

APRIL 2024

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SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Meeting Places

- B** Bistro
- DR** Dining Room
- G** Great Room
- GR** Game Room
- HR** Hobby Room
- L** Lobby
- LIB** Library
- O** Outside
- P** Patio
- PC** Personal Care

01

9:00a Middletown Errands L
10:15a Guided Meditation & Stretch LIB
10:45a Flex Your Brain: April Fool's Day LIB
12:45p Curiosity U G
1:00p Shopping at Dollar Tree L
2:30p Pattern Bingo G
4:00p Happy Hour B

02

10:00a Morning Yoga Flow G
11:00a All About April Trivia Challenge G
1:30p Pokeno G
2:45p Posture Pleasers G
4:00p Happy Hour B
6:00p Game Night B

03

9:30a Circuit Workout G
9:30a Pharmacy (CVS) L
10:30a **Musical Performance by Second Act** DR
1:30p **Town Hall** G
2:30p Bingo G
4:00p Happy Hour B

04

9:30a Epiphany Catholic Church G
10:30a Drum Fit G
11:15a Jeopardy Trivia G
1:30p Solar Eclipse T-shirt Workshop (register by 4/2) O
4:00p Happy Hour B
5:45p Bunco Night B

05

9:00a Middletown Errands L
10:00a Total Body Strength G
10:30a Stars & Constellations G
10:45a Lunch Bunch: Cracker Barrel L
1:00p Shopping at Kroger (Plainview) L
2:00p Bingo G
4:00p Happy Hour B

06

All Day Brain Challenge
10:00a Circuit Workout with Kayla G
1:15p 30 Ball "Speed" Bingo G
2:15p Who, What, Where? G
2:45p Movie Matinee - 2001: A Space Odyssey G
5:45p Kimmy's Conversation Club L

07

9:15a Southeast Christian Service Broadcast G
10:30a Circuit Workout G
1:15p Non-Denominational Worship Service G
2:00p Doris Day: A Sentimental Journey G
3:30p Jigsaw Puzzle Group GR
6:00p Rummikub B

08

9:00a Middletown Errands L
10:15a Guided Meditation & Stretch LIB
10:45a Solar Eclipse 101 LIB
1:00p Shopping at Target L
1:45p Solar Eclipse O
9:20p NCAA Championship Game T

09

10:00a Morning Yoga Flow G
11:00a Word Connections G
1:00-2:00 **Neck & Shoulder Massage** B
2:15p Pokeno G
3:15p Posture Pleasers G
4:00p Happy Hour B
6:00p Game Night B

10

Salon Open
9:00a Pharmacy Shuttle (Walgreens) L
10:00a Total Body Strength G
10:30a Kentucky Derby Museum L
11:00a Celestial Trivia Challenge G
1:30p Scenic Ride L
4:00p Happy Hour B
5:45p Bingo Night G

11

National Pet Day
9:30a Epiphany Catholic Church G
10:30a Drum Fit G
11:15a Jeopardy Trivia G
1:00p A Touch of Watercolor HR
2:30p **Wellness Event with EmpowerMe** G
3:00p Live Music with Personal Care PC
4:00p Happy Hour B
5:45p Bunco Night B

12

9:00a Middletown Errands L
10:00a Total Body Strength G
10:45a Lunch Bunch: The Cheddar Box Cafe L
11:00a Flex Your Brain G
1:00p Shopping at Publix L
1:00p Wii Bowling G
2:00p Bingo G
3:15p Stretch & Tone G
4:00p Happy Hour B

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All Day Brain Challenge
10:00a Circuit Workout with Kayla G
1:15p 30 Ball "Speed" Bingo G
2:15p Who, What, Where? G
2:45p Movie Matinee: Apollo 13 G
5:45p Dominoes B

14

9:15a Southeast Christian Service Broadcast G
10:30a Circuit Workout G
1:15p Non-Denominational Worship Service G
2:00p Virtual Concert Series G
3:30p Jigsaw Puzzle Group GR
6:00p Rummikub B

15

9:00a Middletown Errands L
10:15a Guided Meditation & Stretch LIB
10:45a Leonardo da Vinci Trivia LIB
12:45p Curiosity U G
2:30p Pattern Bingo G
4:00p Happy Hour B

