

SUN MON TUE WED THUR FRI SAT

Check out our Resident Room TV Channel Tune into channel 901 to see everything happening here at KVAF Both the daily calendar and the days menu are listed along with updates and announcements.

**10:00 Hymn Sing (T2LR)
11:00 Table Games (T1LR)
3:00 Sunday Service with Kissingers Church (CR)
6:00 Seated Exercise Channel 901 (Channel 901)
6:00 Sunday Movie Night (A2T)
9:00 Meditation Series on 901 (901)**

**Happy Birthday Dale Hollenbach!
Happy Birthday Frances Paradiso!
10:00 Hymn Sing (T2LR)
11:00 Table Games (T1LR)
2:00 Kutztown University Phi Mu Alpha Symphonia (A123)
6:00 Seated Exercise Channel 901 (Channel 901)
6:00 Sunday Movie Night (A2T)
9:00 Meditation Series on 901 (901)**

**10:00 Hymn Sing (T2LR)
11:00 Table Games (T1LR)
3:00 Sunday Church Service with Pastor Bush Trinity Bible Church (CR)
6:00 Seated Exercise Channel 901 (Channel 901)
6:00 Sunday Movie Night (A2T)
9:00 Meditation Series on 901 (901)**

**10:00 Hymn Sing (T2LR)
11:00 Table Games (T1LR)
3:00 Sunday Church Service with Becky Wright (CR)
6:00 Seated Exercise Channel 901 (Channel 901)
6:00 Sunday Movie Night (A2T)
9:00 Meditation Series on 901 (901)**

**April Fool's Day
10:00 Monday Movement Exercise (CR)
11:00 Hangman/Domino's (Terrace First Floor Living Room)
12:15 Cornhole Practice (CR)
1:00 Book Club Meeting (Library)
3:00 Knit and Crochet Group (Library)
6:00 Seated Exercise Channel 901 (Channel 901)
6:30 As the Page Turns with Joan Becker (Library)
9:00 Meditation Series on 901 (901)**

**10:00 Monday Movement Exercise (CR)
11:00 Hangman/Domino's (Terrace First Floor Living Room)
12:15 Cornhole Practice (CR)
1:00 Word Games (Library)
3:00 Knit and Crochet Group (Library)
6:00 Seated Exercise Channel 901 (Channel 901)
6:30 As the Page Turns with Joan Becker (Library)
9:00 Meditation Series on 901 (901)**

**Tax Day
10:00 Monday Movement Exercise (CR)
11:00 Hangman/Domino's (Terrace First Floor Living Room)
12:15 Cornhole Practice (CR)
1:00 GriefShare Group (CR)
1:00 Word Games (Library)
2:00 Arts and Crafts with Marta (3rd Floor Kitchen IL)
3:00 Knit and Crochet Group (Library)
3:30 Therapy Dog Buttercup Visit (A)
6:00 Seated Exercise Channel 901 (Channel 901)
6:30 As the Page Turns with Joan Becker (Library)
9:00 Meditation Series on 901 (901)**

**Passover
Earth Day
10:00 Monday Movement Exercise (CR)
11:00 Hangman/Domino's (Terrace First Floor Living Room)
12:15 Cornhole Practice (CR)
1:00 Word Games (Library)
3:00 Knit and Crochet Group (Library)
3:00 Pennsylvania Dutch Club (CR)
6:00 Seated Exercise Channel 901 (Channel 901)
6:30 As the Page Turns with Joan Becker (Library)
9:00 Meditation Series on 901 (901)**

**10:00 Monday Movement Exercise (CR)
11:00 Hangman/Domino's (Terrace First Floor Living Room)
12:15 Cornhole Practice (CR)
1:00 Word Games (Library)
2:30 Authentic Mennonite Taste and Tell-Whoppie Pies (Pub)
3:00 Knit and Crochet Group (Library)
3:30 Therapy Dog Buttercup Visit (A)
6:00 Seated Exercise Channel 901 (Channel 901)
6:30 As the Page Turns with Joan Becker (Library)
9:00 Meditation Series on 901 (901)**

**SPARKLY SUPPER!
9:00 Boyer's Grocery Store and Dollar General (DA)
10:00 Stronger Seniors Stretch (CR)
3:00 Sparkly Supper Auctions (T1LR)
6:00 Seated Exercise Channel 901 (Channel 901)
9:00 Meditation Series on 901 (901)**

**Happy Birthday Jacquelyn Roseler!
9:00 Boyer's Grocery Store and Dollar General (DA)
10:00 Stronger Seniors Stretch (CR)
11:00 Farkle Party and Games (Rooster)
2:00 Presentation: Penn Street Through the Years by Rick Polyka (CR)
6:00 Chips and Trivia with Jayda (Pub)
6:00 Seated Exercise Channel 901 (Channel 901)
9:00 Meditation Series on 901 (901)**

