p>9:00 <b>Sound Mind &amp; Body Therapeutic Meditation</b> Studies show immense benefits from sound waves. Enjoy the healing sounds 3rd Floor Theater</p> <p>9:30 <b>Musical Memories</b> Listen to songs you haven't heard in forever... Sing along with us. 2nd Floor Loft</p> <p>10:00 <b>Yoga Level 1</b> Seated stretching &amp; strengthening exercises 3rd Floor Theater Room</p> <p>10:30 <b>Yoga Level 2</b> Sitting to standing exercises. 3rd Floor Theater</p> <p>1:00 <b>Turtle Trekkers</b> Join us for a walk around the Parkview block. Slow &amp; steady together Meet at the Lobby</p> <p>1:00 <b>Pinochle Foursomes</b> Stop in to play! 3rd Floor Billiard Room</p> <p>1:00 <b>Volunteer Project Linus Helping Out...</b> Tying quilts for children 2nd Floor Craft Room</p> <p>3:30 <b>Rack'em up Billiards</b> Play a few before dinner 3rd Floor Billiard Room</p>	<p>6</p> <p>9:00 <b>Perplexing Puzzlement</b> Grab your puzzle packet 2nd Floor Loft</p> <p>9:00 <b>TAI CHI</b> Slow, controlled &amp; seated upper body exercises. GREAT for the brain too! 3rd Floor Theater Room</p> <p>10:00 <b>Yoga Level 1</b> Seated stretching &amp; strengthening 3rd Floor Theater Room</p> <p>10:30 <b>Yoga Level 2</b> Sitting to standing 3rd Floor Theater</p> <p>1:00 <b>Fuzzy Friends</b> Sweet pet bunnies here for you to pet &amp; enjoy 2nd Floor Craft Room</p> <p>1:00 <b>Pinochle Foursomes</b> 3rd Floor Billiard Room</p> <p>1:00 <b>Saturday Matinee</b> Join us for a Movie 3rd Floor Theater Room</p> <p>2:30 <b>New Resident Mix &amp; Mingle</b> Introduce yourself and enjoy refreshments. Lobby</p>



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>7</b></p> <p><b>9:00</b> <b>TAI CHI</b> Slow, controlled &amp; seated upper body exercises. GREAT for the brain too! 3rd Floor Theater Room</p> <p><b>10:00</b> <b>Doggie Day</b> Get a good snuggle from these wonderful dogs. In the Lobby</p> <p><b>10:00</b> <b>Yoga Level 1</b> Seated exercises 3rd Floor Theater Room</p> <p><b>10:30</b> <b>Yoga Level 2</b> Sitting to standing 3rd Floor Theater</p> <p><b>1:00</b> <b>Pinochle Foursomes</b> 3rd Floor Billiard Room</p> <p><b>1:00</b> <b>Sunday Matinee</b> 3rd Floor Theater Room</p> <p><b>1:30</b> <b>Latter Day Saints Church Service</b> We invite you to join us! 2nd Floor Chapel</p> <p><b>3:00</b> <b>Worship in The Word</b> Scripture, singing &amp; praise together. 2nd Floor Chapel</p>	<p><b>8</b></p> <p><b>Medical Transport Day</b> <b>9:00</b> <b>Sound Mind &amp; Body Therapeutic Meditation</b> Enjoy the healing sounds 3rd Floor Theater</p> <p><b>9:50</b> <b>Stronger Sr Exercises</b> This class will help you get stronger &amp; more "fit" Large Dining Room</p> <p><b>1:00</b> <b>Pinochle Foursomes</b> 3rd Floor Billiard Room</p> <p><b>1:00</b> <b>Piano with Linda</b> Hymns, 40's musical scores and more Lobby</p> <p><b>1:00</b> <b>Volunteer Project Linus Helping Out...</b> Tying quilts for children 2nd Floor Craft Room</p> <p><b>2:00</b> <b>\$Nickel\$ Bingo</b> Pay a Nickel each game &amp; a Quarter for the end. Large Dining Room</p> <p><b>3:00</b> <b>Bible Figure Lessons</b> Learn more in-depth &amp; apply to your daily life 3rd Floor Theater</p> <p><b>3:00</b> <b>Margarita Monday</b> Stop by and socialize before dinner. Lobby</p> <p><b>3:30</b> <b>Rack'em up Billiards</b> 3rd Floor Billiard Room</p> <p><b>7:00</b> <b>Toastmaster Club Mtg.