



DAYBREAK COMMUNITY



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Hair Dresser -Wednesday 10:30am to 1:30pm</p> <p>Scenic Rides are Weather Permitting</p> <p>HYDRATION & SNACK TIMES: 10:00am, 2:00pm & 7:00PM</p> <p>Activities are Subject to change depending on Resident needs</p>	<p>1 April Fool's Day AM - Move & Groove Exercises History's Biggest Pranks Fact or Foolery Chair Soccer Ball PM- MUSIC THERAPY Forehead Note Game Bingo—Dining Room Wii Baseball Game Evening: Friend's N Word Search</p>	<p>2 Peanut Butter & Jelly Day AM—Stretch & Flex Exercises Name 10 items ABC Word Whiteboard Game Swat the Balloon PM—MUSIC THERAPY Nails & Manicures Childhood Memories Finish The Drawing Evening: Bingo w/ Crystal</p>	<p>3 National Walking Day AM— Arm Band Stretches Discuss & Recall Ball Toss Scent-sory PM—MUSIC THERAPY Baking Club Chat & Chew Finish the Phrase Evening: Bible Study</p>	<p>4 National Rainbow Day AM— Sit & Get Fit Exercises Hangman on Whiteboard Would You Rather Balloon Bop PM—MUSIC THERAPY Old Wives Tales Color me Calm What Am I? Evening: Snacks & Chat</p>	<p>5 National Dandelion Day AM— Fitness w/ Friends Name That Nursey Rhyme Bracelet Making Friday Trivia PM—MUSIC THERAPY Nails & Manicures Detective Hour 20 Questions Evening: Movie & Snacks</p>	<p>6 AM— Chair Exercise Whiteboard Word Game Easy Trivia Ball Toss PM-MUSIC THERAPY Wii Game Memory Joggers Discuss & Recall Evening: Friend Chat & Snack</p>
<p>7 AM— Chair Exercise Daily Devotions Easy Bible Trivia Balloon Bop PM—MUSIC TO MY EARS What Am I? Finish the phrase Small Group Games 2:00 Music/Ben— Lobby 3:00 Church Service w/ Paul</p>	<p>8 Draw A Bird Day AM—Move & Groove Exercises Today In History Fact or Crap Word in a Word PM—MUSIC TO MY EARS Bean Bag Toss Bingo— Dining Room Wii Bowling Game Evening: Connect the Dots Pages</p>	<p>9 National Name Yourself Day AM—Stretch & Flex Exercises Guess That Tune Famous Couples in Time Name 10 Colors & Clothing PM—MUSIC TO MY EARS Nails & Manicures Sensory Groups Aromatherapy & Hand Massage Evening: Crafty Tuesday</p>	<p>10 National Sibling Day AM— Chair zumba You be The Judge Finish the Phrases Urban Myths PM—MUSIC TO MY EARS Short Story Readings Conversations Cards Vanilla Milkshakes & Mingle Evening: Hymn Sing Along</p>	<p>11 National Pet Day AM—Arm Band Stretches Shake Loose A Memory Talk & Toss ABC Word Whiteboard Game PM—MUSIC TO MY EARS Who Am I? Detective Hour Memory Joggers Evening: Snacks & Chat</p>	<p>12 National Grill Cheese Day AM—Fitness w/ Friends Fitness w/ Friends Hang Man Whiteboard Game Nails & Manicures PM—MUSIC TO MY EARS Small Group Table Games Coloring Corner Flowering Planting Evening: Movie & Snacks</p>	<p>13 AM— Sit & Get Fit Would you Rather Hangman Board Game Remember When PM-MUSIC TO MY EARS Group Black Jack Wii Game Catch the ball Evening: Court Yard Stroll</p>
