

## **BATH (MEDICATED)**

### **PURPOSE:**

1. To alleviate skin conditions.

### **TYPE:**

1. Soda bicarbonate.
2. Starch (colloidal).
3. Medication ordered by the physician.

### **EQUIPMENT:**

1. Bathtub, one-half full of water.
2. Medication or solution as ordered.

### **PROCEDURE:**

1. Soda bicarbonate: Add 8 oz. to tub and stir well. This is approximately a 5 percent solution.
2. Starch (colloidal): Mix one pound of (1 pint) of cornstarch with cold water and mix well. Then add boiling water, but do not boil solution. Stir mixture well while adding boiling water. Remember, starch will not dissolve in water, but will settle to the bottom. The substance is not colloidal until the starch is almost cooked. If placed in the tub raw, it will sink to the bottom and will not be effective.
3. Other solution as ordered. Prepare solution according to directions on container or directions on prescription.
4. Place solution as ordered in a tub one-half full of water, 105 degrees F.
5. Prepare resident as for tub bath.
6. Cover or pour solution over entire body or affected areas.
7. Duration of bath is usually 10 to 30 minutes or as ordered.
8. Allow the resident to lie quietly in the bath for the time prescribed. When the bath is complete, wrap the resident in a warm bath blanket and dry gently by patting over the bath blanket. NOTE: FOLLOW ROUTINE PROCEDURE FOR CARE BEFORE AND AFTER TUB BATH.