

Resident Spotlight



Paul

Paul came to live at Arbors a couple years back. As a veteran of the United States Air Force, he loves to share stories of his days in the service. He enjoys the company of others and is often seen out and about in the community engaging with other residents. We are so happy to have Paul here and to see his smile every day!

Team Member Spotlight



Jennifer, Life Enrichment Director

Jennifer joined the Arbors team in January of 2019. She previously held the title of Business Office Director, and recently made the change over to Life Enrichment Director. She loves working directly with the residents and hopes to continually bring smiles to their faces and make them feel at home here at Arbors.

moments captured



John “The Piano Man”: Every month, the Sierra Arts Foundation provides our community with entertainment from local musicians. In March, we enjoyed beautiful piano music from John.



St. Patrick’s Day: We had a blast celebrating St. Patrick’s Day with Irish Soda Bread, sweet treats, and green drinks, including O’Doul’s NA beer for those who wanted to try it!



A Note from the Executive Director



Assaad Zeid,
Executive Director

Hello Spring,

I am ready for warmer weather, I hope you are too.

I can’t wait for the wonderful things April is going to bring us. Blooming flowers, trees changing colors and great weather.

In March, we celebrated St. Patrick’s Day with a great party and had a pre-Easter Buffet Luncheon on the 29th. Thank you to those who joined us.

I want to welcome Janice “Jan” Clark, Business Office Director, to the team. Please stop by and introduce yourself when you visit. Welcome Jan.

Assaad

www.arborsmemorycare.com

April 2024
The Arbors Bulletin

Arbors Memory Care | 2121 E. Prater Way | Sparks, NV 89434 | 775-331-2229

HAPPY Birthday

Residents

- Mary 4/2
- Rita 4/3
- Howard 4/4
- Juanita 4/23
- Doris 4/26
- Virginia B. 4/26
- Bobbi 4/27
- Julia 4/30

