

## **FEEDING A RESIDENT**

### **PURPOSE:**

To meet the individual needs of each resident.

### **PROCEDURE:**

1. Check the resident for placement of dentures.
2. Position the resident appropriate for feeding.
3. Wash your hands before feeding.
4. Offer the resident a protective covering for clothing.
5. Check tray for appropriate diet.
6. Offer fresh drinking water.
7. Sit while feeding the resident.
8. Encourage and permit the resident to feed self.
9. Fill the spoon half full and serve from the end of the spoon.
10. Tell the resident what they are eating.
11. Alternate solid and liquid foods. If resident has dementia, feed one texture or food at a time.
12. Give the resident enough time to chew and swallow.
13. Encourage the resident to eat as much as possible.
14. When the meal is completed, remove the tray and wipe the resident's mouth and hands. Remove any soiled clothing or bed linens.
15. Document the intake.
16. Wash your hands.