

SHAVING THE RESIDENT

PURPOSE:

To remove facial hair and improve the resident's appearance and morale.

EQUIPMENT:

1. Disposable razor or resident's own electric razor.
2. Towel.
3. Washcloth.
4. Soap or shaving cream.
5. Tissues.
6. After shave lotion if available.
7. Basin half-filled with hot water.

PROCEDURE:

DISPOSABLE SAFETY RAZOR:

1. Assist the resident to a comfortable sitting position unless contraindicated and drape.
2. Fill basin half-full of hot water.
3. Apply warm washcloth to beard to soften.
4. Apply shaving cream or soap to beard.
5. Encourage resident to participate in care as much as possible. Give simple instructions and be patient.
6. Pull skin taut in the opposite direction of the razor stroke. Use firm, gentle strokes and shave against the direction of hair growth.
7. Rinse razor frequently; remove hair with tissue.
8. Rinse the resident's face, dry and apply after-shave lotion.
9. Clean and return equipment to proper storage area.
10. Position resident comfortably with call light within reach.

ELECTRIC RAZOR:

1. Follow step #1 above.
2. Wash and dry resident's face well.
3. Encourage resident to participate in care as much as possible. Give simple instructions and be patient.
4. Shave by pulling skin taut in opposite direction of the razor stroke. Use firm, gentle strokes and shave against the direction of hair growth.
5. Wash and dry resident's face well; apply after shave lotion.
6. Disassemble razor and rinse parts touching skin; rinse with alcohol. Do not wet electrical portion of razor.
7. Clean and return equipment to proper storage area.
8. Position resident comfortably with call light within reach.

*It is facility policy staff do not shave resident's perineum.