

## **INTAKE AND OUTPUT**

### **PURPOSE:**

1. To provide an accurate record of fluids taken and eliminated by the resident as ordered by the physician.
2. To aid the physician in diagnosis and in determining the progress of the resident.

### **PROCEDURE:**

1. Identify resident and explain the procedures as necessary in order to keep an accurate record.
  - A. Explain to family when necessary in order to keep an accurate record.
2. Intake
  - A. Record the amount of fluid resident takes from tray.
  - B. Record all water and other liquids taken between meals.
  - C. Record I.V. or tube feeding amounts.
3. Output – Use graduate for measuring urine and output.
  - A. Save voided specimen.
  - B. Pour urine from bed pan or urinal into graduate.
  - C. Drain catheter bag into graduate.
  - D. Measure amount and record under output.
  - E. If specimen is accidentally lost, estimate the amount and make notation on the I & O record.
  - F. Rinse graduate with cold water.
4. Measure and record all other liquids.
  - A. These include emesis, drainage and liquid stool.
5. Chart: Color, odor and consistency, if unusual. Amount for total 8 hours.