</b> 3rd Floor Theater Room</p>	<p><b>9</b></p> <p><b>Medical Transport Day</b> <b>9:00</b> <b>TAI CHI</b> Slow, controlled &amp; seated upper body exercises. 3rd Floor Theater Room</p> <p><b>9:50</b> <b>OTAGO Better Balance Exercise Class</b> Large Dining Room</p> <p><b>10:00</b> <b>ELWIN'S TUNES ON THE ORGAN</b> Beautifully played tunes, sure to move your heart. 2nd Floor Chapel</p> <p><b>10:00</b> <b>Yoga Level 1</b> Seated exercises 3rd Floor Theater Room</p> <p><b>10:30</b> <b>Yoga Level 2</b> Sitting to standing 3rd Floor Theater</p> <p><b>1:00</b> <b>Pinochle Foursomes</b> 3rd Floor Billiard Room</p> <p><b>1:00</b> <b>Hammer Dulcimer Musical &amp; Informational Performance</b> Learn more &amp; listen to this magical instrument. 2nd Floor Chapel.</p> <p><b>2:00</b> <b>Candy Bingo</b> BINGO games with mini candy bar prizes. Large Dining Room</p> <p><b>6:00</b> <b>Decks &amp; Dice</b> 3rd Floor Billiard Room</p>	<p><b>10</b></p> <p><b>9:00</b> <b>Sound Mind &amp; Body Therapeutic Meditation</b> 3rd Floor Theater</p> <p><b>9:30</b> <b>Scenic Drive 1.5-2hr</b> Join us for a tour around our area Sign up in the Lobby</p> <p><b>9:30</b> <b>Catholic Service</b> With our very own Father Auvee 2nd Floor Chapel</p> <p><b>9:50</b> <b>Stronger Sr Exercises</b> Large Dining Room</p> <p><b>11:00</b> <b>LDS Ladies Lunch &amp; Learn</b> Private Dining Room</p> <p><b>1:00</b> <b>Discerning The Word of God Bible Study</b> Discover and understand more, together. 3rd Floor Theater</p> <p><b>1:00</b> <b>Hand &amp; Foot Card Game</b> Meet up to play! 3rd Floor Billiard Room</p> <p><b>2:00</b> <b>Resident Birthday Party</b> Celebrate all of the birthdays together! Enjoy Live music and cake! Large Dining Room</p> <p><b>6:00</b> <b>Midweek Movie</b> Check your daily flyer for more detailed movie information 3rd Floor Theater Room</p>	<p><b>11</b></p> <p><b>Shopping 8:30-10:00</b> <b>Fred Meyer 1.5 hr Trip</b></p> <p><b>9:00</b> <b>TAI CHI</b> Slow, controlled &amp; seated upper body exercises. GREAT for the brain too! 3rd Floor Theater Room</p> <p><b>9:50</b> <b>OTAGO Better Balance Exercise Class</b> Large Dining Room</p> <p><b>10:00</b> <b>Yoga Level 1</b> 3rd Floor Theater Room</p> <p><b>10:30</b> <b>Yoga Level 2</b> 3rd Floor Theater</p> <p><b>12:30</b> <b>Shopping 12:30</b> <b>Fred Meyer 1hr Trip</b></p> <p><b>1:00</b> <b>Pinochle Foursomes</b> 3rd Floor Billiard Room</p> <p><b>1:30</b> <b>Church service with Pastor Al</b> Nondenominational 2nd Floor Chapel Room</p> <p><b>2:00</b> <b>Soda Shop Social Root Beer Floats</b> 2nd Floor "Coke" Room</p> <p><b>3:00</b> <b>Joyce's Piano Concert</b> Join us for lovely piano Lobby</p> <p><b>3:00</b> <b>BUNCO Dice Game</b> 2nd Floor Craft Room</p> <p><b>6:00</b> <b>Decks &amp; Dice</b> 3rd Floor Billiard Room</p>	<p><b>12</b></p> <p><b>9:00</b> <b>Sound Mind &amp; Body Therapeutic Meditation</b> 3rd Floor Theater</p> <p><b>9:30</b> <b>Musical Memories</b> 2nd Floor Loft</p> <p><b>9:50</b> <b>Stronger Sr Exercises</b> Large Dining Room</p> <p><b>11:00</b> <b>Daphne's jewelry</b> Stop by &amp; see the many types of jewelry all at affordable prices. Lobby</p> <p><b>1:00</b> <b>Turtle Trekkers</b> Join us for a walk around the Parkview block. Meet at the Lobby</p> <p><b>1:00</b> <b>Pinochle Foursomes</b> Meet to play with peers 3rd Floor Billiard Room</p> <p><b>1:00</b> <b>Volunteer Project Linus Helping Out...