

APRIL 2024



₩ Mah Jong

Pool Exercise

Resident Off-site
Breakfast

Resident
Off-site Golf

Yoga Class

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Chair Strength Class 11 AM Canasta - 1 PM	Mah Jong - 1 PM 2 National PBJ Day Make your own PBJ on the Patio 12 PM	Bagels and Coffee on the Patio 9:30 AM	Kayaking 9 AM Pool Exercise - 10 AM Mah Jong - 1 PM Resident Social Gathering - 5 PM	Resident Off-site Breakfast - 9 AM Resident Off-site Golf - 12 PM Canasta - 1 PM	Pool Exercise 11 AM
Yoga Class By The Pool - 10:30 AM	Chair Strength Class 11 AM Canasta - 1 PM Food Truck and Live Music 4 PM	Mah Jong - 1 PM	Bagels and Coffee on the Patio 9:30 AM		Resident Off-site Breakfast - 9 AM Resident Off-site Golf - 12 PM Canasta - 1 PM	Pool Exercise 13
Section 14 Yoga Class By The Pool - 10:30 AM	Chair Strength Class 15 11 AM Canasta - 1 PM	Mah Jong - 1 PM 16	Bagels and Coffee on the Patio 9:30 AM Senior Helpers Aroma Therapy Class 1 PM	Kayaking 9 AM Pool Exercise - 10 AM Mah Jong - 1 PM Resident Social Gathering - 5 PM	Resident Off-site Breakfast - 9 AM Resident Off-site Golf - 12 PM Canasta - 1 PM	Pool Exercise 20
21	Chair Strength Class 22 11 AM Canasta - 1 PM	Mah Jong - 1 PM 23	■ Bagels and Coffee on the Patio 9:30 AM		Resident Off-site Breakfast - 9 AM Resident Off-site Golf - 12 PM Canasta - 1 PM Beer and Pretzel Day - 2 PM	Pool Exercise 27
Section 28 Yoga Class By The Pool - 10:30 AM	Chair Strength Class 29 11 AM Canasta - 1 PM	Mah Jong - 1 PM 30				