

## STAND ASSIST LIFT

### PURPOSE:

To enable two staff members to safely lift and transfer weight bearing residents who are able to actively participate in the transfer process (**able to bear weight, hold cross bar, and follow directions**).

### EQUIPMENT:

Stand assist lift.

### PROCEDURE:

1. Resident is to be in a sitting position with GAIT BELT on.
2. Explain each step to Resident prior to performing.
3. A non-skid type of footwear is to be worn during the use of the lift.
4. Pull the lock/bottom on the back of the seat; raise the two split seat units so that they are parallel to the side of the Stand Assist.
5. Have the Resident positioned at the edge of the surface to be transferred from. Move the Stand Assist in front of the resident. Position the Resident's feet firmly on the platform and knees and shins are to be in contact with the two cupped kneepads.
6. Lock the casters by stepping on the caster clip and pressing it down.
7. Instruct the Resident to grasp the cross bar closest to him/her and, using his/her own strength, pull up to a standing position securely on the base platform. Staff should be standing to the side of the Resident with hands on the gait belt at all times while the Resident is pulling up to stand; if necessary, staff may guide Resident with gait belt.
8. Pull the ring lock on the back of the seat and open/turn the split seat. Lower both of the split seat units down in position to form a complete seat.

**WARNING: Ensure that both seat units are lowered and form a complete seat before having the Resident sit down on the Stand Assist.**

9. Have the resident lower self down onto the seat while keeping knees and shins in the kneepads, and while continuing to hold the cross bar with both hands.
10. Unlock the casters. Place both hands on the cross bar furthest from the Resident and move the Stand Assist to the new surface. Ensure the Resident is secure and in proper position as described in step 9 (sitting on the seat with both feet on the platform and knees and shins in kneepads and holding onto the crossbar). Move the lift slowly, watching Resident and equipment at all times.
11. Position the Stand Assist against the new surface, ensuring that the Resident will be in a position to sit down firmly and safely on the transfer surface.
12. Lock the casters. If transferring to a W/C or bed, lock brakes.
13. Have the Resident pull self up to a full standing position; staff should be standing to the side and holding onto the gait belt as the resident stands.
14. Pull the ring lock on the back of the seat. Raise the two split seat units so that they are parallel to the side of the Stand Assist to allow the Resident to lower self onto the new surface.
15. Stand beside the Resident and hold the gait belt as he/she lowers self onto the new surface.

16. Instruct Resident and assist as needed to remove his/her feet from the foot plate. Unlock lift casters and remove lift.
17. Check Resident's positioning for proper body alignment before leaving the room.

**DO NOT LEAVE THE RESIDENT UNATTENDED DURING ANY PART OF THE TRANSFER OR TRANSPORT.**