</b> Tying quilts for children 2nd Floor Craft Room</p> <p><b>2:00</b> <b>TROUBLES BE GONE</b> Here to lift our spirits with the power of music! Large Dining Room</p> <p><b>3:30</b> <b>Discovery Health Series with in house P.T.</b> Educational conversations with our in house Physical Therapists Lobby</p>	<p><b>13</b></p> <p><b>9:00</b> <b>Perplexing Puzzlement</b> Grab your puzzle packet and keep your brain firing 2nd Floor Loft</p> <p><b>9:00</b> <b>TAI CHI</b> 3rd Floor Theater Room</p> <p><b>10:00</b> <b>Yoga Level 1</b> Seated exercise 3rd Floor Theater Room</p> <p><b>10:30</b> <b>Yoga Level 2</b> Seated to standing 3rd Floor Theater</p> <p><b>11:00-1:00</b> <b>Mary Kay with Diane</b> Peruse the new products and get your favorites Lobby</p> <p><b>1:00</b> <b>Pinochle Foursomes</b> 3rd Floor Billiard Room</p> <p><b>1:00</b> <b>Saturday Matinee</b> 3rd Floor Theater Room</p> <p><b>2:00</b> <b>B I N G O BONANZA</b> Invite friends &amp; family RSVP for guests if possible 509 873-9734 Large Dining Room</p> <p><b>2:00</b> <b>Decks &amp; Dice</b> 3rd Floor Billiard Room</p> <p><b>3:00</b> <b>Classical Piano with Richard</b> Enjoy in the Lobby</p>

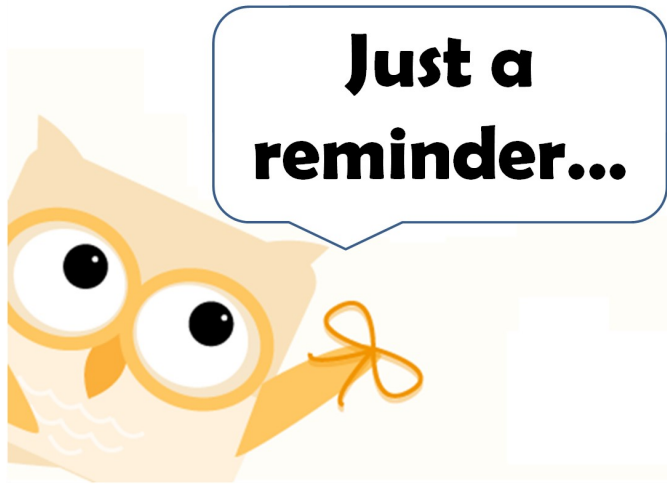
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p align="center"><b>14</b></p> <p align="center"><b>9:00</b> <b>TAI CHI</b> Slow, controlled &amp; seated upper body exercises. 3rd Floor Theater Room</p> <p align="center"><b>10:00</b> <b>Yoga Level 1</b> Seated 3rd Floor Theater Room</p> <p align="center"><b>10:30</b> <b>Yoga Level 2</b> From sitting to standing 3rd Floor Theater</p> <p align="center"><b>1:00</b> <b>Pinochle Foursomes</b> Stop in &amp; play! 3rd Floor Billiard Room</p> <p align="center"><b>1:00</b> <b>Sunday Matinee</b> 3rd Floor Theater Room</p> <p align="center"><b>1:30</b> <b>Latter Day Saints Church Service</b> We invite you to join us! 2nd Floor Chapel</p> <p align="center"><b>3:00</b> <i>Worship in The Word</i> Enjoy this wonderful service together. 2nd Floor Chapel</p>	<p align="center"><b>15</b></p> <p align="center"><b>Medical Transport Day</b></p> <p align="center"><b>9:00</b> <b>Sound Mind &amp; Body Therapeutic Meditation</b> 3rd Floor Theater</p> <p align="center"><b>9:50</b> <b>Stronger Sr Exercises</b> This class will help you get stronger &amp; more "fit" Large Dining Room</p> <p align="center"><b>1:00</b> <b>Pinochle Foursomes</b> 3rd Floor Billiard Room</p> <p align="center"><b>1:00</b> <b>Laurie's Sing Along</b> Sing your hearts out! Great for the body &amp; soul Lobby</p> <p align="center"><b>1:00</b> <b>Volunteer Project Linus Helping Out...</b> Tying quilts for children 2nd Floor Craft Room</p> <p align="center"><b>2:00</b> <b>\$Nickle\$ Bingo</b> Pay a Nickel each game &amp; a Quarter for the end. Large Dining Room</p> <p align="center"><b>3:00</b> <b>Bible Figure Lessons</b> Learn more in-depth &amp; apply to your daily life 3rd Floor Theater</p> <p align="center"><b>3:00</b> <b>Margarita Monday</b> We have non alcoholic versions too! (Mocktails) Lobby</p> <p align="center"><b>3:30</b> <b>Rack'em up Billiards</b> 3rd Floor Billiard Room</p>	<p align="center"><b>16</b></p> <p align="center"><b>Medical Transport Day</b></p> <p align="center"><b>9:00</b> <b>TAI CHI</b> Slow, controlled &amp; seated upper body exercises. GREAT for the brain too! 3rd Floor Theater Room</p> <p align="center"><b>9:50</b> <b>OTAGO Better Balance Exercise Class</b> Those that have done the assessment meet in the Large Dining Room</p> <p align="center"><b>10:00</b> <b>Yoga Level 1</b> Seated exercises 3rd Floor Theater Room</p> <p align="center"><b>10:30</b> <b>Yoga Level 2</b> Standing exercises 3rd Floor Theater</p> <p align="center"><b>1:00</b> <b>Pinochle Foursomes</b> 3rd Floor Billiard Room</p> <p align="center"><b>2:00</b> <b>NEW MUSIC with LARRY ASHBY</b> Classic Country Western Guitar &amp; vocals <b>DONT MISS IT!