

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Key to Programs &amp; Rooms</b> (S) Social (O) Outing (E) Exercise (A) Art (M) Music (R) Religious (C) Cognitive (L) Lecture (P) Presentation AR- Activity Room MV-Mountain View Building PL-Parlor (Lobby) DR-Dining Room T-Theater(3rd floor) L-Library LB- Lobby	<b>1</b> 9:30 Seated Cardio (E)AR 10:00 Chair Yoga (E)AR 10:45 Meditation (C)Theater 1:00 Wii Bowling (E)AR 1:00 Aquacise (E)Pool 2:00 LCR Dice Game (S/C)AR 3:15 Maj Jongg (S/C) Pub 6:30 Mexican Train (S/C)AR All Fools' Day	<b>2</b> 8:45 Walmart & Sprouts (O)L 9:30 Walmart & Sprouts (O)L 10:45 Weights (E)AR 1:00 Office Hours w/ the ED-PI 1:30 Cash Bingo (S/C)AR 3:00 Happy Hour ♪ (M)AR 3:00 Touching Lives (R)TSAR 6:30 Residents Choice(M)T	<b>3</b> 9:30 Seated Cardio (E)AR 10:00 Blood Pressure Clinic-3FL 10:00 Chair Yoga-AR 10:30 Mah Jongg Club(S/C)P 10:45 Meditation (C)T 11:00 What about Me? T 1:00 Scat Card Game(S/C)AR 1:00 Bridge (S/C)Pub 1:00 Aquacise (E)Pool 6:30 Hand & Foot (S/C)AR 6:30 Cards & Games (S/C)P	<b>4</b> 9:30 Zumba Gold (E)AR 10:30 Wii Games (E)AR 10:30 Blackjack Bunch(S/C)AR 10:30 Scat Card Game (S/C)AR 1:00 Better Balance (E)AR 1:30 Weights(E)AR 2:00 Crafty Corner (A)AR 3:00 Resident Happy Hour(S)P	<b>5</b> 9:00 Aquacise (E)Pool 9:30 Seated Cardio (E)AR 10:00 Chair Yoga (E)AR 10:30 Scat Card Game (S/C)AR 10:45 Meditation (C)T 11:00 Wahoo's Fish Tacos(O)-L 1:00 Skip Bo & LV SB(S/C)AR 2:00 1 <sup>st</sup> Friday Mingle-AR 2:30 Maj Jongg Club(S/C)P 6:30 Resident Bingo (S/C)AR	<b>6</b> 9:30 Coffee & Donuts (S)P 10:00 Old Time Radio TSL 1:00 Hand & Foot (S/C)AR 1:00 Create n' Chat Club-Par 2:00 Christian Worship Ch.20 2:00 Color Me Club (A)Pub
<b>7</b> 8:30 Catholic Mass (R)CH2 9:00 Catholic Mass (R)CH3 10:00 Catholic Mass (R)CH233 1:00 Eucharist (R)TST 2:00 Low Vision Skip Bo(C)AR 2:00 Scat Card Game(S/C)AR 4:00 Card Games (S/C)AR	<b>8</b> 9:30 Seated Cardio (E)AR 10:00 Chair Yoga (E)AR 10:30 Blood Pressure Clinic-TS 10:45 Meditation (C)Theater 1:00 Wii Bowling (E)AR 1:00 Aquacise (E)Pool 2:00 LCR Dice Game (S/C)AR 3:15 Maj Jongg (S/C) Pub 6:30 Mexican Train (S/C)AR	<b>9</b> <i>Optometrist on Campus</i> 8:45 King Soopers & Safeway 9:30 King Soopers & Safeway 10:45 Weights (E)AR 1:00 CH Book Mobile-AR 1:30 Cash Bingo (S/C)AR 3:00 Happy Hour ♪ (M)AR 3:00 Touching Lives (R)TSAR 6:30 Residents Choice(M)T	<b>10</b> 9:30 Seated Cardio (E)AR 10:00 Chair