

LIQUIDS, THICK

PURPOSE:

To use Thicken Up in the liquids of any resident who has a doctor's order for thick liquids. Those residents will not have a water pitcher or glass at their bedside. If the liquids are not thickened by dietary, the staff serving the liquid will thicken it.

PROCEDURE:

1. Determine quantity and thickness level desired.
2. Measure liquid and Thicken Up as needed.
3. Place liquid in glass.
4. While stirring briskly with a spoon or wire whip, gradually add Thicken Up. Stir until dissolved.

Use the following charts to determine the amount of Thicken Up needed to make liquid the consistency of Nectar, Honey or Pudding.