</b> Lobby</p> <p align="center"><b>3:00</b> <b>Old Testament Tuesdays</b> Everyone is welcome 2nd Floor Chapel</p> <p align="center"><b>6:00</b> <b>Decks &amp; Dice</b> 3rd Floor Billiard Room</p>	<p align="center"><b>17</b></p> <p align="center"><b>9:00</b> <b>Sound Mind &amp; Body Therapeutic Meditation</b> 3rd Floor Theater</p> <p align="center"><b>9:30</b> <b>Dollar Store</b> Ride with us to shop Sign up in the Lobby</p> <p align="center"><b>9:30</b> <b>Catholic Service</b> With our very own Father Auvee 2nd Floor Chapel</p> <p align="center"><b>9:50</b> <b>Stronger Sr Exercises</b> This class will help you get stronger &amp; more "fit" Large Dining Room</p> <p align="center"><b>11:00</b> <b>LDS Ladies Lunch &amp; Learn</b> Private Dining Room</p> <p align="center"><b>1:00</b> <b>Discerning The Word of God Bible Study</b> 3rd Floor Theater</p> <p align="center"><b>1:00</b> <b>Hand &amp; Foot Card Game</b> Meet up to play! 3rd Floor Billiard Room</p> <p align="center"><b>2:00</b> <b>Old Time Fiddlers Folk/Bluegrass Music</b> keeping the music alive. Come enjoy together. Large Dining Room</p> <p align="center"><b>6:00</b> <b>Midweek Movie</b> Check your daily flyer for more detailed movie information 3rd Floor Theater Room</p>	<p align="center"><b>18</b></p> <p align="center"><b>Shopping 8:30-10:00</b> Walmart 1.5 hr Trip</p> <p align="center"><b>9:00</b> <b>TAI CHI</b> 3rd Floor Theater Room</p> <p align="center"><b>9:50</b> <b>OTAGO Better Balance Exercise Class</b> Large Dining Room</p> <p align="center"><b>10:00</b> <b>Yoga Level 1</b> 3rd Floor Theater Room</p> <p align="center"><b>10:30</b> <b>Yoga Level 2</b> 3rd Floor Theater</p> <p align="center"><b>12:30</b> <b>Shopping 12:30</b> Walmart 1hr Trip</p> <p align="center"><b>1:00</b> <b>Pinochle Foursomes</b> 3rd Floor Billiard Room</p> <p align="center"><b>1:30</b> <b>Church service with Pastor Al</b> Nondenominational 2nd Floor Chapel Room</p> <p align="center"><b>2:00</b> <b>Soda Shop Social Root Beer Floats</b> 2nd Floor "Coke" Room</p> <p align="center"><b>2:30</b> <b>Resident Council Mtg</b> Bring concerns, questions &amp; comments Large Dining Room</p> <p align="center"><b>3:00</b> <b>BUNCO Dice Game</b> 2nd Floor Craft Room</p> <p align="center"><b>6:00</b> <b>Decks &amp; Dice</b> 3rd Floor Billiard Room</p>	<p align="center"><b>19</b></p> <p align="center"><b>9:00</b> <b>Sound Mind &amp; Body Therapeutic Meditation</b> Studies show immense benefits from sound waves. Enjoy the healing sounds 3rd Floor Theater</p> <p align="center"><b>9:30</b> <b>Musical Memories</b> Listen to songs you haven't heard in forever... 2nd Floor Loft</p> <p align="center"><b>9:50</b> <b>Stronger Sr Exercises</b> This class will help you get stronger &amp; more "fit" Large Dining Room</p> <p align="center"><b>1:00</b> <b>Turtle Trekkers</b> Join us for a walk around the Parkview block. Slow &amp; steady together Meet at the Lobby</p> <p align="center"><b>1:00</b> <b>Pinochle Foursomes</b> 3rd Floor Billiard Room</p> <p align="center"><b>1:00</b> <b>Volunteer Project Linus Helping Out...