

## **BATH (TUB)**

### **PURPOSE:**

1. To cleanse the skin.
2. To provide comfort for the resident.
3. To observe the condition of the skin.

### **EQUIPMENT:**

1. Resident's clothing (clean).
2. Washcloth, hand and bath towel.
3. Soap, shampoo, and deodorant.
4. Chair or stool.
5. Thermometer.
6. Hydraulic lift, if necessary.

### **PROCEDURE:**

1. Assemble equipment.
2. Prepare bathroom and tub. Make sure room is warm. Assist resident to tub room and remove clothing.
3. Fill tub; temperature should not exceed 105-110 degrees F.
4. Assist resident into tub and help with bath as needed. NOTE: NEVER LEAVE A RESIDENT IN THE TUB ALONE. IF YOU NEED ASSISTANCE, PUT ON THE EMERGENCY ALL LIGHT.
5. If resident feels faint, drain tub, lower resident's head and put on the emergency light. Cover resident to keep warm.
6. Bathe resident or assist resident to bathe and dry. Be certain upper part of body is well dried before helping resident from tub.
7. Apply body lotion as necessary and per resident's preference.
8. Assist resident to dress.
9. Discard linen in proper container.