16

10:00a Morning Yoga Flow G
11:00a Friendly Feud G
12:45p Pokeno G
1:45p Movie Matinee: Coal Miner's Daughter G
4:00p Happy Hour B
6:00p Game Night B

17

Salon Open
9:00a Pharmacy Shuttle (CVS) L
10:00a Total Body Strength G
11:00a **Bookmobile** IL
1:00p Scenic Ride L
2:00p Bingo G
3:00p The "Write" Word Game G
4:00p Happy Hour B

18

9:30a Epiphany Catholic Church G
10:30a Drum Fit G
11:15a Jeopardy Trivia G
1:30p Derby Decor Workshop HR
4:00p Happy Hour B
5:45p Bunco Night B

19

9:00a Middletown Errands L
10:00a Total Body Strength G
10:45a Lunch Bunch: Olive Garden L
11:00a Flex Your Brain G
1:00p Shopping at Kroger (Middletown) L
1:00p Wii Bowling G
2:00p Bingo G
3:15p Stretch & Tone G
4:00p Happy Hour B

20

Thunder Over Louisville
All Day Brain Challenge
10:00a Circuit Workout with Kayla G
1:15p 30 Ball "Speed" Bingo G
2:15p Who, What, Where? G
3:00p Airshow Coverage B
5:45p Kimmy's Conversation Club L
9:00p Fireworks Coverage B

21

9:15a Southeast Christian Service Broadcast G
10:30a Circuit Workout G
1:15p Non-Denominational Worship Service G
2:00p Virtual Concert Series: Glen Campbell G
3:30p Jigsaw Puzzle Group GR
6:00p Rummikub B

22

Earth Day
9:00a Middletown Errands L
10:15a Guided Meditation & Stretch LIB
10:45a Flex Your Brain: Earth Day LIB
12:45p Curiosity U G
1:00p Shopping at Kroger (Plainview) L
2:30p Pattern Bingo G
4:00p Happy Hour B

23

10:00a Morning Yoga Flow G
11:00a Wacky Wordies G
1:30p **Menu Chat** G
2:30p Pokeno G
4:00p Happy Hour B
6:00p Game Night B

24

Salon Open
9:00a Pharmacy Shuttle (Walgreens) L
10:00a Total Body Strength G
10:30a Scenic Ride L
11:00a Free Rice Trivia G
1:00p Bingo G
2:00p Out & About: Starbucks L
3:00p Cornhole P
4:00p Happy Hour B

25

9:30a Epiphany Catholic Church G
10:30a Drum Fit G
11:15a Jeopardy Trivia G
1:30p One Day University: Our Future in Space G
2:45p Book Club IL
4:00p Happy Hour B
5:45p Bunco Night B

26

9:00a Middletown Errands L
10:00a Total Body Strength G
10:45a Lunch Bunch: Applebee's L
11:00a Flex Your Brain G
1:00p Shopping at Meijer L
1:00p Wii Bowling G
2:00p Bingo G
3:15p Stretch & Tone G
4:00p Happy Hour B

27

All Day Brain Challenge
10:00a Circuit Workout with Kayla G
1:15p 30 Ball "Speed" Bingo G
2:15p Who, What, Where? G
2:45p Movie Matinee: The Martian G
5:45p Scrabble Meet Up B

28

9:15a Southeast Christian Service Broadcast G
10:30a Circuit Workout G
1:15p Non-Denominational Worship Service G
2:00p Virtual Concert Series G
3:30p Jigsaw Puzzle Group GR
6:00p Rummikub B

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9:00a Middletown Errands L
10:15a Guided Meditation & Stretch LIB
10:45a Icon Registration LIB
12:45p Curiosity U G
1:30p Out for Ice Cream L
2:30p Pattern Bingo G
4:00p Happy Hour B

30

10:00a Morning Yoga Flow G
11:00a Tea & Trivia Tuesday G
2:00p Pokeno G
3:15p Posture Pleasers G
4:00p Happy Hour B
6:00p Game Night B

Subject to change. Please see daily schedule for up-to-date itinerary.