</b> Tying quilts for children 2nd Floor Craft Room</p> <p align="center"><b>2:00</b> <b>Candy Bingo</b> Enjoy all regular BINGO games with mini candy bar prizes. Large Dining Room</p> <p align="center"><b>3:30</b> <b>Rack'em up Billiards</b> Play a few before dinner 3rd Floor Billiard Room</p>	<p align="center"><b>20</b></p> <p align="center"><b>9:00</b> <b>Perplexing Puzzlement</b> Grab your puzzle packet and keep your brain firing 2nd Floor Loft</p> <p align="center"><b>9:00</b> <b>TAI CHI</b> Slow, controlled &amp; seated upper body exercises. GREAT for the brain too! 3rd Floor Theater Room</p> <p align="center"><b>9:00-10:30</b> <b>Arty Fartsy Fun</b> Make easy but cute décor. Special Guest Paint Pour 2nd Floor Craft Room</p> <p align="center"><b>10:00</b> <b>Yoga Level 1</b> Seated stretching &amp; strengthening 3rd Floor Theater Room</p> <p align="center"><b>10:30</b> <b>Yoga Level 2</b> Alternating from sitting to standing balance strength &amp; stretch exercises. 3rd Floor Theater</p> <p align="center"><b>1:00</b> <b>Pinochle Foursomes</b> 3rd Floor Billiard Room</p> <p align="center"><b>1:00</b> <b>Saturday Matinee</b> 3rd Floor Theater Room</p> <p align="center"><b>2:00</b> <b>Decks &amp; Dice</b> 3rd Floor Billiard Room</p> <p align="center"><b>3:00</b> <b>Classical Piano with Richard</b> Enjoy in the Lobby</p>



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>21</b></p> <p><b>9:00</b> <b>TAI CHI</b> 3rd Floor Theater Room</p> <p><b>10:00</b> <i>Doggie Day</i> Get a good snuggle from these wonderful dogs. In the Lobby</p> <p><b>10:00</b> <b>Yoga Level 1</b> 3rd Floor Theater Room</p> <p><b>10:30</b> <b>Yoga Level 2</b> 3rd Floor Theater</p> <p><b>1:00</b> <b>Pinochle Foursomes</b> 3rd Floor Billiard Room</p> <p><b>1:00</b> <b>Sunday Matinee</b> 3rd Floor Theater Room</p> <p><b>1:30</b> <b>Latter Day Saints Church Service</b> We invite you to join us! 2nd Floor Chapel</p> <p><b>3:00</b> <i>Worship in The Word</i> Scripture, singing &amp; praise together. 2nd Floor Chapel</p>	<p><b>22</b></p> <p><b>Medical Transport Day</b></p> <p><b>9:00</b> <b>Sound Mind &amp; Body Therapeutic Meditation</b> Enjoy the healing sounds 3rd Floor Theater</p> <p><b>9:50</b> <b>Stronger Sr Exercises</b> This class will help you get stronger &amp; more "fit" Large Dining Room</p> <p><b>1:00</b> <b>Pinochle Foursomes</b> 3rd Floor Billiard Room</p> <p><b>1:00</b> <b>Volunteer Project Linus Helping Out...</b> Tying quilts for children 2nd Floor Craft Room</p> <p><b>2:00</b> <b>\$Nickel\$ Bingo</b> Pay a Nickel each game &amp; a Quarter for the end game Large Dining Room</p> <p><b>3:00</b> <b>Bible Figure Lessons</b> Learn more in-depth &amp; apply to your daily life 3rd Floor Theater</p> <p><b>3:00</b> <b>Margarita Monday</b> Stop by and socialize before dinner. We have non alcoholic versions too! (Mocktails) Lobby</p> <p><b>3:30</b> <b>Rack'em up Billiards</b> 3rd Floor Billiard Room</p> <p><b>7:00</b> <b>Toastmaster Club Mtg.</b> An outside group comes to utilize the room. 3rd Floor Theater Room</p>	<p><b>23</b></p> <p><b>Medical Transport Day</b></p> <p><b>9:00</b> <b>TAI CHI</b> Slow, controlled &amp; seated upper body exercises. GREAT for the brain too! 3rd Floor Theater Room</p> <p><b>9:50</b> <b>OTAGO Better Balance Exercise Class</b> Those that have done the assessment meet in the Large Dining Room</p> <p><b>10:00</b> <b>Yoga Level 1</b> Seated stretching &amp; strengthening exercises 3rd Floor Theater Room</p> <p><b>10:30</b> <b>Yoga Level 2</b> Alternating from sitting to standing balance strength &amp; stretch exercises. 