**Happy Birthday Alton Kehm!
9:00 Boyer's Grocery Store and Dollar General (DA)
9:15 Fleetwood Middle School Music Students (Pub/Community Room)
10:00 Stronger Seniors Stretch (CR)
11:00 Farkle Party and Games (Rooster)
6:00 Chips and Trivia with Jayda (Pub)
6:00 Seated Exercise Channel 901 (Channel 901)
9:00 Meditation Series on 901 (901)**

**-VOTING-
9:00 Boyer's Grocery Store and Dollar General (DA)
10:00 Stronger Seniors Stretch (CR)
11:00 Farkle Party and Games (Rooster)
1:30 Personal Care Scenic Country Drive (DA)
2:00 Activities and Dining Meeting (Pub)
6:00 Chips and Trivia with Jayda (Pub)
6:00 Seated Exercise Channel 901 (Channel 901)
9:00 Meditation Series on 901 (901)**

**9:00 Boyer's Grocery Store and Dollar General (DA)
10:00 Stronger Seniors Stretch (CR)
11:00 Farkle Party and Games (Rooster)
12:00 Birthday's of the Month (PC Dining Room)
2:00 POLST explained with Accent Care (CR)
6:00 Chips and Trivia with Jayda (Pub)
6:00 Seated Exercise Channel 901 (Channel 901)
9:00 Meditation Series on 901 (901)**

**10:00 Town Hall Meeting (A123)
10:30 Blood Pressure Checks by Accent Care-TIME CHANGE (LIB)
11:00 Dice Games (Rooster Room)
1:15 PC BINGO (Rooster)
2:00 Resident Run Pinochle (3FLGMR)
3:00 Men's Group with George (A2T)
6:00 GETTIN' CRAFTY with Pam and STS Club (3rd Floor Kitchen IL)
6:00 Seated Exercise Channel 901 (Channel 901)
6:00 Wednesday Evening Movie (A2T)**

**10:00 Blood Pressure Checks by Accent Care (LIB)
10:00 Stretch and Aerobics (CR)
11:00 Dice Games (Rooster Room)
1:15 PC BINGO (Rooster)
2:00 Resident Run Pinochle (3FLGMR)
2:30 Trivia with Asera Care (Pub)
4:00 Dinner Trip to Carriage House Restaurant (DA)
6:00 Seated Exercise Channel 901 (Channel 901)
6:00 Wednesday Evening Movie (A2T)**

**10:00 Blood Pressure Checks by Accent Care (LIB)
10:00 Stretch and Aerobics (CR)
11:00 Dice Games (Rooster Room)
1:15 PC BINGO (Rooster)
2:00 Catholic Mass and Rosary (CR)
2:00 Resident Run Pinochle (3FLGMR)
3:00 Men's Group with George (A2T)
6:00 Manicures with the STS CLUB (Pub)
6:00 Seated Exercise Channel 901 (Channel 901)
6:00 Wednesday Evening Movie (A2T)**

**Happy Birthday Pauline Monde!
10:00 Blood Pressure Checks by Accent Care (LIB)
10:00 Drum Circle (CR)
11:00 Dice Games (Rooster Room)
11:00 Lunch Trip to Saville's (DA)
1:15 PC BINGO (Rooster)
2:00 Resident Run Pinochle (3FLGMR)
2:30 Veterans Club with Asera Care (Library)
6:00 Seated Exercise Channel 901 (Channel 901)
6:00 Wednesday Evening Movie (A2T)**

**10:00 Seated Exercise (CR)
11:00 Manicures With Donna (T1LR)
12:15 Cornhole Practice (CR)
1:30 Chime Choir Practice (3rd Floor Kitchen IL)
3:00 Drink of the Week Fuzzy Navel's (A123)
3:00 Happy Hour with: Lucille Jazz Vocalist Band! (A123)
6:00 Seated Exercise Channel 901 (Channel 901)
6:15 PC Evening Bingo (Rooster)
9:00 Meditation Series on 901 (901)**

**10:00 Garden Club Planning Meeting (Pub)
10:00 Seated Exercise (CR)
12:15 Cornhole Practice (CR)
1:00 Care for Your Hearing (T2LR)
1:30 Chime Choir Practice (3rd Floor Kitchen IL)
3:00 Drink of the Week: Rum and Cokes (A123)
3:00 Happy Hour with STEEN LEMON! (A123)
6:00 Seated Exercise Channel 901 (Channel 901)
6:15 PC Evening Bingo (Rooster)
9:00 Meditation Series on 901 (901)**

