





The Birches Daybreak Calendar of Events April 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 April Fools Day! 9:30am Rise and Shine (DBLR) 10:00am Morning Games and Juice 10:35am FOX Sit N Fit 1:15pm Afternoon BINGO! 1:30pm Get up and Go! (DBLR) 2:30pm Entertainment by Saxophonist, Brian Saunders (PCLR) 3:30pm Trivia Challenge 3:45pm FOX Fitness 6:30pm Evening Movie and Snack Time	2 9:30am Rise and Shine (DBLR) 10:00am Rosary Group 10:35am FOX Sit N Fit 1:15pm BINGO! 2:30pm Snack Time 1:30pm Get up and Go! (DBLR) 3:45pm FOX Fitness 6:30pm Evening Movie and Snack Time	3 9:30am Rise and Shine (DBLR) 10:00am Morning Games and Juice 10:35am FOX Sit N Fit 1:15pm Hand Massages 1:30pm Get up and Go! (DBLR) 2:30pm Snack Time n Trivia 3:45pm FOX Fitness 6:30pm Evening Movie and Snack Time	4 9:30am Rise and Shine (DBLR) 10:00am Morning Games and Juice 10:35am FOX Sit N Fit 1:15pm Letter of the Day 1:30pm Get up and Go! (DBLR) 2:30pm Joe Tomlinson Music Ministries: Gospel and Big Band Selections (PC Living Room) 3:45pm FOX Fitness 6:30pm Evening Movie and Snack Time	5 9:30am Rise and Shine (DBLR) 10:00am Morning Games and Juice 10:30am Music Therapy with Ted Jordan (DBLR) 10:30am Hearts on Fire Bible Study (Library) 10:35am FOX Sit N Fit 1:15pm BINGO! 1:30pm Get up and Go! (DBLR) 2:30pm Snack Time 3:45pm Fox Fitness 6:30pm Evening Movie and Snack Time	6 9:30am Rise and Shine (DBLR) 10:00am Morning Games and Juice 10:30am Balloon Toss 11:00am Tambourines and Shakers! 1:15pm BINGO! 1:30pm Get up and Go! (DBLR) 2:30pm Snack Time Chat 6:30pm Evening Movie and Snack Time
7 9:30am Rise and Shine (DBLR) 10:00am Morning Games and Juice 11:00am Catholic Communion Rite 1:15pm BINGO! 1:30pm Get up and Go! (DBLR) 2:00pm Dave Cornwall Plano Hymns (Bistro) 3:00pm Snack Time and Trivia 4:00pm I Love Lucy 6:30pm Evening Movie and Snack Time	8 9:30am Rise and Shine (DBLR) 10:00am Morning Games and Juice 10:35am FOX Sit N Fit 1:15pm Afternoon BINGO! 1:30pm Get up and Go! (DBLR) 2:30pm Snack Time and Letter of the Day 3:30pm Trivia Challenge 3:45pm FOX Fitness 6:30pm Evening Movie and Snack Time	9 9:30am Rise and Shine (DBLR) 10:00am Rosary Group 10:35am FOX Sit N Fit 1:15pm BINGO! 1:30pm Get up and Go! (DBLR) 2:30pm Snack Time 3:45pm FOX Fitness 6:30pm Evening Movie and Snack Time	10 9:30am Rise and Shine (DBLR) 10:00am Morning Games and Juice 10:35am FOX Sit N Fit 1:15pm Hand Massages 1:30pm Get up and Go! (DBLR) 2:30pm Let's Talk Food and Cooking with Chef Jeff (Bistro) 3:45pm FOX Fitness 6:30pm Evening Movie	11 9:30am Rise and Shine (DBLR) 10:00am Morning Games and Juice 10:35am FOX Sit N Fit 1:15pm Letter of the Day 1:30pm Get up and Go! (DBLR) 2:30pm Karaoke! (PCLR) 3:45pm FOX Fitness 6:30pm Evening Movie and Snack Time	12 9:30am Rise and Shine (DBLR) 10:00am Morning Games and Juice 10:30am In His Hands Bible Study with Karen (Library) 10:35am FOX Sit N Fit 1:15pm BINGO! 1:30pm Get up and Go! (DBLR) 2:30pm Snack Time 3:45pm Fox Fitness 6:30pm Evening Movie and Snack Time	13 9:30am Rise and Shine (DBLR) 10:00am Morning Games and Juice 11:00am Tambourines & Shakers! 1:15pm BINGO! 1:30pm Get up and Go! (DBLR) 2:30pm Snack Time Chat 6:30pm Evening Movie and Snack Time
14 9:30am Rise and Shine (DBLR) 10:00am Morning Games and Juice 11:00am YouTube Catholic Mass 1:15pm BINGO! 1:30pm Get up and Go! (DBLR) 2:30pm Snack Time Chat 3:00pm Trivia Chat 3:30pm I Love Lucy 6:30pm Evening Movie and Snack Time	15 9:30am Rise and Shine (DBLR) 10:00am Morning Games and Juice 10:35am FOX Sit N Fit 1:15pm Afternoon BINGO! 1:30pm Get up and Go! (DBLR) 2:30pm Entertainment by Leslie Atia (PCLR) 3:45pm FOX Fitness 6:30pm Evening Movie and Snack Time	16 9:30am Rise and Shine (DBLR) 10:00am Morning Games and Juice 10:00am Rosary Group 10:35am FOX Sit N Fit 1:15pm BINGO! 1:30pm Get up and Go! (DBLR) 2:30pm Snack Time 3:45pm FOX Fitness 6:30pm Evening Movie and Snack Time	17 9:30am Rise and Shine (DBLR) 10:00am Morning Games and Juice 10:35am FOX Sit N Fit 12:00pm Meal of the Month/ Birthday Celebration! (DR) 1:15pm Hand Massages 1:30pm Get up and Go! (DBLR) 2:30pm KARAOKE! (PCLR) 3:45pm FOX Fitness 6pm Caregivers Support Group (PDR) 6:30pm Evening Movie and Snack Time	18 9:30am Rise and Shine (DBLR) 10:00am Morning Games and Juice 10:35am FOX Sit N Fit 1:15pm Letter of the Day 1:30pm Arts n Crafts 1:30pm Get up and Go! (DBLR) 2:00pm Men's Veteran's Group (PDR) 2:30pm Snack Time 3:45pm FOX Fitness 6:30pm Evening Movie	19 9:30am Rise and Shine (DBLR) 10:00am Morning Games and Juice 10:30am Hearts on Fire Bible Study with Marita (Library) 10:35am FOX Sit N Fit 1:15pm BINGO! 1:30pm Get up and Go! (DBLR) 2:30pm Marker Art 3:45pm Fox Fitness 6:30pm Evening Movie and Snack Time	20 9:30am Rise and Shine (DBLR) 10:00am Morning Games and Juice 10:30am Balloon Toss 11:00am Tambourines & Shakers! 1:15pm BINGO! 1:30pm Get up and Go! (DBLR) 2:30pm Snack Time Chat 6:30pm Evening Movie and Snack Time