3rd Floor Theater</p> <p><b>1:00</b> <b>Pinochle Foursomes</b> 3rd Floor Billiard Room</p> <p><b>2:00</b> <b>Candy Bingo</b> BINGO games with mini candy bar prizes. Large Dining Room</p> <p><b>6:00</b> <b>Decks &amp; Dice</b> Meet up in the Billiard Room to play</p>	<p><b>24</b></p> <p><b>9:00</b> <b>Sound Mind &amp; Body Therapeutic Meditation</b> 3rd Floor Theater</p> <p><b>9:30</b> <b>Scenic Drive 1.5-2hr</b> Join us for a tour around our area Sign up in the Lobby</p> <p><b>9:30</b> <b>Catholic Service</b> With our very own Father Auvee 2nd Floor Chapel</p> <p><b>9:50</b> <b>Stronger Sr Exercises</b> This class will help you get stronger &amp; more "fit" Large Dining Room</p> <p><b>1:00</b> <b>Discerning The Word of God Bible Study</b> Discover and understand more, together. 3rd Floor Theater</p> <p><b>1:00</b> <b>Hand &amp; Foot Card Game</b> Meet up to play! 3rd Floor Billiard Room</p> <p><b>2:00</b> <b>\$Nickel\$ Bingo</b> Nickel per game 1 Quarter for Black out. Large Dining Room</p> <p><b>3:00</b> <b>Joyful Noise Singing Rehearsal</b> 2nd Floor Chapel</p> <p><b>6:00</b> <b>Midweek Movie</b> Check your daily flyer for more detailed movie information 3rd Floor Theater Room</p>	<p><b>25</b></p> <p><b>Shopping 8:30-10:00</b> Fred Meyer 1.5 hr Trip</p> <p><b>9:00</b> <b>TAI CHI</b> Slow, controlled &amp; seated upper body exercises. GREAT for the brain too! 3rd Floor Theater Room</p> <p><b>9:50</b> <b>OTAGO Better Balance Exercise Class</b> Those that have done the assessment meet in the Large Dining Room</p> <p><b>10:00</b> <b>Yoga Level 1</b> 3rd Floor Theater Room</p> <p><b>10:30</b> <b>Yoga Level 2</b> Sitting to standing exercise 3rd Floor Theater</p> <p><b>12:30</b> <b>Shopping 12:30</b> Fred Meyer 1hr Trip</p> <p><b>1:00</b> <b>Pinochle Foursomes</b> 3rd Floor Billiard Room</p> <p><b>1:30</b> <b>Church with Pastor Al</b> Nondenominational 2nd Floor Chapel Room</p> <p><b>2:00</b> <b>Soda Shop Social Root Beer Floats</b> 2nd Floor "Coke" Room</p> <p><b>3:00</b> <b>Joyce's Piano Concert</b> Join us for lovely piano Lobby</p> <p><b>3:00</b> <b>BUNCO Dice Game</b> 2nd Floor Craft Room</p> <p><b>6:00</b> <b>Decks &amp; Dice</b> 3rd Floor Billiard Room</p>	<p><b>26</b></p> <p><b>9:00</b> <b>Sound Mind &amp; Body Therapeutic Meditation</b> Studies show immense benefits from sound 3rd Floor Theater</p> <p><b>9:30</b> <b>Musical Memories</b> Listen to songs you haven't heard in forever... 2nd Floor Loft</p> <p><b>9:50</b> <b>Stronger Sr Exercises</b> This class will help you get stronger &amp; more "fit" Large Dining Room</p> <p><b>1:00</b> <b>Turtle Trekkers</b> Join us for a walk around the Parkview block. Meet at the Lobby</p> <p><b>1:00</b> <b>Pinochle Foursomes</b> 3rd Floor Billiard Room</p> <p><b>1:00</b> <b>Volunteer Project Linus Helping Out...</b> 2nd Floor Craft Room</p> <p><b>2:00</b> <b>Karaoke with Bobby McFay</b> Listen and sip or get up and sing too! 10,000+ songs to choose from. Lobby</p>	<p><b>27</b></p> <p><b>9:00</b> <b>Perplexing Puzzlement</b> Grab your puzzle packet and keep your brain firing 2nd Floor Loft</p> <p><b>9:00</b> <b>TAI CHI</b> 3rd Floor Theater Room</p> <p><b>10:00</b> <b>Yoga Level 1</b> Seated stretching &amp; strengthening 3rd Floor Theater Room</p> <p><b>10:30</b> <b>Yoga Level 2</b> Alternating from sitting to standing balance strength &amp; stretch exercises. 