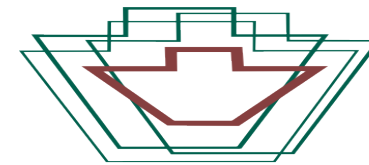




# INDEPENDENT LIVING APRIL 2024



**Keystone Commons**  
A Life Fulfilling Retirement Community

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Monthly Theme</b></p> 	<p><b>1 April Fool's Day</b> 9:30- Shopping in Chicopee 10:00- Communion w/ Deacon Tom- IL DINING ROOM 10:30- Mystery Card Games-BR 12:30- Rosary-3A 1pm- Scrabble- Billiards Room 1pm- Exercise w/ Amy-3A 2pm-Corn Hole- IL Dining Room 3:15- Canasta- Billiards Room 3:15- Wii Bowling- Theater 6:45- Quarter Bingo with Fredi-Pub</p>	<p><b>2</b> 10:00- Blood Pressure Clinic-Pub 10:30- Knitting Corner- 1<sup>st</sup> Floor 10:30-Help Your Neighbor Card game- 3A- free and money tables 12:30- Walking W/ Ashley- Meet in the Lobby 1pm- Wii Bowling-Theater 1pm- Golf- Billiards Room 2pm- Painting Class-3A 3:15- Blackjack- Dollar buy-in-Pub 6:45- Popcorn Club- Theater</p>	<p><b>3</b> 9:30- Hubbard Coffee Chat-3A 10:30-Meditation w/ Rob-3A 11:00- Lunch Outing at the River Waterfront dining in Wethersfield CT 12:30- Rosary- 3A 1pm-Exercise w/ Kelsey-OT-T 3pm- Dime Bingo-3A 3pm- Pet Visits w/ Keeper-2A 3:15- Wii Bowling- Theater 6:45- Rummikub-Billiards</p>	<p><b>4</b> 9:30- Coffee and Chronicles-3A 10:30- Adaptive Boxing-3A 1pm-Jeopardy for Amateurs-3A 2pm- Richie Mitnik performs-3A 3pm- Popcorn Club- Theater 3pm- Trash Card Game- Pub 6:45- Kings in the Corner-BR 6:45- Canasta- Pub</p>	<p><b>5</b> 9:30- Walking Club- Ludlow 12:30pm- Rosary-3A 1pm- Rummikub- Billiards Room 2:30- Dice Baseball- Billiards Room 3:30pm- Drumming Class-3A 4pm- Happy Hour-Pub 6:45- Mexican Train Dominos- BR</p>	<p><b>6</b> 9:30- Coffee Chat-2A 10:30- Dime Bingo-3A 1pm- Wii Bowling- Theater 2pm- Honky Tonk Piano Man Performs-3A</p>
<p><b>7</b> Mass at St Elizabeth's 2pm- Rummikub-Billiards  Day of Rest and Face Timing with Families</p>	<p><b>8</b> 9:30- Shopping in Ludlow 10:00- Communion w/ Deacon Tom- IL DINING ROOM 10:30- Reading at Harris Brook 12:30- Rosary-3A 1pm- Scrabble- Billiards Room 2pm-Steve the Duo Performs-3A 3:15- Canasta- Billiards Room 3:15- Wii Bowling- Theater 6:45- Quarter Bingo with Fredi-Pub</p>	<p><b>9 Opening Day Red Sox Wear Your Favorite Team Jersey!!</b> 10:00- Blood Pressure Clinic-Pub 10:30- Rob Michaelson Presents "Was that a Coyote in my Backyard?"-3A 12pm- Hot Dog Bar- Pub 2pm- Opening Game- Theater 3:15pm- Blackjack-Dollar-3A 4:30pm- Outing to Spaghetti Supper</p>	<p><b>10</b> 9:30- Hubbard Coffee Chat-3A 10:30- Wheel of Fortune-3A 12:30- Rosary-3A 1pm-Exercise w/ Kelsey OT-3A 2pm- Baseball Bingo-3A 3pm- Pet Visits w/Keeper- 2A 3:15- Wii Bowling- Theater 6:45- Rummikub-Billiard</p>	<p><b>11</b> 9:30- Coffee and Chronicles-3A 10:30- Adaptive Boxing-3A 1pm-Jeopardy for Amateurs-3A 2pm- Baseball Racing-3A 3pm- Popcorn Club- Theater 3pm- Trash Card Game- Pub 6:45- Kings in the Corner-BR 6:45- Canasta- Pub</p>	<p><b>12</b> 9:30- Billiards- Billiards Room 10:30-Nickels-3A 12:30- Rosary-3A 1pm- Food Meeting-Pub 3:30-Pokeno-3A 4pm- Happy Hour-Pub 6:45- Mexican Train Dominos- Billiards Room</p>	<p><b>13</b> 9:30- Coffee Chat-2A 10:30- Dime Bingo-3A 1pm- Wii Bowling- Theater 2pm- Larry Batter Performs-3A</p>
