



Carefield | Memory
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Carefield Pleasanton

4115 Mohr Avenue, Pleasanton, CA 94566
(925) 400-9018 • @CarefieldPleasanton



Resident Birthdays

Benjamin M. - 4/5
Mary D. - 4/28

Employee Birthdays

Isabel H. - 4/5
Anastacia R. - 4/27
Paola H. - 4/29

Employee Anniversaries

Lucero C. - 4/7
Diana C. - 4/9



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April 2024

A note from our...
Executive Director

Hello Springtime! The days are getting longer and warmer as spring is upon us.

We begin the month on a funny note, don't take life too seriously... after all, it's April Fool's Day! Have fun and enjoy the laughs. We look forward to celebrating what April has in store for us. Our residents together with the team will be having a picnic outdoors in our spacious courtyard and enjoy some hors d'oeuvres, mini sandwiches, and sparkling ciders. We look forward to doing some gardening in celebration of Earth Day.

Our team will be hosting a Caregiver's brunch on April 6th at 10:30am. Come and have brunch with us, meet the team, ask questions, and enjoy a delicious food prepared by our very own Chef.

I would like to take this opportunity to welcome the newest member of our Management team, Joshua Moreno. Josh is our new Maintenance Director. On behalf of our team, I welcome you!

Eunice O'Farrell

Community News

What's Happening Now

It's hard to imagine a world where clear skies, clean water, and beautiful greenery are just memories. On Earth Day 2024, we have a choice: act now or lose our planet's natural beauty. The day is more than just a date; it's a call to action. We need to put Eco-friendly practices in place and advocate for policies that protect the environment. Now's the time to join the global movement and make every day Earth Day.