Yoga-AR 10:30 Mah Jongg (S/C)P 10:45 Meditation (C)T 1:00 Scat Card Game(S/C)AR 1:00 Bridge (S/C)Pub 1:00 Aquacise (E)Pool 6:30 Hand & Foot (S/C)AR 6:30 Cards & Games (S/C)P	<b>11</b> 9:30 Zumba Gold (E)AR 10:30 Wii Games (E)AR 10:30 Blackjack Bunch(S/C)AR 10:30 Scat Card Game (S/C)AR 1:00 Better Balance (E)AR 1:30 Chair Dancing(E)AR 2:15 Crafty Corner (A)AR 3:00 Resident Happy Hour(S)P	<b>12</b> 9:00 Aquacise (E)Pool 9:30 Seated Cardio (E)AR 10:00 Chair Yoga (E)AR 10:30 Scat Card Game (S/C)AR 10:45 Meditation (C)T 11:00 Kohl's & IHOP (O)L 1:00 Skip Bo & LV SB(S/C)AR 3:00 Weights (E)AR 2:30 Maj Jongg Club(S/C)P 6:30 Resident Bingo (S/C)AR	<b>13</b> 9:30 Coffee & Donuts (S)P 10:00 Old Time Radio TSL 1:00 Hand & Foot (S/C)AR 1:00 Create n' Chat Club-Par 2:00 Christian Worship Ch.20 2:00 Color Me Club (A)Pub
<b>14</b> 8:30 Catholic Mass (R)CH2 9:00 Catholic Mass (R)CH3 10:00 Catholic Mass (R)CH233 1:00 Eucharist (R)TST 2:00 Low Vision Skip Bo(C)AR 2:00 Scat Card Game(S/C)AR 4:00 Card Games (S/C)AR	<b>15</b> 8:45 VNA Foot Clinic-TSAR 10:30 Resident Assembly 11:30 WC/Walker Clinic-AR 1:00 Active Minds presents Finland-AR 1:00 Aquacise (E)Pool 2:00 LCR Dice Game (S/C)AR 3:15 Maj Jongg Club(S/C) Pub 6:30 Broomfield Genealogy Society-AR 6:30 Mexican Train (S/C) Pub	<b>16</b> 8:45 Target & Dollar Tree (O)L 9:30 Target & Dollar Tree (O)L 10:45 Weights (E)AR 1:00 Office Hours w/ the ED-PI 1:00 Foot Care Clinic-TSSalon 1:30 Cash Bingo (S/C)AR 3:00 Happy Hour ♪ (M)AR 3:00 Touching Lives (R)TSAR 6:30 Residents Choice(M)T	<b>17</b> 9:30 Seated Cardio (E)AR 10:00 Chair Yoga-AR 10:30 Mah Jongg (S/C)P 10:45 Meditation (C)T 1:00 Hearing Clinic-TSL 1:00 Scat Card Game(S/C)AR 1:00 Bridge (S/C)Pub 1:00 Aquacise (E)Pool 6:30 Hand & Foot (S/C)AR 6:30 Cards & Games (S/C)P	<b>18</b> 9:30 Zumba Gold (E)AR 10:30 Wii Games (E)AR 10:30 Blackjack Bunch(S/C)AR 10:30 Scat Card Game (S/C)AR 1:00 Better Balance (E)AR 1:30 Weights (E)AR 2:00 Crafty Corner (A)AR 2:30 Chef Chat-DR 3:00 Resident Happy Hour(S)P	<b>19</b> 9:00 Aquacise (E)Pool 9:30 Seated Cardio (E)AR 10:00 Chair Yoga (E)AR 10:30 Scat Card Game (S/C)AR 10:45 Meditation (C)T 11:00 Hannah Matsuri(O)-L 1:00 Skip Bo & LV SB(S/C)P 1:30 Longs Peak History Forever at Sunrise- AR 2:30 Maj Jongg Club(S/C)P 6:30 Resident Bingo (S/C)AR	<b>20</b> 9:30 Coffee & Donuts (S)P 10:00 Old Time Radio TSL 1:00 Hand & Foot (S/C)AR 1:00 Create n' Chat Club-Par 2:00 Melodium Concert (M)AR 2:00 Christian Worship Ch.20 2:00 Color Me Club (A)Pub
