


# Place April 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> April Fools Day 9:15 I Am Fit F 10:15 <b>Bank &amp; Post Office Lob</b> 1:00 500 CH 1:30 Jokes & Jello Salad-AR 3:00 <b>Music Lob</b>	<b>2</b> Cedars Guests for Lunch 8:15 NO Water Exercise P 10:30 Bingo AR 1:00 Men's Pool League CH 1:00 <b>Music Lob</b> 3:00 Sequence- AR 6:00 Bridge CH	<b>3</b> 9:15 I Am Fit- F 10:30 Iced Coffee Social-AR 1:00 500- CH 1:30 What's In Your Purse Game-AR 3:00 <b>Music Lob</b> 6:30 Rosary 7:00 Nickel Bingo AR	<b>4</b> 8:15 Water Exercise P 10:15 Woman's Coffee Chat- AR 10:30 Chair Yoga F 1:30 April Birthday Party-AR 2:00 Men's Pool League CH 2:45 <b>Music Lob</b> 6:30 KCOP Practice-AR	<b>5</b> 9:15 I Am Fit F 10:15 <b>Walmart-Lob</b> 1:00 500 CH 1:15 Craft: Tea Cup Bird Feeder-AR 3:00 Happy Hour AR	<b>6</b> 1:15 Pinochle CH 1:30 Bible Study L 3:00 KCOP Practice-AR
<b>7</b> 9:00 Catholic Service AR 2:15 <b>Cedar Rapids Community Orchestra At The Paramount Lob</b> 3:00 Kings Corners CH	<b>8</b> 9:15 I Am Fit F 10:15 <b>Target Lob</b> 1:00 500 CH 1:00 History Of Arbor Day-AR 3:00 <b>Music Lob</b>	<b>9</b> 8:15 Water Exercise P 9:30 Manicures AR 10:30 Bingo AR 1:00 Men's Pool League CH 1:30 Olive Tasting- AR 3:15 <b>Music Lob</b> 6:00 Bridge CH	<b>10</b> 9:15 I Am Fit- F 10:15 Bendominos- AR 1:00 500- CH 1:30 Trail Mix Bar-AR 3:00 Farkle- AR 6:30 Rosary 7:00 Nickel Bingo AR	<b>11</b> 8:15 Water Exercise P 10:15 Golf Card Game-AR 10:30 Chair Yoga F 12:00 Hand & Foot CH 11:15 <b>Woman's Lunch Outing-Lob</b> 1:30 Rummikub-AR 2:00 Men's Pool League CH 3:00 <b>Music Lob</b> 6:30 KCOP Practice-AR	<b>12</b> 9:15 I Am Fit F 10:15 <b>Walgreens-Lob</b> 1:00 500 CH 1:30 Our Great National Parks Documentary-AR 3:00 Happy Hour AR	<b>13</b> 10:30 Chair Yoga F 9:00 <b>Casino Lob</b> 1:15 Pinochle CH 1:30 Bible Study L 3:00 KCOP Practice-AR 3:15 <b>Music Lob</b>
<b>14</b> 9:00 Catholic Service AR 3:00 Kings Corners CH	<b>15</b> 9:15 I Am Fit F 10:15 <b>Hy-Vee Lob</b> 1:00 500 CH 1:30 Storyteller For Seniors- AR 3:00 KCOP Practice- AR	<b>16</b> 8:15 Water Exercise P 10:30 Bingo AR 11:15 <b>Lunch outing-Lob</b> 1:00 Men's Pool League CH 1:30 Uno- AR 3:00 <b>Music Lob</b> 3:00 KCOP Practice- AR 6:00 Bridge CH	<b>17</b> 9:15 I Am Fit- F 10:00 Group Outside Walk-Lob 1:00 500- CH 1:30 Guess The Price Than Vs Now-AR 3:00 <b>Music Lob</b> 3:00 KCOP Practice-AR 6:30 Rosary 7:00 Nickel Bingo AR	<b>18</b> 8:15 Water Exercise- P 10:15 Mexican Train Domino's-AR 10:30 Chair Yoga F 1:30 <b>New Music Lob</b> 2:00 Men's Pool League CH 3:00 Bus Ride-Lob 7:00 KCOP SHOW" Iowa Salute" -AR	<b>19</b> 9:15 I Am Fit F 10:15 <b>Fleet Farm Lob</b> 1:00 500 CH 1:30 1950's Music Quiz-AR 3:00 Happy Hour AR	<b>20</b> 1:15 Pinochle CH 1:30 Bible Study L
<b>21</b> 9:00 Catholic Service AR 1:00 Baptist Worship Service Lob 3:00 Kings Corners CH	<b>22</b> Earth Day 9:15 I Am Fit F 10:15 <b>Fareway Lob</b> 1:00 500 CH 1:30 Dice Breaker Game AR 3:00 Presentation - "Picos de Europa" Spain- AR	<b>23</b> 8:15 Water Exercise P 9:30 Manicures AR 10:30 Bingo AR 1:00 Men's Pool League CH 1:30 Fall Prevention/Balance Presentation- AR 3:00 Chef Chat - AR 6:00 Bridge CH	<b>24</b> 9:15 I Am Fit- F 10:00 Canvas Tote Stenciling-AR 1:00 500- CH 1:30 <b>Music Lob</b> 3:00 Strawberry Sundae Social-AR 6:30 Rosary 7:00 Nickel Bingo AR	<b>25</b> 8:15 Water Exercise P 10:15 Men's Coffee Chat- AR 10:30 Chair Yoga F 12:00 Hand & Foot CH 12:30 Resident Council 1:30 Book Club w/Jo-AR 2:00 Men's Pool CH 2:30 <b>Music Lob</b> 6:30 <b>Community Concert -Lob</b>	<b>26</b> 9:15 I Am Fit F 10:30 Craft: Paper Mache Lanterns-AR 1:00 500 CH 1:30 Words In A Word- AR 3:00 Happy Hour AR	<b>27</b> 10:30 Chair Yoga F 1:15 Pinochle CH 1:30 Bible Study L
<b>28</b> 9:00 Catholic Service AR 2:00 Non Denominal service w/ Pastor Dan- AR 3:00 Kings Corners CH	<b>29</b> 9:15 I Am Fit F 10:15 <b>Aldi's Lob</b> 1:00 500 CH 1:30 Craft: Willow Family Tree-AR 2:45 <b>Music Lob</b> 4:30 <b>Dinner Out-Lob</b>	<b>30</b> 8:15 Water Exercise P 9:30 Who Am I?- AR 10:30 Bingo AR 1:00 Men's Pool League CH 1:30 Triomino's- AR 3:00 Chat W/ Lynn- AR 6:00 Bridge CH	<b>Free Transportation between 7:30 a.m. and 1:30 p.m. to Dr. appointments Monday-Friday</b> <b>48 Hour Notice</b> <b>Call The Cedars office at 319-393-9500</b>	<b>Locations:</b> <b>AR - Activity Room</b> <b>P - Pool</b> <b>LOB - Lobby</b> <b>CY - Court Yard</b> <b>R - Restaurant</b> <b>LB- Library</b> <b>CH- Club House</b> <b>F-Fitness Studio</b>	<b>Restaurant Phone:</b> <b>319-393-7905</b>	<b><u>Important Note:</u></b> <b>Any Activity in RED is an activity you will need to sign up for.</b> <b>The sign up book is located across from the mailboxes</b>