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
21 9:30am Rise and Shine (DBLR) 10:00am Morning Games and Juice 11:00am Catholic Communion Rite  1:15pm BINGO! 1:30pm Get up and Go! (DBLR) 2:30pm Music From The Harp with Gloria Galante (Bistro)  3:30pm I Love Lucy 6:30pm Evening Movie and Snack Time	22 9:30am Rise and Shine (DBLR) 10:00am Morning Games and Juice 10:35am FOX Sit N Fit 1:15pm BINGO! 1:30pm Get up and Go! (DBLR) 2:30pm Entertainer Marc Sherman (Bistro) 3:45pm FOX Fitness 6:30pm Evening Movie and Snack Time	23 Full Pink Moon 9:30am Rise and Shine (DBLR) 10:00am Morning Games and Juice 10:00am Rosary Group 10:35am FOX Sit N Fit 1:15pm BINGO! 1:30pm Get up and Go! (DBLR) 2:00pm Bean Bag Toss 2:30pm Snack Time Chat 3:45pm Fox Fitness 6:30pm Evening Movie and Snack Time	24 9:30am Rise and Shine (DBLR) 10:00am Morning Games and Juice 10:35am FOX Sit N Fit 1:15pm Hand Massages 1:30pm Get up and Go! (DBLR) 2:30pm Snack Time 3:45pm FOX Fitness 6:30pm Evening Movie and Snack Time	25 9:30am Rise and Shine (DBLR) 10:00am Morning Games and Juice 10:15am Rhyming Words 10:35am FOX Sit N Fit 1:15pm Letter of the Day 1:30pm Get up and Go! (DBLR) 2:00pm Magazine Collage Craft 2:30pm Snack Time 3:45pm FOX Fitness 6:30pm Evening Movie and Snack Time	26 9:30am Rise and Shine (DBLR) 10:00am Morning Games and Juice 10:30am In His Hands Bible Study with Karen (Library) 10:35am FOX Sit N Fit 1:15pm BINGO! 1:30pm Get up and Go! (DBLR) 2:30pm Snack Time 3:45pm Fox Fitness 6:30pm Evening Movie and Snack Time	27 9:30am Rise and Shine (DBLR) 10:00am Morning Games and Juice 10:30am Puzzles Galore! 11:00am Tambourines and Shakers! 1:30pm BINGO! 1:30pm Get up and Go! (DBLR) 2:30pm Snack Time Chat 6:30pm Evening Movie and Snack Time

28
9:30am Rise and Shine (DBLR)
10:00am Morning Games and Juice
11:00am YouTube Catholic Mass 
1:00pm BINGO!
1:30pm Get up and Go! (DBLR)
2:30pm Snack Time Chat
3:00pm Trivia Challenge
3:30pm Love Lucy
6:30pm Evening Movie and Snack Time

29
9:30am Rise and Shine (DBLR)
10:00am Morning Games and Juice
10:35am FOX Sit N Fit
1:15pm BINGO!
1:30pm Get up and Go! (DBLR)
2:00pm Circle Kick Ball
2:30pm "A Rocky Mountain Holiday" Tribute to John Denver with Chris Collins (Bistro)
3:45pm FOX Fitness
6:30pm Evening Movie and Snack Time

30
9:30am Rise and Shine (DBLR)
10:00am Morning Games and Juice
10:00am Rosary Group
10:35am FOX Sit N Fit
1:15pm BINGO!
1:30pm Get up and Go! (DBLR)
2:30pm Snack Time
3:45pm Fox Fitness
6:30pm Evening Movie and Snack Time



Joy G. 25th
Madeline G. 11th
Mary M. 21st
James McG. 18th



Activity Location Key
Daybreak Activity Room ~ DBAR
Blue Dining Room - BDR
PC Living Room ~ PCLR
Private Dining Room~ PDR
Bistro ~ B
Theater ~ T
Lobby ~ L