<b>21</b> 8:30 Catholic Mass (R)CH2 9:00 Catholic Mass (R)CH3 10:00 Catholic Mass (R)CH233 1:00 Eucharist (R)TST 2:00 Low Vision Skip Bo(C)AR 2:00 Scat Card Game(S/C) AR 4:00 Card Games (S/C) AR	<b>22</b> 10:30 Town Hall-AR 1:00 Wii Bowling (E/S) AR 1:00 Aquacise (E)Pool 1:00 Program on Anti Semitism to Christianity to recent events in Gaza-AR 2:15 LCR Dice Game (S/C) AR 3:15 Maj Jongg Club(S/C) Pub 6:30 Mexican Train (S/C) AR Passover Begins Earth Day	<b>23</b> 8:45 King Soopers & Safeway 9:30 King Soopers & Safeway 10:45 Weights (E)AR 1:00 Parkinson's Support -TST 1:30 Cash Bingo (S/C)AR 3:00 Happy Hour ♪(M)AR 3:00 Touching Lives (R)TSAR 6:30 Residents Choice(M)T	<b>24</b> 9:30 Seated Cardio (E)AR 10:00 Chair Yoga-AR 10:30 Mah Jongg (S/C)P 10:45 Meditation (C)T 1:00 Scat Card Game(S/C)AR 1:00 Bridge (S/C)Pub 1:00 Aquacise (E)Pool 6:30 Hand & Foot (S/C)AR 6:30 Cards & Games (S/C)P Administrative Professionals Day	<b>25</b> <i>OnSite Dermatology on Campus</i> 9:00 Family Hearing Clinic-L 9:30 Zumba Gold (E)AR 10:30 Wii Games (E)AR 10:30 Blackjack Bunch(S/C)AR 10:30 Scat Card Game (S/C)P 1:00 Better Balance (E)AR 1:30 Chair Dancing(E)AR 2:15 Crafty Corner (A)AR 3:00 Resident Happy Hour(S)P	<b>26</b> 9:00 Aquacise (E)Pool 9:30 Seated Cardio (E)AR 10:00 Chair Yoga (E)AR 10:30 Scat Card Game (S/C)AR 10:30 Blackhawk Casino(O)-L 10:45 Meditation (C)T 1:00 Skip Bo & LV SB(S/C)AR 3:00 Weights (E)AR 2:30 Maj Jongg Club(S/C)P 6:30 Resident Bingo (S/C)AR Arbor Day	<b>27</b> 9:30 Coffee & Donuts (S)P 10:00 Old Time Radio TSL 1:00 Hand & Foot (S/C)AR 1:00 Create n' Chat Club-Par 2:00 Christian Worship Ch.20 2:00 Color Me Club (A)Pub
<b>28</b> 8:30 Catholic Mass (R)CH2 9:00 Catholic Mass (R)CH3 10:00 Catholic Mass (R)CH233 1:00 Eucharist (R)TST 2:00 Low Vision Skip Bo(C)AR 2:00 Scat Card Game(S/C)AR 4:00 Card Games (S/C)AR	<b>29</b> 9:30 Seated Cardio (E)AR 10:00 Chair Yoga (E)AR 10:45 Meditation (C)Theater 1:00 Wii Bowling (E)AR 1:00 Aquacise (E)Pool 2:00 LCR Dice Game (S/C)AR 3:15 Maj Jongg (S/C) Pub 6:30 Mexican Train (S/C)AR	<b>30</b> 8:45 Walmart & Sprouts (O)L 9:30 Walmart & Sprouts (O)L 10:45 Weights (E)AR 1:00 Office Hours w/ the ED-PI 1:30 Prize Bingo (S/C)AR 3:00 Birthday Bash HH ♪(M)AR 3:00 Touching Lives (R)TSAR 6:30 Residents Choice(M)T	<h1>April 2024</h1> <h2>Mountain View Building</h2>			