**Happy Birthday Loretta Keenan!
10:00 Seated Exercise (CR)
11:00 Manicures With Donna (T1LR)
12:15 Cornhole Practice (CR)
1:30 Chime Choir Practice (3rd Floor Kitchen IL)
3:00 Drink of the Week: ScrewDriver (A123)
3:00 Happy Hour with Maria Damore (A123)
6:00 Seated Exercise Channel 901 (Channel 901)
6:15 PC Evening Bingo (Rooster)
9:00 Meditation Series on 901 (901)**

**10:00 Seated Exercise (CR)
12:15 Cornhole Practice (CR)
1:30 Chime Choir Practice (3rd Floor Kitchen IL)
3:00 Drink of the Week: The Dirty Shirley (A123)
3:00 Happy Hour with Lori Woodward (A123)
6:00 Seated Exercise Channel 901 (Channel 901)
6:15 Berks County 4-H Dog Club is BACK! (A)
9:00 Meditation Series on 901 (901)**

**10:00 Fun Friday with Fox (CR)
11:00 Farkle Dice Game (Rooster Room)
2:00 Devotional Group (A2T)
2:00 Resident Run Pinochle (3FLGMR)
6:00 Seated Exercise Channel 901 (Channel 901)
6:30 Brain Teasers with Babs and Joan (Pub)
9:00 Meditation Series on 901 (901)**

**Happy Birthday Shirley Eddinger!
10:00 Fun Friday with Fox (CR)
11:00 Farkle Dice Game (Rooster Room)
1:00 Reminisce with I LOVE LUCY SHOW (A2T)
1:30 Dollar Tree Trip (DA)
2:00 Resident Run Pinochle (3FLGMR)
2:00 Sing Along (A)
6:00 Seated Exercise Channel 901 (Channel 901)
6:30 Brain Teasers with Babs and Joan (Pub)
9:00 Meditation Series on 901 (901)**

**9:45 Boscov's Shopping Trip (DA)
10:00 Fun Friday with Fox (CR)
11:00 Farkle Dice Game (Rooster Room)
2:00 Devotional Group (A2T)
2:00 Resident Run Pinochle (3FLGMR)
6:00 Seated Exercise Channel 901 (Channel 901)
6:30 Brain Teasers with Babs and Joan (Pub)
9:00 Meditation Series on 901 (901)**

**Happy Birthday Eileen Flynn!
10:00 Fun Friday with Fox (CR)
11:00 Farkle Dice Game (Rooster Room)
1:00 Reminisce with I LOVE LUCY SHOW (A2T)
2:00 Resident Run Pinochle (3FLGMR)
2:00 Sing Along (A)
6:00 Seated Exercise Channel 901 (Channel 901)
6:30 Brain Teasers with Babs and Joan (Pub)
9:00 Meditation Series on 901 (901)**

**LOCATION KEY
T1LR - 1st Floor Terrace Living Room
LIB - 2nd Floor Library
T2LR - 2nd Floor Terrace Living Room
3FLGMR - 3rd Floor Game Room
Rooster - 3rd Floor Rooster Room**

**10:00 Stronger Seniors Stretch (CR)
11:30 KVAF Store (PO)
1:00 PC BINGO (Rooster)
2:00 Resident Run Card and Board Games (3FLGMR)
6:00 Saturday Evening Movie (A2T)
6:00 Seated Exercise Channel 901 (Channel 901)
9:00 Meditation Series on 901 (901)**

**10:00 Stronger Seniors Stretch (CR)
11:30 KVAF Store (PO)
1:00 PC BINGO (Rooster)
2:00 Resident Run Card and Board Games (3FLGMR)
6:00 Saturday Evening Movie (A2T)
6:00 Seated Exercise Channel 901 (Channel 901)
9:00 Meditation Series on 901 (901)**

**Happy Birthday Arlene Ruhf!
Happy Birthday Charles Hazard!
10:00 Stronger Seniors Stretch (CR)
11:30 KVAF Store (PO)
1:00 PC BINGO (Rooster)
2:00 Resident Run Card and Board Games (3FLGMR)
2:30 There's Music in the Air with Chris Hillner (A123)
6:00 Saturday Evening Movie (A2T)
6:00 Seated Exercise Channel 901 (Channel 901)
9:00 Meditation Series on 901 (901)**

**10:00 Stronger Seniors Stretch (CR)
10:30 Linda on Piano (A123)
11:30 KVAF Store (PO)
1:00 PC BINGO (Rooster)
2:00 Resident Run Card and Board Games (3FLGMR)
6:00 Saturday Evening Movie (A2T)
6:00 Seated Exercise Channel 901 (Channel 901)
9:00 Meditation Series on 901 (901)**

**A - Atrium
A123 - Atrium all floors
CR - Community Room
DA - Depart Atrium
PO - Post Office
Pub - Pub
A2T - Theater 2nd floor**

April 2024

Personal Care

Activities Department Director Kristen Kotsch extension: 8357



A DISTINCTIVE RETIREMENT COMMUNITY

