

TURNING ROUNDS

PURPOSE:

1. To cleanse, refresh and reposition bedfast and wheelchair-bound residents on a regular basis.
2. To stimulate circulation.
3. To inspect resident's body.

EQUIPMENT:

1. Cleansing solution.
2. Linen as necessary.
3. Washcloth and towel.
4. Plastic bag.
5. Soiled linen container.
6. Moisture barrier.

PROCEDURE:

1. Gather equipment and bring to bedside.
2. Screen resident for privacy.
3. Explain procedure to resident.
4. Take resident to bathroom or place on bedpan as outline on plan of care.
5. If incontinent, remove soiled linen and place in soiled linen container or change disposable briefs as necessary.
6. Wash perineal area with cleansing solution, dry thoroughly. Apply moisture barrier.
7. Inspect skin.
8. Replace any soiled linen with clean linen and re-position the resident.
9. Leave resident in comfortable position with call light in reach.

Turning rounds are done every 2 hours unless otherwise noted on plan of care

REPORT:

1. Report any skin problems.
2. Report any resident complaints.