

# Cedars April 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Please keep in mind.....</b> <b>All Activities and/or activity times are subject to change.</b></p>	<p><b>1</b> 10:00 <b>Craft: Water Color Art AR</b> 10:15 I Am Fit F 1:30 <b>Music AR</b> 3:00 Bingo AR</p>	<p><b>2 Lunch at Place</b> 9:30 Morning Pick Me Up AR 10:15 Singing Scottish Songs AR <b>11:15 * Lunch at Place * Lob</b> 1:30 Make &amp; Take Spring Cards AR 3:00 Garbage Game AR 3:00 Card Games AR</p>	<p><b>3</b> 10:00 <b>Men's Coffee Chat AR</b> 10:15 I Am Fit F 1:30 <b>Music AR</b> 3:00 Sing Along AR 3:30 Catholic Discussion Group AR 4:15 Rosary AR 6:15 Bingo AR</p>	<p><b>4</b> 10:00 Bible Study AR 10:30 Sit &amp; Stretch F 1:15 <b>Birthday Party w/ Music AR</b> 3:00 Bingo AR</p>	<p><b>5</b> 9:30 Manicures AR 10:15 I Am Fit F 1:00 Peep Tasting AR 2:00 Social Hour AR 3:00 Card Games AR</p>	<p><b>6</b> 9:30 Morning Stretches F 10:30 Penny Bingo AR</p>
	<p><b>7</b> 10:00 Catholic Service AR</p>	<p><b>8</b> 10:00 Words in a Word Game AR 10:15 I Am Fit F 1:15 <b>Music AR</b> 3:00 Bingo AR</p>	<p><b>9</b> 9:30 Morning Pick Me Up AR 10:15 Name That Tune AR 1:15 <b>Music AR</b> 3:00 Welcome Spring Social AR 3:00 Card Games AR</p>	<p><b>10</b> 9:30 Morning Pick Me Up AR 10:15 I Am Fit F 10:15 History of Arbor Day AR 2:30 Rummikube AR 3:30 Catholic Discussion Group AR 4:15 Rosary AR 6:15 Bingo AR</p>	<p><b>11</b> 10:00 Bible Study AR 10:30 Sit &amp; Stretch F 11:15 <b>Ladies Lunch Out * Lob</b> 1:30 <b>Music AR</b> 2:30 <b>Dementia Support Group T</b> 3:00 Bingo AR</p>	<p><b>12</b> 10:15 I Am Fit F 1:00 Sing Along AR 2:00 Social Hour AR 3:00 Card Games AR</p>
<p><b>14</b> 10:00 Catholic Service AR</p>	<p><b>15</b> 10:00 Penny Prize Toss AR 10:15 I Am Fit F 1:30 Bingo AR 3:00 Storyteller AR</p>	<p><b>16</b> 9:30 Morning Pick Me Up AR 10:15 All 6 Dice Game AR 11:15 <b>Lunch Out * Lob</b> 1:30 <b>Music AR</b> 3:00 Before Dinner Club AR 3:00 Card Games AR</p>	<p><b>17</b> 10:00 Blackjack AR 10:15 I Am Fit F 10:30 Marci's Memorables: Walt Disney AR 1:30 <b>Music AR</b> 2:30 Bendominoes AR 3:00 Raffle Bingo AR 4:15 Rosary AR 6:15 Bingo AR</p>	<p><b>18</b> 10:00 Bible Study AR 10:30 Sit &amp; Stretch F 1:30 Inks &amp; Drinks AR 3:00 Bingo AR</p>	<p><b>19</b> 9:30 Manicures AR 10:15 I Am Fit F 1:00 Review May Calendar AR 2:00 Social Hour AR 3:00 Card Games AR</p>	<p><b>20</b> 9:30 Morning Stretches F 10:30 Penny Bingo AR</p>
<p><b>21</b> 10:00 Catholic Service AR</p>	<p><b>22 Earth Day</b> 10:00 <b>Craft: Paper Mache' Lanterns AR</b> 10:15 I Am Fit F 1:30 Presentation: "Picos de Europa" Spain 3:00 Bingo AR</p>	<p><b>23</b> 9:30 Morning Pick Me Up AR 10:15 Spring Magnet Craft AR 1:30 <b>Chef Chat AR</b> 3:00 Men's Meet Up AR 3:00 Card Games AR</p>	<p><b>24</b> 9:30 Morning Pick Me Up AR 10:15 I Am Fit F 10:15 Spring Bingo AR 1:30 Music Match Up AR 2:30 <b>Snack &amp; Chat w/ Lynn AR</b> 3:30 Catholic Discussion Group AR 4:15 Rosary AR 6:15 Bingo AR</p>	<p><b>25</b> 10:00 Bible Study AR 10:30 Sit &amp; Stretch F 1:15 <b>Music AR</b> 3:00 Bingo AR</p>	<p><b>26</b> 10:15 I Am Fit F 1:00 How It's Made AR 2:00 Social Hour AR 3:00 Card Games AR</p>	<p><b>27</b> 9:30 Morning Stretches F 10:30 Penny Bingo AR</p>
<p><b>28</b> 10:00 Catholic Service AR</p>	<p><b>29</b> 10:00 <b>Ladies Coffee Chat AR</b> 10:15 I Am Fit F 1:30 <b>Music AR</b> 3:00 Bingo AR 4:30 <b>Dinner Out * Lob</b></p>	<p><b>30</b> 9:30 Morning Pick Me Up AR 10:15 Finish the Song Lyric AR 1:30 Book Club AR 3:00 <b>Craft: Make May Baskets AR</b> 3:00 Card Games AR</p>	<p><u><b>Important Note:</b></u> Any Activity in <b>RED</b> is an activity you will need to sign up for. The sign up book is located in the Activity Room</p>	<p>Free Transportation between 7:30 a.m. and 1:30 p.m. to Dr. appointments Monday thru Friday 48 Hour Notice Call The Cedars office at 319-393-9500</p>	<p><b>1st Floor Locations:</b> <b>AR—Activity Room</b> <b>DR—Dining Room</b> <b>CY—Court Yard</b> <b>PDR—Private Dining Room</b> <b>P—Parlor</b></p>	