

Cottage April 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>April showers bring May flowers</p>	1 National Sour Dough Bread Day 9:30 Sit & Be Fit 10:15 Make Bread 1:30 Music AR 2:30 Snack 3:00 Bingo AR	2 Lunch at Place 9:30 Exercise 10:30 Manicures 11:15 Lunch at Place * Lob 1:30 Spring Visual Quiz 2:30 Snack 3:00 Indoor Fishing	3 9:30 Exercise 10:15 Ring Toss 1:30 Music AR 2:30 Snack 3:00 Rosary (MC) 6:15 Bingo AR	4 9:45 Music Therapy 10:30 Shape Shifters 1:15 April Birthday Party AR 2:30 Snack 3:00 Bingo AR	5 Dandelion Day 9:30 Exercise 10:15 Survey Says 12:30 Dandelion Trivia & Art 2:00 Social Hour AR 3:00 Conversation & Puzzles	6 9:30 Soft Stretches 10:30 Penny Bingo AR
7 10:00 Catholic Service AR	8 9:30 Sit & Be Fit 10:15 Bean Bag Toss 1:15 Music AR 2:30 Snack 3:00 Bingo AR	9 9:30 Exercise 10:30 Manicures 1:15 Music AR 2:30 Snack 3:00 Name That Tune	10 9:30 Exercise 10:15 Balloon Bat 2:30 Snack 3:00 Rosary (MC) 6:15 Bingo AR	11 9:45 Music Therapy 10:30 Shape Shifters 1:30 Music AR 2:30 Snack 3:00 Bingo AR	12 9:30 Exercise 10:15 Twister with a Twist 12:30 Australian Dot Pictures 2:00 Social Hour AR 3:00 Conversation & Art	13 9:30 Soft Stretches 10:30 Penny Bingo AR 1:30 Music AR
14 10:00 Catholic Service AR	15 9:30 Sit & Be Fit 10:15 Sing Along 1:30 Bingo AR 2:30 Snack 3:00 Storyteller AR	16 9:30 Exercise 10:30 Manicures 1:30 Music AR 2:30 Snack 3:00 How It's Made	17 9:30 Exercise 10:30 Marci's Memorables AR 1:30 Music AR 2:30 Snack 3:00 Rosary (MC) 6:15 Bingo AR	18 9:45 Music Therapy 10:30 Shape Shifters 1:30 Inks & Drinks AR 2:30 Snack 3:00 Bingo AR	19 9:30 Exercise 10:15 Easy Does It Trivia 12:30 Silhouette Pictures 2:00 Social Hour AR 3:00 Conversation & Puzzles	20 9:30 Soft Stretches 10:30 Penny Bingo AR
21 10:00 Catholic Service AR	22 9:30 Sit & Be Fit 10:15 Building Club 1:30 Craft: Paint Flower Pots 2:30 Snack 3:00 Bingo AR	23 9:30 Exercise 10:30 Manicures 1:30 Plant Flowers 2:30 Snack 3:00 Red / Black Game	24 9:30 Exercise 10:30 Parachute Ball 12:30 Make Snacks: Pigs in a Blanket 1:15 Bingo 2:30 Snack 3:00 Rosary (MC) 6:15 Bingo AR	25 9:45 Music Therapy 10:30 Shape Shifters 1:15 Music AR 2:30 Snack 3:00 Bingo AR	26 9:30 Exercise 10:15 Make Pretzels 12:30 Spring Tree Craft 2:00 Social Hour AR 3:00 Conversation & Art	27 9:30 Soft Stretches 10:30 Penny Bingo AR
28 10:00 Catholic Service AR	29 9:30 Sit & Be Fit 10:15 Noodle Hockey 1:30 Music AR 2:30 Snack 3:00 Bingo AR	30 9:30 Exercise 10:15 Craft: Make May Day Baskets 1:30 Manicures 2:30 Snack 3:00 Guess the Price	Please keep in mind..... All Activities and/or activity times are subject to change.	Free Transportation between 7:30 a.m. and 1:30 p.m. to Dr. appointments Monday thru Fri- day 48 Hour Notice Call The Cedars office at 319-393-9500	Important Note: Any Activity in RED is an activity you will need to sign up for. The sign up book is located in the Activity Room	1st Floor Locations: AR—Activity Room DR—Dining Room CY—Court Yard PDR—Private Dining Room P—Parlor 2nd Floor Locations: F—Fitness Room T—Theater