Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:30 Family feud game 10:00 Daily chronicle 11:00 Chair yoga with Liz 1:00 Rest and relaxation 2:00 Color and conversation 3:30 Manicures	9:30 Arm chair yoga 10:30 Are you smarter than a 5th grader 11:15 Chapel With JP 1:00 Rest and relaxation 2:00 Bingo buddies 3:30 Puzzle time	9:30 Exercise class 10:30 Noodle ball 11:00- Sorting and Sensory 1:00 Rest and relaxation 2:15 Painting & crafts with AL 3:30 Chair yoga with AL	9:30 Exercise class 11:00 Balloon volleyball 1:00 Rest and relaxation 2:00 Bible study 3:30 Back porch hangs	9:30 Exercise class 10:30 Noodle ball 11:00- Sorting and Sensory 1:00 Rest and relaxation 2:30 Happy hour	9:30 Sittercise 10:30 Daily chronicle 11:00 Coffee and conversation 1:00 Rest and relaxation 2:00 Color and conversation 3:00 Uno 6:00 Movie and popcorn
9:30 Sunday Morning Church 7 10:00 Silver Sneakers 11:00 Noodle ball 1:00 Rest and Relaxation 2:00 Finish the phrase 3:00 Puzzle time	9:30 Family feud game 10:00 Daily chronicle 11:00 Chair yoga with Liz 1:00 Rest and relaxation 2:00 Color and conversation 3:30 Manicures	9:30 Arm chair yoga 10:30 Are you smarter than a 5th grader 11:15 Chapel With JP 1:00 Rest and relaxation 2:00 Bingo buddies 3:30 Puzzle time	9:30 Exercise class 10:30 Noodle ball 11:00- Sorting and Sensory 1:00 Rest and relaxation 2:15 Painting & crafts with AL 3:30 Chair yoga with AL	9:30 Exercise class 1 1 11:15 Yoga with InstruMix 1:00 Rest and relaxation 2:00 Bible study 3:30 Back porch hangs	9:30 Exercise class 12 10:30 Noodle ball 11:00- Sorting and Sensory 1:00 Rest and relaxation 2:30 Happy hour	9:30 Sittercise 13 10:30 Daily chronicle 11:00 Coffee and conversation 1:00 Rest and relaxation 2:00 Color and conversation 3:00 Uno 6:00 Movie and popcorn
9:30 Sunday Morning Church 4 10:00 Silver Sneakers 11:00 Noodle ball 1:00 Rest and Relaxation 2:00 Finish the phrase 3:00 Puzzle time	9:30 Family feud game 10:00 Daily chronicle 11:00 Chair yoga with Liz 1:00 Rest and relaxation 2:00 Color and conversation 3:30 Manicures	9:30 Arm chair yoga 10:30 Are you smarter than a 5th grader 11:15 Chapel With JP 1:00 Rest and relaxation 2:00 Bingo buddies 3:30 Puzzle time	9:30 Exercise class 10:30 Noodle ball 11:00- Sorting and Sensory 1:00 Rest and relaxation 2:15 Painting & crafts with AL 3:30 Chair yoga with AL	9:30 Exercise class 11:00 Balloon volleyball 1:00 Rest and relaxation 2:00 Bible study 3:30 Back porch hangs	9:30 Exercise class 19 10:30 Noodle ball 11:00- Sorting and Sensory 1:00 Rest and relaxation 2:30 Happy Hour	9:30 Sittercise 10:30 Daily chronicle 11:00 Coffee and conversation 1:00 Rest and relaxation 2:00 Color and conversation 3:00 Uno 6:00 Movie and popcorn
9:30 Sunday Morning Church 10:00 Silver Sneakers 11:00 Noodle ball 1:00 Rest and Relaxation 2:00 Finish the phrase 3:00 Puzzle time	9:30 Family feud game 10:00 Daily chronicle 11:00 Chair yoga with Liz 1:00 Rest and relaxation 2:00 Earth Day Craft 3:30 Manicures Passover Begins Earth Day	9:30 Arm chair yoga 10:30 Youtube trivia 11:15 Chapel With JP 1:00 Rest and relaxation 2:00 Bingo buddies 3:30 Ice cream social with Coastal Cremations	9:30 Exercise class 10:30 Noodle ball 11:00- Sorting and Sensory 1:00 Rest and relaxation 2:15 Painting & crafts with AL 3:30 Chair yoga with AL Administrative Professionals Day	9:30 Exercise class 25 11:15 Yoga with InstruMix 1:00 Rest and relaxation 2:00 Bible study 3:30 Back porch hangs	9:30 Exercise class 10:30 Noodle ball 11:00- Sorting and Sensory 1:00 Rest and relaxation 2:30 Happy hour	9:30 Sittercise 27 10:30 Daily chronicle 11:00 Coffee and conversation 1:00 Rest and relaxation 2:00 Color and conversation 3:00 Uno 6:00 Movie and popcorn
9:30 Sunday Morning Church 28 10:00 Silver Sneakers 11:00 Noodle ball 1:00 Rest and Relaxation 2:00 Finish the phrase 3:00 Puzzle time	9:30 Family feud game 10:00 Daily chronicle 11:00 Chair yoga with Liz 1:00 Rest and relaxation 2:00 Color and conversation 3:30 Manicures	9:30 Arm chair yoga 10:30 Are you smarter than a 5th grader 11:15 Chapel With JP 1:00 Rest and relaxation 2:00 Bingo buddies 3:30 Puzzle time	*All activities are subject	to change* April	2024	