

HAIR AND SCALP CARE

PURPOSE:

1. To clean the hair and scalp.
2. To provide comfort and increase circulation.
3. To provide the resident with an attractive appearance and improve morale.
4. To apply medication to the scalp if necessary.

EQUIPMENT:

1. Comb and hairbrush.
2. Towel.
3. Alcohol.
4. Hair conditioner if available.
5. Medication as ordered.

PROCEDURE:

1. Assist resident to comfortable position. Place towel under the head.
2. Begin combing gently at the ends of the hair and work toward the crown.
3. Resident's hair is to be combed during morning and evening care; more often if necessary.
4. If the resident has a regular hair styling appointment with the beautician, ask permission before combing hair.
5. Observe condition of hair and scalp.
6. If hair is tangles, apply a small amount of alcohol or hair conditioner, if available. (Do not apply alcohol to the scalp.)
7. Apply medication to the scalp as ordered.
8. Comb resident's hair in desired style.
9. Do not cut resident's hair without permission of the resident or responsible party.
10. Inform the resident and responsible party of the availability of beautician services when the resident is oriented to the facility on admission. The beautician's hours are available from the business office.
11. Cutting or tweezing of the eyebrows is not permitted except by a qualified beautician or barber.
12. Hair dyes may not be used by facility personnel.
13. Clean comb and brush well and store properly.
14. Discard soiled towel properly.
15. Leave resident positioned comfortably with call light within reach.