## **HAIR CARE (ROUTINE)**

## **PURPOSE:**

- 1. To improve the resident's appearance.
- 2. To give them a sense of well being.

## **EQUIPMENT:**

- 1. Brush/comb/pick.
- 2. Rubber bands/ribbons
- 3. Barrettes/comb/pins.
- 4. Gel, if needed.

## **PROCEDURE:** (CHAIR OR BED)

- 1. Explain procedure and sit the resident in a chair if able or place in a comfortable position.
- 2. Wash hands.
- 3. Comb or brush hair straight back to locate natural part, or, use pick to fluff hair if permed or styled.
- 4. Style appropriately.
- 5. Remove hair from brush or comb.
- 6. Observe condition of scalp.
- 7. Return equipment to proper place.
- 8. Wash hands.
- 9. Report anything unusual to Charge Nurse.