











2024 April

Find us on 

 **SERENITY** a Randall Residence
Assisted Living

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|---|--|--|---|--|
| <p>Come along with us as we travel through the decades this year. This month we will travel through 1920-1929 </p> | <p>1 April Fools Day 10- Morning stretches 10:30- Lets talk Jazz 11- Wordle 1-BINGO 3- Card games in the AR</p> | <p>2 10- Workout w/ weights 10:30- Dominos 11- Weekly word search 1-BINGO 2:30- Walking club meet on the patio for a walk & refreshments.</p> | <p>3 10:30- Workout w/ noodle 10:45- Noodle Ball 1- BINGO 2- Time Caraway performing</p>  | <p>4 10- Workout w/ weights 10:30- Weekly crossword 11- Wordle 1- BINGO 3- Manicures</p> | <p>5 10- Morning stretches 10:30- Trivia 11- Wordle 1- BINGO 3- Movie & popcorn</p> | <p>6 Resident led activities.</p> |
| <p>7 10:45- Communion with St. Monicas Church</p> | <p>8 10- Morning stretches 10:30- Inventions of the decade 11- Wordle 1- BINGO 3- Board games in AR</p> | <p>9 10- Workout w/ weights 10:30- Ping pong 11- Weekly word search 1- BINGO 2- Mike Cheeseman performing</p>  | <p>10 10- Workout w/ noodle 10:30- Noodle Ball 1- BINGO 3- Manicures</p> | <p>11 10- Workout w/ weights 10:30- Weekly crossword 11- Wordle 1- BINGO 3- Share our favorite recipes</p> | <p>12 10- Morning stretches 10:30- Trivia 11- Wordle 1- BINGO 3- Movie & popcorn</p> | <p>13 Resident led activities.</p>  |
| <p>14 10:45- Communion with St. Monicas Church</p> | <p>15 10- Morning stretches 10:30- Trivia 11- Wordle 1- BINGO 3- Puzzle building on 4th floor</p> | <p>16 10- Workout w/ weights 10:30- Finish the phrase 11- Weekly word search 1- BINGO 2:30- Therapy Dog visit 3:30- Bingo Store</p> | <p>17 10:30- Workout w/ noodle 10:45- Noodle Ball 1- BINGO 3- Manicures</p> | <p>18 10- Therapy Dog visit 10:30- Weekly Cross word 11- Wordle 1- BINGO</p>  | <p>19 10- Morning stretches 10:30- Trivia 11- Wordle 1- BINGO 3- Movie & popcorn</p> | <p>20 Resident led activities.</p> |
| <p>21 10:45- Communion with St. Monicas Church</p> | <p>22 10- Art @ the bodega coming here. Must sign-up 1- BINGO 2:30- Disney movie & popcorn 3- Yahtzee</p> | <p>23 10- Exercise video 1- BINGO 2:30- Resident Counsel</p>  | <p>24 10- Workout w/ noodle 10:30- Noodle Ball 1- BINGO 2:30- Biography of Walt Disney, video in TH 3- Manicures</p> | <p>25 10- Workout w/ weights 10:30- Weekly cross word 11- Wordle, Disney edition 1- BINGO 2:30- Monthly B-day party, taste of the decade</p> | <p>26 10- Coffee & conversation w/ Nancy @ Bistro 11:30- Lunch outing to Avanti 2:30- BINGO 3:30- Disney Movie & popcorn</p> | <p>27 Resident led activities.</p>  |
| <p>28 10:45- Communion with St. Monicas Church</p> | <p>29 10- Morning stretches 10:30- Shopping trip to Walmart 1- BINGO 2:30- Walking Club Check in 3- Card games in AR</p> | <p>30 10- Morning stretches 10:30- This day in History 1920 11- Weekly word search 1- BINGO 2:30- Rich Gilmore performing</p>  | <p>HAPPY BIRTHDAY Nancy- 4/4 Georgia- 4/10 Marsha- 4/11</p>  | <p></p> | <p>AR- Activity Room 1st floor TH- Theater on 2nd floor Bistro- 1st floor</p> | <p>Any activities on the patio will be weather permitting. If the weather is unfriendly we will move into the AR.</p> |