3rd Floor Theater</p> <p><b>1:00</b> <b>Pinochle Foursomes</b> 3rd Floor Billiard Room</p> <p><b>1:00</b> <b>Saturday Matinee</b> Join us for a Movie See the daily flyer for each movie title. 3rd Floor Theater Room</p> <p><b>2:00</b> <b>Decks &amp; Dice</b> 3rd Floor Billiard Room</p> <p><b>3:00</b> <b>Classical Piano with Richard</b> Enjoy in the Lobby</p>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>28</b></p> <p><b>9:00</b> <b>TAI CHI</b> 3rd Floor Theater Room</p> <p><b>10:00</b> <b>Yoga Level 1</b> Seated stretching &amp; strengthening 3rd Floor Theater Room</p> <p><b>10:30</b> <b>Yoga Level 2</b> Alternating from sitting to standing balance strength &amp; stretch exercises. 3rd Floor Theater</p> <p><b>1:00</b> <b>Pinochle Foursomes</b> 3rd Floor Billiard Room</p> <p><b>1:00</b> <b>Sunday Matinee</b> Join us for a Movie See the daily flyer for each movie title. 3rd Floor Theater Room</p> <p><b>1:30</b> <b>Latter Day Saints Church Service</b> We invite you to join us! 2nd Floor Chapel</p> <p><b>3:00</b> <i>Worship in The Word</i> Scripture, singing &amp; praise together. 2nd Floor Chapel</p>	<p><b>29</b></p> <p><b>9:00</b> <b>Sound Mind &amp; Body Therapeutic Meditation</b> Enjoy the healing sounds 3rd Floor Theater</p> <p><b>9:50</b> <b>Stronger Sr Exercises</b> Large Dining Room</p> <p><b>1:00</b> <b>Pinochle Foursomes</b> 3rd Floor Billiard Room</p> <p><b>1:00</b> <b>Volunteer Project Linus Helping Out...</b> Tying quilts for children 2nd Floor Craft Room</p> <p><b>2:00</b> <b>NEW MUSIC WITH CALICO BONES</b> A lovely duo with beautiful harmony &amp; smooth acoustic guitar. Large Dining Room</p> <p><b>3:00</b> <b>Bible Figure Lessons</b> Learn more in-depth &amp; apply to your daily life 3rd Floor Theater</p> <p><b>3:00</b> <b>Margarita Monday</b> Stop by and socialize before dinner. We have non alcoholic versions too! (Mocktails) Lobby</p> <p><b>3:30</b> <b>Rack'em up Billiards</b> 3rd Floor Billiard Room</p> <p><b>7:00</b> <b>Toastmaster Club Mtg.</b> 3rd Floor Theater Room</p>	<p><b>30</b></p> <p><b>Medical Transport Day</b></p> <p><b>9:00</b> <b>TAI CHI</b> Slow, controlled &amp; seated upper body exercises. GREAT for the brain too! 3rd Floor Theater Room</p> <p><b>9:50</b> <b>OTAGO Better Balance Exercise Class</b> Those that have done the assessment meet in the Large Dining Room</p> <p><b>10:00</b> <b>Yoga Level 1</b> Seated stretching &amp; strengthening exercises 3rd Floor Theater Room</p> <p><b>10:30</b> <b>Yoga Level 2</b> Alternating from sitting to standing balance strength &amp; stretch exercises. 3rd Floor Theater</p> <p><b>1:00</b> <b>Pinochle Foursomes</b> 3rd Floor Billiard Room</p> <p><b>2:00</b> <b>Candy Bingo</b> Enjoy all regular BINGO games with mini candy bar prizes. Large Dining Room</p> <p><b>6:00</b> <b>Decks &amp; Dice</b> Stop by the 3rd Floor Billiard Room to play.