<p><b>14</b> Mass at St Elizabeth's 12:15pm-Outing to See Mary Poppins in South Hadley 2pm- Rummikub- Billiards  Day of Rest and Face Timing with Families</p>	<p><b>15</b> 9:30- Shopping in Chicopee 10:00- Communion w/ Deacon Tom- IL DINING ROOM 10:30- Mystery Card Game- BR 12:30- Rosary-3A 1pm Scrabble- Billiards Room 1pm- Exercise w/Amy-3A 2pm- Balloon Volleyball-3A 3:15- Wii Bowling- Theater 3:15- Canasta- Billiards Room 6:45- Quarter Bingo with Fredi in the Pub</p>	<p><b>16 Massage Therapist 1-4</b> 10:00- Blood Pressure Clinic- Pub 10:30- Chef's Club- White Chicken Chili and Cornbread 1-3 Clothing Sale w/ Jackies Daughter 1<sup>st</sup> Floor Piano Room 2pm- Painting Class-3A 2pm- Divine Discussion w/ Judy and Laurie- Theater 3:15pm- Blackjack- Dollar Buy-in-3A 6:45- Popcorn Club- Theater</p>	<p><b>17</b> 9:30- Hubbard Coffee Chat and Manicures-3A 10:00- Bus leaves for Garden at Elm Bank in Wellesley MA w/ Lunch 10:30- Rummikub- Billiards 12:30- Rosary-3A 1pm- Exercise w/ Kelsey OT-3A 2pm- Popcorn Club- Theater 3:15- Wii Bowling- Theater 6:45- Rummikub-Billiards</p>	<p><b>18</b> 9:30- Coffee and Chronicles-3A 10:30-Tom Goodwin presents "Stories from the Studebaker" 11:30- Monthly Birthday Luncheon-Pub 1pm-Jeopardy for Amateurs-3A 2pm- Sandy Robinson Performs-3A 3pm- Popcorn Club-Theater 3:15pm- Trash Card Game-Pub 6:45- Kings in the Corner-BR 6:45- Canasta- Pub</p>	<p><b>19</b> 9:30- Walking Club- Ludlow 12pm- Volunteer Luncheon-Pub 12:30- Rosary-3A 1pm- Trip to WhipCity Animal Sanctuary for tour-RAOK Group 2pm- Exercise w/Sarah- Theater 4pm- Happy Hour-Pub 6:30- Mexican Train Dominos Billiards Room</p>	<p><b>20</b> 9:30- Coffee Chat-2A 10:00- Bus Leaves for Tea Party at Baptist Church 2pm- Dime Bingo-3A</p>
<p><b>21</b> Mass at St Elizabeth's 2pm- Rummikub-Billiards  Day of Rest and Face Timing with Families</p>	<p><b>22 Earth Day</b> 9:30- Shopping in Ludlow 10:00- Communion w/ Deacon Tom- IL DINING ROOM 10:30- Mystery Card Game-BR 12:30- Rosary-3A 1pm- Scrabble Billiards Room 2pm- Corn hole-3A 3:15- Canasta- Billiards Room 3:15- Wii Bowling- Theater 6:45- Game Night with Life Church</p>	<p><b>23</b> 10:00- Blood Pressure Clinic-Pub 10:30- Knitting Corner- 1<sup>st</sup> Floor 10:30-Help Your Neighbor Card game- 3A- free and money tables 12:30- Walking w/ Ashley- Meet in Lobby 1pm- Wii Bowling-Theater 1pm- Golf- Billiards Room 2pm- Line Dancing-3A 3:15- Blackjack- Dollar buy-in-Pub 6:45- Popcorn Club- Theater</p>	<p><b>24</b> 9:30- Hubbard Coffee Chat-3A 10:30-Meditation w/ Rob-3A 12:30- Rosary- 3A 1pm-Exercise w/ Kelsey-OT-3A 2pm- Dime Bingo-3A 3pm- Pet Visits w/ Keeper-2A 4pm- Wine Down Wednesday-Pub 6:45- Rummikub-Billiards</p>	<p><b>25</b> 10:00- Coffee House 10:30- T- Bone Performs 1pm-Slammin Sluggers Game-3A 2pm- Baseball Helmet Sundaes Men's Group-Pub 3:30- Caretenders in the Pub 6:45- Kings in the Corner-BR 6:45- Canasta- Pub</p>	<p><b>26</b> 9:30- Billiards 10:30- Make and Take- Chop Salad-3A 12:30- Rosary-3A 1pm- Rummikub- Billiards Room 2pm- Pokeno- pub 3:30- Comedy Club- Happy Hour and Live Comedian Dan Altano-3A 6:30- Mexican Train Dominos- Billiards Room</p>	<p><b>27</b> 9:30- Coffee Chat-2A 1pm- Dime Bingo-3A 2pm- Popcorn Club- Theater 2:30- Strength Training-3A</p>
<p><b>28</b> Mass at St Elizabeth's 2pm- Rummikub-Pub  Day of Rest and Face Timing with Families</p>	<p><b>29</b> 9:30- Shopping in Chicopee 10:00- Communion w/ Deacon Tom- IL DINING ROOM 10:30- Mystery Card Game-BR 12:30- Rosary-3A 1pm- Scrabble- Billiards Room 1pm- Exercise w/ Amy-3A 2pm- Balloon Volleyball-3A 3:15- Wii Bowling- Theater</p>	<p><b>30</b> 10:00- Blood Pressure Clinic-Pub 10:30- Singalong w/ Don-3A 1pm- Chorus Practice w/Don-3A 1pm- Wii Bowling-Theater 2pm- Wiffle Ball in the Courtyard 2pm- Divine Discussion w/ Judy and Laurie- Theater 3:30pm- Blackjack- Pub 6:45- Popcorn Club- Theater</p>			<p>*Activities are Subject to Change Amy Creasia Programming Specialist <a href="mailto:ACreasia@keystonesenior.com">ACreasia@keystonesenior.com</a></p>	<p><b>Monthly Birthdays</b> 4/5-Kathy Broderick 4/11—Jane Leone 4/12- Carol Ramsey 4/19- Louis Fiedler 4/21-Doug L'Abbee 4/23-George Lapierre 4/25- Claire Natario 4/26-Rita Dean 4/28- Fredi Merriam 4/30- Cory Langlais</p>