



TO:

FOX HOLLOW  
INDEPENDENT & ASSISTED  
LIVING

2599 NE STUDIO RD.  
BEND, OR 97701

**FOX HOLLOW  
INDEPENDENT & ASSISTED LIVING**



**Fox Hollow Independent & Assisted Living**  
2599 NE Studio Road  
Bend, OR 97701  
Phone: 541-383-2030

**Executive Director:** Paige Ryan  
**Wellness Nurse:** Jacque Smythe RN  
**Business Office Manager:** Isaac Lewis  
**Marketing Director:** Martha Orozco-Thompson  
**Enrichment Director:** Dani Kerr  
**Maintenance Director:** Tim Disney  
**Dining Services Director:** Scott Bullard  
**Housekeeping Supervisor:** Lori Zarr

**FOX HOLLOW**

INDEPENDENT & ASSISTED LIVING

APRIL 2024

SPRING  
showers  
BRING MAY  
FLOWERS



# Fun Facts!

- 1. Did you know Abraham Lincoln is in the wrestling hall of fame? The 6'4" president had only one loss among his around 300 contests. He earned a reputation for this in New Salem, Illinois, as an elite fighter.**
- 2. Tablecloths were originally designed to be used as one big, communal napkin. When they were first invented, guests were meant to wipe off their hands and faces on a tablecloth after a messy dinner party.**
- 3. Apples, peaches, and raspberries are all members of the rose family.**
- 4. Ketchup was sold in the 1830s as medicine. In 1834, it was sold as a cure for an upset stomach by an Ohio physician named John Cook. It wasn't popularized as a condiment until the late 19th century!**
- 5. The Bloody Mary wasn't always called Bloody Mary! First, the popular brunch drink was actually called A Bucket Of Blood. After Bucket Of Blood, it transitioned to Red Snapper and, finally, settled on Bloody Mary.**
- 6. What's inside a Kit Kat? Broken Kit Kats that are damaged during production—they get ground up and go between the wafers inside, along with cocoa and sugar. That's a way to not let anything go to waste!**
- 7. At an average of 15 breaths per minute, we take about 400 million breaths during a lifetime. This is equivalent to about 53 million gallons of air.**







**Podiatrist**

COMING  
APRIL 8TH  
ACTIVITIES ROOM  
\* BINGO WILL BE HELD  
TUESDAY APRIL 9TH  
@ 11:00AM



All-in for a Fun and Thrilling  
Casino Trip don't forget to sign up!

FRIDAY APRIL 19TH, 2024  
10:00AM LEAVE TIME

WE WILL BE HAVING LUNCH  
THERE! BRING \$20 FOR LUNCH



# Live Music This Month

**April 3rd, 2024 At 1:30pm**

**Cinda Johnson & Rocking Ronnie**

**April 10th, 2024 At 1:30pm Paul Eddy**

**April 17th, 2024 At 1:30pm Terry Randstad**

**April 24th, 2024 At 1:30pm Thorn Hollow Band**

## Resident Birthdays!

Gail Bliesner 4/04  
Barb Kimball 4/06  
Deedee Summers 4/12  
Phyllis Kollen 4/19  
LaVera Best 4/19  
Evelyn Tucker 4/23  
Leon Hayes 4/29



## Staff Birthdays!

Riley Creamer 4/01  
Kisten Elbek 4/09  
Henry Vendeberg 4/27



Fun outings planned!  
Don't forget to sign up!

- Thursday 4/4 Lunch & Movie
- Friday 4/05 Joann's
- Thursday 4/11 Fred Myers
- Friday 4/12 Mystery Ride
- Thursday 4/18 Bonta Gelato
- Friday 4/19 Indian Head Casino
- Thursday 4/25 Dollar Tree
- Friday 4/26 Mystery Ride

\*Please see the sign up sheets  
for details.



**Grocery Shopping Days!**  
Please meet in  
Lobby at 10:15am

- Monday April 1st ~ Albertsons
- Monday April 8th ~ Trader Joes
- Monday April 15th ~ WinCo
- Monday April 22nd ~ Safeway
- Monday April 29th ~ Local Acres

# Lunch and Movie Out!

Meet in the Lobby at 11:00am. We will enjoy lunch at The Lot. There are 3 food trucks to choose from so see Dani for advance menu details.

After lunch we will watch Arthur the King at Regal Movie Theater at 12:30!

Arthur the King is an **adventure movie** starring Mark Wahlberg and Simu Liu. Based on a true story, Wahlberg plays Michael Light, a pro-adventure racer who connects with a stray dog named Arthur. On his journey to win a final race, Light learns the true meaning of victory and friendship as his endurance is pushed to the limit.

Lunch \$20 plus Movie Ticket and Snacks \$15-20

## Resident Spotlight

Sandy

Moved to Fox Hollow in 2023

Sandy loves jigsaw puzzles, craft art and live entertainment hour here with us. Sandy was married for 52 years to Dayton before his passing they traveled the world in there 5th wheel, to many small churches to give a helping hand for 2 years. Eventually settled in Tucson, Arizona for 10 years before returning back to Oregon.