Earth Day, first observed on April 22, 1970, is considered the beginning of the modern environmental movement. As a response to increasing environmental concerns, like the oil spill in Santa Barbara in 1969, U.S. Senator Gaylord Nelson founded Earth Day to raise awareness about how to protect the environment. Nelson and activist Denis Hayes organized teach-ins on college campuses that included various groups and organizations, drawing inspiration from protest teach-ins of the era. With this massive mobilization, the U.S. developed key environmental laws, and the Environmental Protection Agency (EPA) was created.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Residents Birthdays: Benjamin M. - 4/5 Mary D. - 4/28 Staff Birthdays: Isabel H - 4/5 Anastacia R. - 4/27 Paola H. - 4/29	1 April Fools' Day 9:30 Current Events 11:00 Sensory Tray 2:00 Bird Watching 2:30 Snacks Happy Hour 3:30 Sing-Along with me 6:00 Travel the World	2 9:30 Current Events 10:30 Loren on Guitar 1:30 Word Trivia/Puzzles 2:30 Snacks Happy Hour 3:30 Music & Movement 6:00 Evening TV Show	3 9:30 Current Events 10:30 Fun & Fitness 1:00 J & J Duo Music 2:30 Snacks Happy Hour 3:30 Outdoor Wheeling/ Walking 6:00 Evening Games	4 9:30 Current Events 10:30 Fun & Fitness 1:30 Reading/Reminiscing 2:30 Snacks Happy Hour 3:30 Music and Movement 6:00 Evening Movies	5 9:30 Current Events 10:30 Fun & Fitness 1:00 Bamboo Peru Music 2:30 Snacks Happy Hour 3:30 Music & Movement 6:00 Movie Night	6 9:30 Current Events 10:30 Activities of Interest 1:30 Rhyming Word Game 2:30 Snacks Happy Hour 3:30 Bingo Royal 6:00 Football Game Night
7 9:30 Current Events 10:30 Sunday Stretch 1:30 Coloring/Puzzles 2:30 Snacks Happy Hour 3:30 Seated Yoga 6:00 Evening Movies	8 9:30 Current Events 11:00 Sensory Tray 2:00 Bird Watching 2:30 Snacks Happy Hour 3:30 Sing-Along with me 6:00 Travel the World	9 Eid al-Fitr 9:30 Current Events 10:30 Floor Games 1:30 Word Trivia/Puzzles 2:30 Snacks Happy Hour 3:30 Music & Movement 6:00 Evening TV Show	10 9:30 Current Events 10:30 Fun & Fitness 1:00 M & K Music 2:30 Snacks Happy Hour 3:30 Outdoor Wheeling/ Walking 6:00 Evening Games	11 9:30 Current Events 10:30 Fun & Fitness 1:00 Music by Zachary 2:30 Snacks Happy Hour 3:30 Music and Movement 6:00 Evening Movies	12 9:30 Current Events 10:30 Fun & Fitness 1:30 Coloring/Puzzle Games 2:30 Snacks Happy Hour 3:30 Music & Movement 6:00 Movie Night	13 9:30 Current Events 10:30 Activities of Interest 1:30 Rhyming Word Game 2:30 Snacks Happy Hour 3:30 Bingo Royal 6:00 Football Game Night
14 9:30 Current Events 10:30 Sunday Stretch 1:30 Coloring/Puzzles 2:30 Snacks Happy Hour 3:30 Seated Yoga 6:00 Evening Movies	15 Tax Day 9:30 Current Events 11:00 Sensory Tray 2:00 Bird Watching 2:30 Snacks Happy Hour 3:30 Sing-Along with me 6:00 Travel the World	16 9:30 Current Events 10:30 Floor Games 1:30 Word Trivia/Puzzles 2:30 Snacks Happy Hour 3:30 Music & Movement 6:00 Evening TV Show	17 9:30 Current Events 10:30 Fun & Fitness 1:30 Resident Council Meeting 2:30 Snacks Happy Hour 3:30 Outdoor Wheeling/ Walking 6:00 Evening Games	18 9:30 Current Events 10:00 Music by Alligator 1:30 Reading/Reminiscing 2:30 Snacks Happy Hour 3:30 Music and Movement 6:00 Evening Movies	19 9:30 Current Events 10:30 Fun & Fitness 1:30 Coloring/Puzzle Games 2:30 Snacks Happy Hour 3:30 Music & Movement 6:00 Movie Night	20 9:30 Current Events 10:30 Activities of Interest 1:30 Rhyming Word Game 2:30 Snacks Happy Hour 3:30 Bingo Royal 6:00 Football Game Night
21 9:30 Current Events 10:30 Earth Day Trivia 1:30 Coloring/Puzzles 2:30 Snacks Happy Hour 3:30 Seated Yoga 6:00 Evening Movies	22 Passover Begins 9:30 Current Events 11:00 Sensory Tray 2:00 Bird Watching 2:30 Picnic Day Happy Hour 3:30 Sing-Along with me 6:00 Travel the World	23 9:30 Current Events 10:30 Floor Games 1:30 Word Trivia/Puzzles 2:30 Snacks Happy Hour 3:30 Music & Movement 6:00 Evening TV Show	24 9:30 Current Events 10:30 Fun & Fitness 12:30 TV Documentary 2:30 Snacks Happy Hour 3:30 Outdoor Wheeling/ Walking 6:00 Evening Games	25 9:30 Current Events 10:30 Fun & Fitness 1:30 Reading/Reminiscing 2:30 Snacks Happy Hour 3:30 Music and Movement 6:00 Evening Movies	26 9:30 Current Events 10:30 Fun & Fitness 1:00 Music by Zachary 2:30 Snacks Happy Hour 3:30 Music & Movement 6:00 Movie Night	27 9:30 Current Events 10:30 Activities of Interest 1:30 Rhyming Word Game 2:30 Snacks Happy Hour 3:30 Bingo Royal 6:00 Football Game Night
28 9:30 Current Events 10:30 Sunday Stretch 1:30 Birthday Bash with Rey 2:30 Snacks Happy Hour 3:30 Seated Yoga 6:00 Evening Movies	29 9:30 Current Events 11:00 Sensory Tray 2:00 Bird Watching 2:30 Snacks Happy Hour 3:30 Sing-Along with me 6:00 Travel the World	30 9:30 Current Events 10:30 Floor Games 1:00 Carl Winters entertains 2:30 Snacks Happy Hour 3:30 Music & Movement 6:00 The Origins of Jazz - A Documentary	*April Fool's Word Game	*Learn and celebrate Earth Day!	*Arbor Day! Take a Bough - What Tree Did you Fall From?	*The Origins of Jazz - A Documentary

Activities are subject to change

Upcoming Events at Pleasanton.