<p>14 AM—Daily Reflections Mind & Body Wellness Old Wives Tales PM- MUSIC THERAPY Relax & Listen Who am I? Bingo—Dining Room Hang Man Evening- I love Lucy</p>	<p>15 National Laundry Day AM—Move & Groove Exercises History of Digital Cameras Photo Reminiscing Easy Trivia PM- MUSIC THERAPY Horse Shoe Toss Bingo—Dining Room Wii Golf Game Evening: Crossword Puzzles</p>	<p>16 World Semicolon Day AM—Stretch & Flex Exercises ABC It Game True or False Pass the Ball PM- MUSIC THERAPY Color Sorting & Table Games Nails & Manicures What's that scent Evening: Familiar Faces Bingo</p>	<p>17 National Cheese Ball Day AM—Arm Band Stretches Remember When This or That Game Noodle Ball PM- MUSIC THERAPY Bible Study & Devotions Baking Club Chat & Chew Evening: Walking Club</p>	<p>18 National High Five Day AM—Arm Band Stretches Jeopardy Questions Memory Joggers Chair Soccer PM- MUSIC THERAPY Old home remedies Small Group Card Game Finish the Drawing Evening: Snacks & Chat</p>	<p>19 National Garlic Day AM—Fitness w/ Friends Pictionary on Whiteboard Balloon Bop Nails & Manicures PM- MUSIC THERAPY Sensory Stations Color me Calm Finish the Phrase Evening: Movie & Snacks</p>	<p>20 AM-Chair Exercises Dear Abby Ball Toss Remember when PM-MUSIC THERAPY Bingo—Dining Room Chair Soccer Word in a Word on Whiteboard Evening: Group Word Finds</p>
<p>21 AM- Daily Devotions Weekend Stretches This or That Questions Past Career Reminiscing PM- MUSIC THERAPY Name 5 2:00 Music w/ Ben Pictionary Evening: Ed Sullivan Show</p>	<p>22 Earth Day AM—Move & Groove Exercises History Events Fact or Foolery Chair Soccer Ball PM- MUSIC THERAPY Forehead Note Game Bingo—Dining Room Wii Bowling Game Evening: Friend's N Word Search</p>	<p>23 National Picnic Day AM—Stretch & Flex Exercises Name 10 items ABC Word Whiteboard Game Swat the Balloon PM—MUSIC THERAPY Nails & Manicures Memories of Grandchildren Finish The Drawing Evening: Arts & Crafts w/ Crystal</p>	<p>24 International Guide Dog Day AM— Chair zumba You be The Judge Finish the Phrases Urban Myths PM—MUSIC TO MY EARS Short Story Readings Conversations Cards Strawberry Milkshakes & Mingle Evening: Jigsaw Puzzles</p>	<p>25 World Penguin Day AM—Arm Band Stretches Hangman on Whiteboard Would You Rather Balloon Bop PM—MUSIC THERAPY Old Wives Tales Color me Calm What Am I? Evening: Snacks & Chat</p>	<p>26 Arbor Day AM—Fitness w/ Friends Name That Nursey Rhyme Bracelet Making Friday Trivia PM—MUSIC THERAPY Nails & Manicures Detective Hour 20 Questions Evening: Movie & Snacks</p>	<p>27 AM— Chair Exercise Whiteboard Word Game Easy Trivia Ball Toss PM-MUSIC THERAPY Wii Game Memory Joggers Discuss & Recall Evening: Friend Chat & Snack</p>
<p>28 AM-Weekend Stretches Daily Devotions Bible Hangman Board Game PM- MUSIC THERAPY ElderMusic Quiz-Youtube Bean Bag Toss Brain Teaser Evening-Hitchcock Show</p>	<p>29 National Shrimp Scampi Day AM—Move & Groove Exercises History of Engineers Photo Reminiscing Easy Trivia PM- MUSIC THERAPY Horse Shoe Toss Bingo—Dining Room Wii Baseball Game Evening: Crossword Puzzles</p>	<p>30 International Jazz Day AM—Stretch & Flex Exercises Guess That Tune Famous Couples in Time Name 10 Colors & Clothing PM—MUSIC TO MY EARS Nails & Manicures Sensory Groups Aromatherapy & Hand Massage Evening: Animal Bingo</p>				

APRIL 2024