Staff

- Windy 4/9
- Terra 4/10

APRIL 2024

Arbors Memory Care • 2121 E. Prater Way, Sparks , NV 89434 • 775-331-2229

SUN	MON	TUE	WED	THU	FRI	SAT
	1 April Fool's Day 9:00 Morning Updates 10:00 Sit & Be Fit 11:00 Memory Lane 2:30 Catfish Carl 3:30 BINGO 6:00 Classic TV 	2 Walking Day 9:00 Morning News 10:00 Ball Exercises 11:00 Armchair Travel 2:00 Poetry Club 3:30 BINGO 6:00 Evening News 	3 Walking Day 9:00 Morning Updates 10:00 Golden Walkers 11:00 Word Games 2:00 Bowling 3:30 Sunshine Visits 4:00 Table Games 	4 9:00 Morning News 10:00 Music & Movement 11:00 Reminiscing 2:00 Ring Toss 3:30 BINGO 6:00 Classic TV 	5 9:00 Morning Updates 10:00 Sit & Be Fit 11:00 Match Game 2:00 Hot Potato 3:00 Happy Hour 6:00 Friday Night Movie 	6 9:00 Morning News 10:00 Chair Yoga 11:00 Reminiscing– 1950s 2:00 Cooking Club 3:30 Karaoke 4:30 Sunshine Visits 
7 World Health Day 9:00 Spiritual Piano 10:00 Sunday Stretch 11:00 Letter Writing 2:00 Fancy Nails 3:30 Ball Toss 4:30 Trivia 	8 Zoo Lover's Day 9:00 Morning News 10:00 Golden Walkers 11:00 Animal Trivia 2:00 Kickball 3:30 BINGO 6:00 Classic TV 	9 9:00 Morning Updates 10:00 Fitness Fun 11:00 Trivia 2:30 Sierra Arts Music 3:30 Table Games 6:00 Evening News 	10 Golfer's Day 9:00 Morning News 10:00 Sit & Be Fit 11:00 Word Games 2:00 Golf 3:30 Sunshine Visits 4:00 Puzzle Time 	11 Pet Day 9:00 Morning Updates 10:00 Ball Exercises 11:00 Funny Pet Videos 2:00 Bean Bag Toss 3:30 BINGO 6:00 Classic TV 	12 9:00 Morning News 10:00 Yuki the Dog Visits 11:00 Chair Yoga 2:00 Kickball 3:00 Happy Hour 6:00 Friday Night Movie 	13 Scrabble Day 9:00 Morning Updates 10:00 Music & Movement 11:00 Reminiscing-1960s 2:00 Scrabble Fun 3:30 Arts& Crafts 4:30 Sunshine Visits 
14 9:00 Spiritual Piano 10:00 Sunday Stretch 11:00 Coloring to Music 2:00 Fancy Nails 3:30 Hot Potato 4:30 Conversation Cards 	15 World Art Day 9:00 Morning Updates 10:00 Chair Yoga 11:00 Art Appreciation 2:00 Chapel Service 3:30 BINGO 6:00 Classic TV 	16 9:00 Morning News 10:00 Sit & Be Fit 11:00 Short Stories 2:00 Bean Bag Toss 4:00 Music Memories 6:00 Evening News 	17 Haiku Day 9:00 Morning Updates 10:00 Music & Movement 11:00 Haiku fun 2:00 Kickball 3:30 Sunshine Visits 4:00 Table Games 	18 9:00 Morning News 10:00 Chair Yoga 11:00 Word Games 2:00 Bean Bag Toss 3:30 BINGO 6:00 Classic TV 	19 Poker Day 9:00 Morning Updates 10:00 Ball Exercises 11:00 Card Games 2:00 Birthday Bash w/ Jim 4:00 Fancy Nails 6:00 Friday Night Movie 	20 9:00 Morning News 10:00 Sit & Be Fit 11:00 Reminiscing-1970s 2:00 Geography 3:30 Sing Along 4:30 Sunshine Visits 
21 World Creativity Day 9:00 Spiritual Piano 10:00 Sunday Stretch 11:00 Letter Writing 2:00 Fancy Nails 3:30 Creative Fun 4:30 Trivia 	22 Earth Day 9:00 Morning News 10:00 Ball Exercises 11:00 Earth Day Facts 2:00 Memory Lane 3:30 BINGO 6:00 Classic TV 	23 Picnic Day 9:00 Morning Updates 10:00 Music & Movement 11:00 Picnic in the Park 2:00 Bean Bag Toss 3:30 Poetry Club 6:00 Evening News 	24 9:00 Morning News 10:00 Chair Yoga 11:00 Word Games 2:00 Bowling 3:30 Sunshine Visits 4:00 Table Games 	25 9:00 Morning Updates 10:00 Fitness Fun 11:00 Funny Kid Videos 2:00 Ring Toss 3:30 BINGO 6:00 Classic TV BINGO	26 Arbor Day 9:00 Morning News 10:00 Yuki the Dog Visits 11:00 Sit & Be Fit 2:30 Blackjack with AZ 3:30 Tree Art 6:00 Friday Night Movie 	27 9:00 Morning Updates 10:00 Golden Walkers 11:00 Trivia 2:00 Armchair Travel 3:30 Flower Arranging 4:30 Sunshine Visits 
28 9:00 Spiritual Piano 10:00 Sunday stretch 11:00 Coloring to Music 2:00 Fancy Nails 3:30 Ball Toss 4:30 Conversation Cards 	29 9:00 Morning Updates 10:00 Sit & Be Fit 11:00 Word Games 2:00 Golf 3:30 BINGO 6:00 Classic TV 	30 International Jazz Day 9:00 Morning News 10:00 Fitness Fun 11:00 Jazz Trivia 2:00 Bean Bag Toss 3:30 BINGO 6:00 Evening News 	World Health Day 	Earth Day 	celebrate Arbor Day 	International Jazz Day 

Arbors
Memory Care
**April
2024**

upcoming events

April 1st -
Music with Catfish
 Carl
 2 PM

April 9th -
Sierra Arts Music
 2:30 PM

**April 12th and
26th -**
Yuki the Dog Visits
 10 AM

April 19th -
**Birthday Bash w/
Jim on the Guitar**
 1:30 PM

April 22nd -
Earth Day Facts
 11 AM

April 26th -
Arbor Day Tree Art
 3:30 PM



Our mission is to create and maintain comfortable, caring environments for those who depend on us.