</p>	<p><b>1</b></p> <p><b>9:00</b> <b>Sound Mind &amp; Body Therapeutic Meditation</b> Enjoy the healing sounds 3rd Floor Theater</p> <p><b>9:30</b> <b>Scenic Drive 1.5-2hr</b> Join us for a tour around our area Sign up in the Lobby</p> <p><b>9:30</b> <b>Catholic Service</b> With our very own Father Auvee 2nd Floor Chapel</p> <p><b>9:50</b> <b>Stronger Sr Exercises</b> This class will help you get stronger &amp; more "fit" Large Dining Room</p> <p><b>1:00</b> <b>Discerning The Word of God Bible Study</b> 3rd Floor Theater</p> <p><b>1:00</b> <b>Hand &amp; Foot Card Game</b> 3rd Floor Billiard Room</p> <p><b>2:00</b> <b>\$Nickel\$ Bingo</b> Pay a Nickel each game &amp; a Quarter for the end game Large Dining Room</p> <p><b>6:00</b> <b>Midweek Movie</b> See your daily flyer for more movie info 3rd Floor Theater Room</p>	<p><b>2</b></p> <p><b>Shopping 8:30-10:00</b> <b>Walmart 1.5hr Trip</b> Sign up in the Lobby to ride</p> <p><b>9:00</b> <b>TAI CHI</b> Slow, controlled &amp; seated upper body exercises. 3rd Floor Theater Room</p> <p><b>9:50</b> <b>OTAGO Better Balance</b> Standing exercise class Large Dining Room</p> <p><b>10:00</b> <b>Yoga Level 1</b> 3rd Floor Theater Room</p> <p><b>10:30</b> <b>Yoga Level 2</b> Sitting to standing balance 3rd Floor Theater</p> <p><b>Shopping 12:30</b> <b>Walmart 1hr Trip</b> <b>1:00</b> <b>Pinochle Foursomes</b> 3rd Floor Billiard Room</p> <p><b>1:30</b> <b>Church service with Pastor Al</b> Nondenominational 2nd Floor Chapel</p> <p><b>2:00</b> <b>Soda Shop Social</b> <b>Root Beer Floats</b> 2nd Floor "Coke" Room</p> <p><b>3:00</b> <b>BUNCO Dice Game</b> 2nd Floor Craft Room</p> <p><b>6:00</b> <b>Decks &amp; Dice</b> Stop by the 3rd Floor Billiard Room to play</p>	<p><b>3</b></p> <p><b>9:00</b> <b>Sound Mind &amp; Body Therapeutic Meditation</b> Studies show immense benefits from sound waves. 3rd Floor Theater</p> <p><b>9:30</b> <b>Musical Memories</b> Listen to songs you haven't heard in forever... 2nd Floor Loft</p> <p><b>9:50</b> <b>Stronger Sr Exercises</b> This class will help you get stronger &amp; more "fit" Large Dining Room</p> <p><b>1:00</b> <b>Turtle Trekkers</b> Join us for a walk around the Parkview block. Meet at the Lobby</p> <p><b>1:00</b> <b>Pinochle Foursomes</b> 3rd Floor Billiard Room</p> <p><b>1:00</b> <b>Volunteer Project Linus Helping Out...</b> Tying quilts for children 2nd Floor Craft Room</p> <p><b>2:00</b> <b>Live music With GREY WOLF BAND</b> <b>Music with John &amp; Cuco</b> Enjoy all kinds of music, with these great guys. Large Dining Room</p> <p><b>3:30</b> <b>Rack'em up Billiards</b> Play a few before dinner 3rd Floor Billiard Room</p>	<p><b>4</b></p> <p><b>9:00</b> <b>Perplexing Puzzlement</b> Grab your puzzle packet 2nd Floor Loft</p> <p><b>9:00</b> <b>TAI CHI</b> Slow, controlled &amp; seated upper body exercises. GREAT for the brain too! 3rd Floor Theater Room</p> <p><b>10:00</b> <b>Yoga Level 1</b> Seated stretching &amp; strengthening 3rd Floor Theater Room</p> <p><b>10:30</b> <b>Yoga Level 2</b> Sitting to standing 3rd Floor Theater</p> <p><b>1:00</b> <b>Pinochle Foursomes</b> 3rd Floor Billiard Room</p> <p><b>1:00</b> <b>Saturday Matinee</b> 3rd Floor Theater Room</p> <p><b>2:00</b> <b>Decks &amp; Dice</b> 3rd Floor Billiard Room</p> <p><b>2:30</b> <b>New Resident Mix &amp; Mingle</b> Introduce yourself and enjoy refreshments. Lobby</p>





Grab a small daily flyer to bring with you to remind you of goings on throughout the day.

And

Check the daily flyers posted in the elevators and outside each dining room for any updates.

hAPPY  
birthday  
let's celebrate



**Lets Celebrate!**  
Birthday cake and music from  
**The Firesides Band**  
Large Dining Room